CNA FINANCIAL CORP

Form 4

November 23, 2015

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

January 31, 2005

Estimated average

burden hours per

if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

response... 0.5

OMB APPROVAL

1(b).

Stock (1)

Common

Stock

11/19/2015

(Print or Type Responses)

1. Name and Address of Reporting Person * PONTARELLI THOMAS		_,,	er Name and Ticker or Trading	5. Relationship of Reporting Person(s) to Issuer			
TOTALL		Symbol CNA I	FINANCIAL CORP [CNA]	(Check all applicable)			
(Last)	(First) (1	Middle) 3. Date	of Earliest Transaction				
333 S. WAI	BASH AVE.	(Month/ 11/19/	/Day/Year) 2015	Director 10% Owner Officer (give title Other (specify below) EVP & Chief Admin Officer			
	(Street)	4. If Am	nendment, Date Original	6. Individual or Joint/Group Filing(Check			
CHICAGO,	IL 60604	Filed(M	onth/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip) Tal	ble I - Non-Derivative Securities	Acquired, Disposed of, or Beneficially Owned			
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 3, 4 and 5) (Instr. 8) (A) or				
Stock (1)	11/19/2015		M 15 000 A	77 33,452 D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $F^{(2)}$

1,079

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

32,373

D

36.77

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount Underlying Securitie (Instr. 3 and 4)	
				Code V	and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amour or Number of Shar
Stock Appreciation Rights	\$ 30.98	11/19/2015		M	15,000	(3)	02/08/2016	Common Stock	15,00

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

PONTARELLI THOMAS 333 S. WABASH AVE. CHICAGO, IL 60604

EVP & Chief Admin Officer

Signatures

/s/ Stathy Darcy by Power of Attorney for Thomas Pontarelli

11/20/2015

Date

**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The Reporting Person exercised 15,000 Stock Appreciation Rights and as such received a gain of 1,282 shares of the issuers common stock.
- (2) The Company's Incentive Compensation Plan (as amended as of January 1, 2010) permits the withholding of shares of common stock to satisfy tax withholding obligations of the participants.
- (3) As previously reported, the Stock Appreciation Rights became exercisable in four equal annual installments beginning on February 8, 2007.
- (4) As previously reported, the Reporting Person received the Derivative Security pursuant to a grant of stock appreciation rights at no cost. Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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