Miller Charles S. Form 4 December 13, 2018

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

January 31, 2005

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response...

subject to Section 16. Form 4 or Form 5 obligations

may continue.

See Instruction

if no longer

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and A Miller Charl	g Person *	Symbol	Name and	Ticker or Trading [FAST]	5. Relationship of Reporting Person(s) to Issuer				
(Last) (First)		(Middle)	3. Date of Earliest Transaction			(Check all applicable)			
112 COBBI	E	(Month/Day/Year) 12/11/2018			below)	ve title 10% below) utive Vice Presid	er (specify		
		4. If Amendment, Date Original			6. Individual or Joint/Group Filing(Check				
WINONA, I		Filed(Month/Day/Year)			Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(State)	(Zip)	Table	e I - Non-D	erivative Securities Ac	cquired, Disposed	of, or Beneficia	lly Owned	
1.Title of	2. Transaction Da	ate 2A. Dee	emed	3.	4. Securities	5. Amount of	6. Ownership	7. Nature o	
Security	(Month/Day/Yea	r) Execution	on Date, if	Transacti	onAcquired (A) or	Securities	Form: Direct	Indirect	

			Table 1 Tron Derivative Securities Required, Disposed of, of Deficiently Owned								
	l.Title of	2. Transaction Date	2A. Deemed	3.	4. Securit	ties		5. Amount of	6. Ownership	7. Nature of	
,	Security	(Month/Day/Year)	Execution Date, if	Transactio	nAcquired	(A) o	r	Securities	Form: Direct	Indirect	
((Instr. 3)		any	Code			Beneficially	(D) or	Beneficial		
			(Month/Day/Year)	(Instr. 8)	(Instr. 3, 4 and 5)			Owned	Indirect (I)	Ownership	
								Following	(Instr. 4)	(Instr. 4)	
								Reported			
						(A)		Transaction(s)			
				C 1 W		or	ъ.	(Instr. 3 and 4)			
	_			Code V	Amount	(D)	Price				
(Common	12/11/2018		M	3,750	Α	\$ 30	3,750	D		
,	Stock	12/11/2010		171	3,730	11	Ψ 50	3,730	D		
	~										
(Common							5,732 (2)	D		
	Stock							3,732 <u>**</u>	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number on Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (Right to Buy)	\$ 30	12/11/2018		М	3,750	<u>(1)</u>	05/31/2019	Common Stock	3,750

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Miller Charles S.

112 COBBLESTONE LANE Executive Vice President

WINONA, MN 55987

Signatures

John J. Milek, Attorney-in-Fact

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These options will fully vest and become exercisable over a period of eight years, with 50% vesting and becoming exercisable halfway through the relevant vesting period, and the remainder vesting and becoming exercisable proportionately each year thereafter.
- (2) Shares attributed to reporting person's account within issuer's 401(K) Plan as of December 11, 2018 and includes 61 shares added to this account since the reporting person's last securities holding report filed on 1/29/18.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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