

Vitamin Shoppe, Inc.
Form 8-K
June 11, 2015

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, DC 20549

FORM 8-K

CURRENT REPORT
PURSUANT TO SECTION 13 OR 15(D)
OF THE SECURITIES EXCHANGE ACT OF 1934
Date of Report (Date of earliest event reported): June 11, 2015

Vitamin Shoppe, Inc.

(Exact name of registrant as specified in its charter)

Delaware
(State or Other Jurisdiction of
Incorporation or Organization)

001-34507
(Commission
File Number)
2101 91st Street

11-3664322
(IRS Employer
Identification No.)

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North Bergen, New Jersey 07047

(Addresses of Principal Executive Offices, including Zip Code)

(201) 868-5959

(Registrant's Telephone Number, Including Area Code)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- .. Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- .. Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- .. Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- .. Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

ITEM 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

On June 11, 2015, Vitamin Shoppe, Inc. (the Company), issued a press release announcing that it has appointed Michael Beardall as President, Nutri-Force Nutrition, a subsidiary of the Company, based in Miami Lakes, Florida.

Mr. Beardall joins Nutri-Force from Capstone Nutrition, a global contract manufacturer of nutritional supplements, where he most recently served as President. Mr. Beardall led the cultural, financial and operational integration of Capstone's Utah and Tennessee facilities. Prior to Capstone, Mr. Beardall served as CEO of Cornerstone Research & Development. During his tenure with Cornerstone, Mr. Beardall led the Ogden, Utah-based company's strategic vision, growth strategies and day-to-day operations.

ITEM 9.01 Financial Statements and Exhibits.

(d) Exhibits

Exhibit

No.	Description
99.1	Press Release dated June 11, 2015

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Vitamin Shoppe, Inc.

Date: June 11, 2015

By /s/ Brenda M. Galgano

Name: Brenda M. Galgano

Title: Executive Vice President and Chief Financial Officer