TESE VINCENT Form 4 January 27, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *

TESE VINCENT

(Last)

2. Issuer Name and Ticker or Trading Symbol

MACK CALI REALTY CORP

[CLI]

3. Date of Earliest Transaction

(Month/Day/Year) 01/25/2005

(Middle)

5. Relationship of Reporting Person(s) to

Issuer

(Check all applicable)

OMB APPROVAL

Estimated average

burden hours per

3235-0287

January 31,

2005

0.5

OMB

Number:

Expires:

response...

_X__ Director 10% Owner Officer (give title Other (specify

C/O MACK-CALI REALTY CORPORATION, 11 COMMERCE DRIVE

(First)

(Street)

4. If Amendment, Date Original

Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

CRANFORD, NJ 07016

(City)	(State)	(Zip) Tabl	le I - Non-I	Derivative	Secui	ities Acqui	ired, Disposed of	, or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)			, , ,			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	01/25/2005		Code V M(1)	Amount 3,000	(D)	Price \$ 31.625	(Instr. 3 and 4) 15,500	D	
Common Stock	01/25/2005		M(1)	5,000	A	\$ 28.9	20,500	D	
Common Stock	01/25/2005		S <u>(1)</u>	7,600	D	\$ 43	12,900	D	
Common Stock	01/25/2005		S(1)	400	D	\$ 43.03	12,500	D	

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number omf Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisab Expiration Date (Month/Day/Year		7. Title and A Underlying S (Instr. 3 and	Securities
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Director Stock Option (Right to Buy)	\$ 31.625	01/25/2005		M <u>(1)</u>	3,000	05/19/2000(2)	05/19/2009	Common Stock	3,000
Director Stock Option (Right to Buy)	\$ 28.9	01/25/2005		M(1)	5,000	03/04/2004(3)	03/04/2013	Common Stock	5,000

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
TESE VINCENT						
C/O MACK-CALI REALTY CORPORATION	X					
11 COMMERCE DRIVE	Λ					
CRANFORD, NJ 07016						

Signatures

/s/ Vincent Tese	01/27/2005
**Signature of Reporting Person	Date

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The reporting person obtained and sold the common stock as a result of the cashless exercise of Director Stock Options.
- On May 19, 1999, the reporting person was granted an option to purchase 3,000 shares of common stock. The option vested on May 19, 2000
- On March 4, 2003, the reporting person was granted an option to purchase 5,000 shares of common stock. The option vested on March 4, 2004
 - Reported amounts exclude (i) 5,125.517 phanton stock units issued to the reporting person pursuant to the Mack-Cali Realty Corporation Deferred Compensation Plan for Directors, which units are to be settled 100% in the Mack-Cali Realty Corporation common stock upon
- (4) the termination of the reporting person's service on the Board of Directors of Mack-Cali Realty Corporation or upon a change in control of Mack-Cali Realty Corporation, and (ii) options to purchase 10,000 shares of common stock at a per share exercise price different from those reported in this Form.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.