COURTER JAMES A

Form 4

September 23, 2009

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UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB

3235-0287 Number:

January 31, Expires: 2005

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Form 5 obligations may continue.

See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * COURTER JAMES A			2. Issuer Name and Ticker or Trading Symbol IDT CORP [IDT,IDT.C]	5. Relationship of Reporting Person(s) to Issuer		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Check all applicable)		
			(Month/Day/Year)	X Director 10% Owner		
C/O IDT CORPORATION, 520 BROAD STREET		ON, 520	09/17/2009	_X_ Officer (give title Other (specification) below) CEO and Vice Chairman		
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
			Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person		

NEWARK, NJ 07102

(City)	(State)	(Zip) Tabl	e I - Non-D	Derivative Se	ecuriti	ies Acqu	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securitie on(A) or Disp (Instr. 3, 4	osed o	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Class B Common Stock							1,654 (1)	I	By 401(k) Plan
Class B Common Stock	09/17/2009		A	281,411 (2)	A	\$0	768,833 (3)	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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$\label{thm:convergence} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (e.g., puts, calls, warrants, options, convertible securities) \end{tabular}$

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number of TransactionDerivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5))		7. Title and Amor Underlying Secur (Instr. 3 and 4)	
				Code V ((A) (D)	Date Exercisable	Expiration Date	Title	Am Nui Sha
Employee Stock Option (right to buy)	\$ 11.625	09/17/2009		D	4,000	03/15/1996	03/14/2016	Class B Common Stock	4
Employee Stock Option (right to buy)	\$ 6.5625	09/17/2009		D	121,781	10/01/1999 <u>(5)</u>	10/28/2016	Class B Common Stock	12
Employee Stock Option (right to buy)	\$ 12.375	09/17/2009		D	50,000	10/01/2001	08/14/2017	Class B Common Stock	50
Employee Stock Option (right to buy)	\$ 18.9375	09/17/2009		D	200,000	09/01/2001 <u>(6)</u>	02/28/2014	Class B Common Stock	20
Employee Stock Option (right to buy)	\$ 31.3125	09/17/2009		D	33,333	02/01/2003(7)	01/31/2010	Class B Common Stock	33
Employee Stock Option (right to buy)	\$ 26.5595	09/17/2009		D	66,666	04/04/2005(8)	04/04/2011	Class B Common Stock	60
Employee Stock Option (right to buy)	\$ 27.03	09/17/2009		D	333,333	10/01/2006 <u>(9)</u>	10/21/2011	Class B Common Stock	33

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Employee Stock Option (right to buy)	\$ 43.35	09/17/2009	D	33,333	10/01/2004(10)	09/05/2012	Class B Common Stock	33
Employee Stock Option (right to buy)	\$ 44.85	09/17/2009	D	33,333	07/01/2005(11)	01/02/2013	Class B Common Stock	33
Employee Stock Option (right to buy)	\$ 38.85	09/17/2009	D	11,111	07/22/2005	07/21/2015	Class B Common Stock	1
Employee Stock Option (right to buy)	\$ 33.99	09/17/2009	D	56,378	01/01/2010(12)	04/22/2017	Class B Common Stock	50

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
COURTER JAMES A C/O IDT CORPORATION 520 BROAD STREET NEWARK, NJ 07102	X		CEO and Vice Chairman				

Signatures

Joyce J. Mason, by Power of Attorney

09/23/2009

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) As of August 31, 2009.
- (2) Grant of Restricted Stock that vested on September 17, 2009.
- (3) Consists of 681,667 shares of Restricted Stock, of which 315,006 are vested, and 86,666 shares held directly by Mr. Courter.
- (4) The option was canceled by mutual agreement of the Reporting Person and IDT Corporation. The Reporting Person received 281,411 shares of the Company's Class B Common Restricted Stock as partial consideration for the cancellation.
- (5) These options vested as follows: 55,115 on October 1, 1998 and 66,666 on October 1, 1999.

(6)

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These options vested as follows: 16,667 on 03/01/1999 and 183,333 shares in four equal quarterly installments starting on December 1, 2000 and ending September 1, 2001.

- (7) These options vested as follows: 5,666 on August 1, 2000 and 27,667 in equal six-month installments starting on February 1, 2001 and ending on February 1, 2003.
- (8) These options vested in equal installments on each of April 4, 2003, April 4, 2004 and April 4, 2005.
- (9) These options vested as follows: 16,666 on January 1, 2002 and 316,667 in equal quarterly installments starting on April 1, 2002 and ending October 1, 2006.
- (10) These options vested in equal installments on each of October 1, 2002, October 1, 2003 and October 1, 2004.
- (11) These options vested in equal installments on each of January 1, 2003, July 1, 2003, January 1, 2004, July 1, 2004, January 1, 2005 and July 1, 2005.
- (12) These options vest as follows: 18,793 on January 1, 2008, 18,793 on January 1, 2009 and 18,792 on January 1, 2010.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.