Rinberg Richard Form 4 July 05, 2011

## FORM 4

#### **OMB APPROVAL**

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

OMB 3235-0287 Number:

Check this box if no longer subject to Section 16.

Washington, D.C. 20549

January 31, Expires: 2005

Form 4 or Form 5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES** 

Estimated average burden hours per response... 0.5

5. Relationship of Reporting Person(s) to

(Check all applicable)

Issuer

obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

ZION OIL & GAS INC [ZN]

Symbol

1(b).

(Print or Type Responses)

Rinberg Richard

1. Name and Address of Reporting Person \*

(T)	(E' -)	26.111						(Circ	on an appnoach	•)
(Last)	(First)	Middle) 3	. Date of	Earliest Tra	ansaction					
		(1	Month/D	ay/Year)				_X_ Director		Owner
55 AHAD HA'AM			6/30/20	)11				_X_ Officer (giv		
								below)	below) Executive Office	nar.
								Cilici	Executive Offic	CI
	4	4. If Amendment, Date Original					6. Individual or Joint/Group Filing(Check			
	F	Filed(Month/Day/Year)					Applicable Line)			
								_X_ Form filed by		
RA'ANANA							Form filed by More than One Reporting Person			
(City)	(State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									
1.Title of	2. Transaction Dat	te 2A. Deeme	d	3.	4. Securit	ies Ac	quired	5. Amount of	6. Ownership	7. Nature of
Security	(Month/Day/Year	) Execution I	Date, if	Transactio	n(A) or Dis	sposed	of (D)	Securities	Form: Direct	Indirect
(Instr. 3) any			Code (Instr. 3, 4 and 5)				5)	Beneficially	(D) or	Beneficial
		(Month/Day	y/Year)	(Instr. 8)				Owned	Indirect (I)	Ownership
								Following	(Instr. 4)	(Instr. 4)
						(A)		Reported Transaction(s)		
						or		(Instr. 3 and 4)		
				Code V	Amount	(D)	Price	(1113tr. 3 and 4)		
										ESOP
Common							\$			Trust Co.
Stock, par	06/30/2011			M	10,000	A	0.01	340,000	I	FBO
value \$0.01					,		(1)	,		Richard
γαιας φοιστ							_			Rinberg
										Killocig
Common										
Stock, par								51,833	D	
value \$0.01								,		
γαιως φοιστ										
Common										
Stock, par								10,000	I	By Spouse
value \$0.01										

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Common Stock Options	\$ 0.01	06/30/2011		M	10,000	<u>(2)</u>	12/31/2017	Common Stock, par value \$0.01	

## **Reporting Owners**

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Rinberg Richard

55 AHAD HA'AM X Chief Executive Officer

**RA'ANANA**, L3 43210

## **Signatures**

Brittany Russell AIF For Richard

Rinberg 07/05/2011

\*\*Signature of Reporting Person Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares were acquired upon the exercise of stock options issued under Zion Oil & Gas, Inc.'s 2005 Stock Option plan, at a per share exercise price of \$0.01
- (2) These options were granted and vested over a period of forty months from December 2007 to June 2011.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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