

OLIVERA ARMANDO J
Form 4
February 11, 2011

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
OLIVERA ARMANDO J

2. Issuer Name and Ticker or Trading Symbol
NEXTERA ENERGY INC [NEE]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
FLORIDA POWER & LIGHT COMPANY, 700 UNIVERSE BLVD

3. Date of Earliest Transaction (Month/Day/Year)
02/10/2011

____ Director _____ 10% Owner
____ Officer (give title below) Other (specify below)
Director/Pres & CEO of Sub

(Street)
JUNO BEACH, FL 33408

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	02/10/2011		M ⁽¹⁾	A	33,333 \$ 26.32 125,996 ⁽²⁾	D	
Common Stock	02/10/2011		S ⁽³⁾	D	33,333 \$ 55.039 92,663 ⁽²⁾ ⁽⁴⁾	D	
Common Stock	02/10/2011		M ⁽¹⁾	A	50,000 \$ 27.56 142,663 ⁽²⁾	D	
Common Stock	02/10/2011		S ⁽³⁾	D	50,000 \$ 55.006 92,663 ⁽²⁾ ⁽⁵⁾	D	

Common Stock	2,045	I	Thrift Plans Trust
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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1474
(9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code	V (A) (D)	Date Exercisable Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (Right to Buy)	\$ 26.32	02/10/2011		M ⁽¹⁾	33,333	(6) 02/11/2012	Common Stock	33,333
Employee Stock Option (Right to Buy)	\$ 27.56	02/10/2011		M ⁽¹⁾	50,000	(7) 02/13/2013	Common Stock	50,000

Reporting Owners

Reporting Owner Name / Address

Relationships

Director 10% Owner Officer Other

OLIVERA ARMANDO J
FLORIDA POWER & LIGHT COMPANY
700 UNIVERSE BLVD
JUNO BEACH, FL 33408

Director/Pres & CEO of Sub

Signatures

Alissa E. Ballot
(Attorney-in-Fact)

02/11/2011

__Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Options exercised pursuant to Rule 10b5-1 trading plan adopted by the reporting person on November 8, 2010.

(2) Includes 23,178 shares deferred until the reporting person's retirement.

(3) Sales effected pursuant to Rule 10b5-1 trading plan adopted by the reporting person on November 8, 2010.

(4) Weighted average sale price. Reporting person sold 33,333 shares through a trade order executed by a broker-dealer at prices ranging from \$54.871 to \$55.22 per share. The reporting person hereby undertakes to provide full information regarding the number of shares sold at each separate price upon request by the U.S. Securities and Exchange Commission staff, the Issuer, or a security holder of the Issuer.

(5) Weighted average sale price. Reporting person sold 50,000 shares through a trade order executed by a broker-dealer at prices ranging from \$55.00 to \$55.14 per share. The reporting person hereby undertakes to provide full information regarding the number of shares sold at each separate price upon request by the U.S. Securities and Exchange Commission staff, the Issuer, or a security holder of the Issuer.

(6) The option, representing a right to buy 50,000 shares, became exercisable in three substantially equal annual installments beginning on February 11, 2003, which was the first anniversary of the date on which the option was granted.

(7) The option, representing a right to buy 50,000 shares, became exercisable in three substantially equal annual installments beginning on February 13, 2004, which was the first anniversary of the date on which the option was granted.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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