Buick Mike
Form 3/A
March 28, 2018

FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
Â Buick Mike

(Last) (First) (Middle)

7301 OHMS LANE SUITE 600

(Street)

EDINA,Â MNÂ 55439

(City) (State) (Zip)

2. Date of Event Requiring Statement (Month/Day/Year)
02/05/2018

3. Issuer Name **and** Ticker or Trading Symbol
SunOpta Inc. [STKL]

4. Relationship of Reporting Person(s) to Issuer
(Check all applicable)

_____ Director
_____ 10% Owner
__X__ Officer (give title below)
_____ Other (specify below)
SVP, Beverage and Snack

5. If Amendment, Date Original Filed(Month/Day/Year)
02/12/2018

6. Individual or Joint/Group Filing(Check Applicable Line)
_X_ Form filed by One Reporting Person
___ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Beneficially Owned

1.Title of Security (Instr. 4)	2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1473 (7-02)

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Table II - Derivative Securities Beneficially Owned (*e.g.*, puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)		4. Conversion or Exercise Price of Derivative Security	5. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 5)	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exercisable	Expiration Date	Title	Amount or Number of Shares			

Restricted Stock Units	Â (1)	Â (2)	Common Shares	12,000 (3)	$ (4)	D	Â
Non-Qualified Stock Option (Right to Buy)	Â (5)	05/24/2027	Common Shares	17,368 (6)	$ 9.5	D	Â
Incentive Stock Option (Right to Buy)	Â (5)	05/24/2027	Common Shares	10,526 (6)	$ 9.5	D	Â
Restricted Stock Units	Â (7)	Â (2)	Common Shares	12,497 (6)	$ (4)	D	Â
Performance Share Units	Â (8)	Â (2)	Common Shares	62,483 (6)	$ (9)	D	Â

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Buick Mike 7301 OHMS LANE SUITE 600 EDINA,Â MNÂ 55439	Â	Â	Â SVP, Beverage and Snack	Â

Signatures

/s/ Jill Barnett, attorney-in-fact	03/28/2018
**Signature of Reporting Person	Date

Explanation of Responses:

***** If the form is filed by more than one reporting person, *see* Instruction 5(b)(v).

****** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) On February 22, 2017 the reporting person was granted 12,000 Restricted Stock Units vesting on the first anniversary of the grant date.

(2) This award has no expiration date. Units will either vest or be forfeit.

(3) These shares were omitted from the reporting person's original Form 3, and also were omitted from one Form 4 filed by the reporting person after his original Form 3 was filed.

(4) Each Restricted Stock Unit represents a contingent right to receive one share of STKL common stock.

(5) The grant cliff vests after 3 years on May 24, 2020.

(6) These shares were omitted from the reporting person's original Form 3.

(7) On May 24, 2017 the reporting person was granted 12,497 Restricted Stock Units, vesting in three equal annual installments beginning on the first anniversary of the grant date.

(8) The Performance Stock Units will vest, if at all, on May 24, 2020 based upon meeting the following stock performance conditions for 20 consecutive trading days: one-third of the Performance Stock Units eligible to vest upon achieving a stock price of $11.00, one-third of the Performance Stock Units eligible to vest upon achieving a stock price of $14.00, and one-third of the Performance Stock Units eligible to vest upon achieving a stock price of $18.00.

(9) Each Performance Stock Unit represents a contingent right to receive one share of STKL common stock.

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Remarks:

EXHIBITÂ LIST

ExhibitÂ 24Â -Â PowerÂ ofÂ Attorney

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure.
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