XL CAPITAL LTD Form 4 May 16, 2007

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

7. Nature of

Indirect

Beneficial

Ownership

(Instr. 4)

Expires:

January 31, 2005

0.5

Estimated average burden hours per

OMB APPROVAL

response...

if no longer subject to Section 16. Form 4 or Form 5 obligations

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

(Print or Type Responses)

1(b).

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading THORNTON JOHN T Issuer Symbol XL CAPITAL LTD [XL] (Check all applicable) (First) (Middle) (Last) 3. Date of Earliest Transaction (Month/Day/Year) X_ Director 10% Owner Officer (give title Other (specify 157 WAPOOS TRAIL 05/15/2007 below) (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check

(State)

(Zip)

CHATHAM, MA 02633

(City)

Form filed by More than One Reporting Person

Ownership

Direct (D)

or Indirect

Form:

D

X Form filed by One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1.Title of 2. Transaction Date 2A. Deemed 4. Securities Acquired (A) or 5. Amount of Security (Month/Day/Year) Execution Date, if TransactiorDisposed of (D) Securities (Instr. 3) Code (Instr. 3, 4 and 5) Beneficially (Month/Day/Year) (Instr. 8) Owned Following

Filed(Month/Day/Year)

Reported (A) Transaction(s) (Instr. 4) or (Instr. 3 and 4) Code V Amount (D) Price

Class A Common J 05/15/2007 1,963.62 43,871.861 76.3895 Shares (1)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of **SEC 1474** information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Applicable Line)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number on Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Purchase Contract to acquire Class A Common Shares (2)	\$ 25	05/15/2007		J		6,000	03/23/2004	05/17/2007	Class A Common Shares	1,963.62

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
THORNTON JOHN T 157 WAPOOS TRAIL CHATHAM, MA 02633	X						

Signatures

Nicholas West for John
Thornton
05/16/2007

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Each security was acquired automatically as a result of the settlement, on May 15, 2007, of the issuer's 6.50% Equity Security Units which were originally issued on March 23, 2004. Each Unit consisted of (i) a contract to purchase Class A common shares and (ii) a 2.5% ownership interest in a senior note of the issuer with a principal amount of \$1,000. Each contract obligated the holder of the Unit to purchase (and the issuer to sell) 0.32727 Class A common shares at a price of \$25.00 on May 15, 2007.
- Each purchase contract was disposed of automatically as a result of the settlement, on May 15, 2007, of the issuer's 6.50% Equity

 Security Units which were originally issued on March 23, 2004. Each Unit consisted of (i) a contract to purchase Class A common shares and (ii) a 2.5% ownership interest in a senior note of the issuer with a principal amount of \$1,000. Each contract obligated the holder of the Unit to purchase (and the issuer to sell) 0.32727 Class A common shares at a price of \$25.00 on May 15, 2007.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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