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METHER INC

METLIFE II	NC											
Form 4												
April 14, 201	14											
FORM 4 UNITED STATES SECURITIES AND EXCHANCE COMMISSION									OMB AF	OMB APPROVAL		
UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549							OMB Number:	3235-0287				
Check the									Expires:	January 31,		
if no long subject to		IENT OF	F CHAN	CHANGES IN BENEFICIAL OWNERSHIP					Estimated a	2005		
Section 1	SECURITIES					burden hou						
Form 4 o	r							response	0.5			
Form 5 obligation	n a						-	e Act of 1934,				
may cont				•	•	· ·		1935 or Section	n			
See Instru		30(h)	of the In	vestment	Compan	iy Ac	t of 194	10				
1(b).												
(Drint or Type I	Decmonace)											
(Print or Type I	(esponses)											
1. Name and A	2. Issuer Name and Ticker or Trading				na	5. Relationship of Reporting Person(s) to						
1. Name and Address of Reporting Person <u>*</u> Khalaf Michel			Symbol METLIFE INC [MET]					Issuer				
(Least)	(Last) (First) (Middle)				3. Date of Earliest Transaction				(Check all applicable)			
(Last)	(First) (M	(liddle)			ansaction			Director	10%	Owner		
200 PARK AVENUE			(Month/Day/Year) 04/10/2014					Diffect (give title Other (specify				
	01/10/2011					below) below) President, EMEA						
									ŕ			
				. If Amendment, Date Original				6. Individual or Joint/Group Filing(Check				
Filed(Mor				nth/Day/Year)				Applicable Line) _X_ Form filed by One Reporting Person				
NEW YORK, NY 10166												
	I , I I I I I I I I I I							Person				
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned		
1.Title of	2. Transaction Date			3.	4. Securi		-	5. Amount of	6. Ownership			
Security	n Date, if Transaction(A) or Disposed of (D)					Securities	Form: Direct					
(Instr. 3) any (Month/Day/Ye			Dav/Year)	Code (Instr. 3, 4 and 5) r) (Instr. 8)				Beneficially Owned	(D) or Indirect (I)	Beneficial Ownership		
		(monus 2	<i>(u)</i> , <i>icui</i>)	(111541: 0)				Following	(Instr. 4)	(Instr. 4)		
						(A)		Reported				
						or		Transaction(s) (Instr. 3 and 4)				
~				Code V	Amount	(D)	Price	(msu. 5 and +)				
Common	04/10/2014			A(1)	7,000	А	\$	12,000	D			
Stock					,		50.37	,				
Common	04/10/2014			D (1)	7 000	D	\$	5,000	D			
Stock	04/10/2014			D <u>(1)</u>	7,000	D	50.37	5,000	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Titl Amou Under Secur (Instr.	int of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
Khalaf Michel 200 PARK AVENUE NEW YORK, NY 10166			President, EMEA					
Signatures								
Timothy J. Ring, authorized signer		04/14/2014						
**Signature of Reporting Person		Date						

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

These transactions are the payout of 7,000 Performance Units. The Performance Units were granted for the 2011-2013 performance period pursuant to the MetLife International Performance Unit Incentive Plan. The award was multiplied by the performance factor for

 period pursuant to the Mether methational Performance on methods and was multiplied by the performance ractor for that performance period to arrive at the number of Performance Units payable. Each Performance Unit is settled in cash at the closing price of MetLife, Inc. common stock on the payout date, and is therefore the economic equivalent of one share of that stock.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.