

BALLY TOTAL FITNESS HOLDING CORP  
Form 8-K  
August 05, 2003

SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C.

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**FORM 8-K**

CURRENT REPORT

PURSUANT TO SECTION 13 OR 15(d) OF  
THE SECURITIES EXCHANGE ACT OF 1934

Date of Report (Date of Earliest Event Reported): **August 5, 2003**

**BALLY TOTAL FITNESS HOLDING CORPORATION**

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(Exact name of registrant as specified in its charter)

Commission file number: **0-27478**

<b>Delaware</b>	<b>36-3228107</b>
(State or other jurisdiction of incorporation)	(I.R.S. Employer Identification No.)
<b>8700 West Bryn Mawr Avenue, Chicago, Illinois</b>	<b>60631</b>
	(Zip Code)

(Address of principal  
executive offices)

Registrant's telephone  
number, including  
area code: (773)  
380-3000

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BALLY TOTAL FITNESS HOLDING CORPORATION

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Current Report

Item 7. Financial Statements and Exhibits

c. Exhibits

99 Press Release dated August 5, 2003

Item 12. Results of Operations and Financial Condition

On August 5, 2003, Bally Total Fitness Holding Corporation issued a press release announcing results for the quarter ended June 30, 2003. The press release is attached hereto as Exhibit 99 and incorporated by reference herein. All adjustments have been recorded which are, in the opinion of management, necessary for a fair presentation of the information included in the press release. All such adjustments were of a normal recurring nature.

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this Report to be signed on its behalf by the undersigned hereunto duly authorized.

BALLY TOTAL FITNESS HOLDING CORPORATION

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Registrant

Dated: August 5, 2003

/s/ John W. Dwyer

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John W. Dwyer  
Executive Vice President and Chief Financial Officer  
(principal financial officer)