LEAVELL BILL Form 4 March 04, 2019

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB 3235-0287

Number:

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if no longer subject to Section 16. Form 4 or Form 5 obligations may continue.

See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1(b).

(Last)

1. Name and Address of Reporting Person * LEAVELL BILL

2. Issuer Name and Ticker or Trading Symbol

5. Relationship of Reporting Person(s) to

Issuer

TORCHMARK CORP [TMK]

3. Date of Earliest Transaction

(Check all applicable)

GLOBE LIFE AND ACCIDENT

(First)

(Middle)

(Month/Day/Year) 02/28/2019

Director 10% Owner Officer (give title __X_ Other (specify below) below)

INSURANCE CO., 3700 SOUTH STONEBRIDGE DRIVE

4. If Amendment, Date Original

Exec Officer of Principal Sub. 6. Individual or Joint/Group Filing(Check

Applicable Line)

(Street) Filed(Month/Day/Year)

X Form filed by One Reporting Person Form filed by More than One Reporting

MCKINNEY, TX 75070

(City)	(State)	(State) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or Code V Amount (D) Price			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	02/28/2019		A	Amount 16,732	(D)	Price \$ 0	16,732	D	
Common Stock	02/28/2019		F	6,585	D	\$ 82.56	10,147	D	
Common Stock	02/28/2019		G	10,147	D	\$ 0	0 (1)	D	
Common Stock	02/28/2019		G	10,147	A	\$ 0	36,995.965	I	Family Trust
Common Stock							4,886 (2)	I	Thrift Plan Trust

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (Right to	\$ 82.56	02/28/2019		A	40,000	(3)	02/28/2026	Common Stock	40,000

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

LEAVELL BILL GLOBE LIFE AND ACCIDENT INSURANCE CO. 3700 SOUTH STONEBRIDGE DRIVE MCKINNEY, TX 75070

Exec Officer of Principal Sub.

Signatures

Buy)

Bill Leavell /s/ Carol A. McCoy, Attorney-in-Fact

03/04/2019

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes 101.472 shares acquired through Company's dividend reinvestment plan since date of last report.
- (2) Shares in unitized fund in employee benefit plan estimated conversion of \$ balance to shares using \$82.56 per share.
- (3) First exercisable as to 50% of shares 2-28-21 and as to remaining 50% of shares 2-28-22.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Reporting Owners 2

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