EIDSON DENNIS Form 4 March 19, 2003

FORM 4

[] Check this box if no longer subject to Section 16. Form 4

Form 5 obligations may continue.

See Instruction 1(b).

(Print or Type Responses)

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*						4. Sta	4. Statement for Month/Day/Year						
(Last)	Eidson	Denni (First)	is		(Middle)	Ma	arch 17, 20	003					
(Lust)		(1 1131)			(Middle)	5. If A	Amendmen	t, Date of Original (Mo	onth/Day/Yea	r)			
850 - 76th Str	eet SW	(Street)											
Gra (City)	and Rapids	Michi (State)	gan	495	(Zip)								
2. Issuer Nam	e and Ticker or	Trading Symbo	ol			6. Rel	6. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
Spartan Stores	, Inc. ("SPTN	")				<u>X</u>	Director 10% Owner						
						Marketi		xecutive Vice Presi	dent, Mercha	andising and			
3. I.R.S. Identification Number of Reporting Person, if an entity (voluntary)						7. Ind	ividual or J X_ Form l	foint/Group Filing (Ch Filed by One Reporting led by More than One	g Person				
		Table I No	n-Deriva	ative S	Securities A	cquired, D	isposed o	f, or Beneficially O	wned				
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Year) 2. Transaction Execution Date, if Omoth/Day/Year) 2. Transaction Code (Instr. 8) 4. Securities A Or Disposed (Instr. 8) Code (Instr. 8) 4. Securities A Or Disposed (Instr. 3, 4 a Or Dispose				ed of (D)	A)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6.Ownership Form: Di- rect (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)					
			Code	V	Amount	(A) or (D)	Price						
Common Stock	3/17/03		A(1)		10,000	A	N/A	10,000	D				
	<u> </u>												

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FORM 4 (continued) Tabl			ties Acquired,							
1. Title of Derivative Security (Instr. 3)	(e.g., puts, calls, w 2. Conversion or Exercise Price of Operivative Security Privative Security Privative Operivative Security		on 3A.Deemed Execution Date, if any	4. Transaction Code		securities) 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		
	20011111			Code	V	(A)	(D)	Date Exercise	-	Expiration Date
Stock Option (Right to Buy)	\$2.435	3/17/03		A		5,00	0	3/17/	′04	3/16/13
Stock Option (Right to Buy)	\$2.435	3/17/03		A		5,00	0	3/17/	05	3/16/13
Stock Option (Right to Buy)	\$2.435	3/17/03		A		5,00	0	3/17/06		3/16/13
Stock Option (Right to Buy)	\$2.435	3/17/03		A		5,00	0	3/17/07		3/16/13
7. Title and Amount of Underlying Securities (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)		ties Ber d Follow ted ion(s)	neficially	10. Ownership For Derivative Sec Beneficially O at End of Mont (Instr. 4)	urities wned Ov	. Natur Bene wnersh (Instr	ip
Title	Amount or N Share									
Common Stock		5,000	N/A			5,000	D			
Common Stock	5,000		N/A			5,000	5,000 D			
Common Stock	5,000		N/A	5,		5,000	D			
Common Stock		5,000	N/A			5,000	D			

Explanation of Responses: (1) Represents the grant of 10,000 shares of restricted stock under the Spartan Stores, Inc. 2001 Stock Incentive Plan ("Plan"). These shares will remain subject to restrictions in accordance with the Plan and the terms of the grant until March 25, 2006

By: /s/ Dennis Eidson* March 19, 2003

**Signature of Reporting Person Dennis Eidson
*By Alex J. DeYonker

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure

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LIMITED POWER OF ATTORNEY

Attorney-in-Fact

The undersigned does hereby constitute and appoint ALEX J. DEYONKER, GORDON R. LEWIS, TIMOTHY L. HORNER, and MICHAEL K. MOLITOR or any one or more of them, his or her true and lawful attorneys and agents to do any and all acts and things and to execute and file any and all instruments that such attorneys and agents, or any of them, may consider necessary or advisable to enable the undersigned (in his or her individual capacity or in a fiduciary or other capacity) to comply with the Securities Exchange Act of 1934, as amended (the "Act"), and any requirements of the Securities and Exchange Commission in respect thereof, in connection with the preparation, execution and filing of any report or statement of beneficial ownership or changes in beneficial ownership of securities of SPARTAN STORES, INC. (the "Company") that the undersigned (in his or her individual capacity or in a fiduciary or other capacity) may be required to file pursuant to Sections 13 or 16 of the Act including, without limitation, full power and authority to sign the undersigned's name, in his or her individual capacity or in a fiduciary or other capacity, to any report, application or statement on Form ID, Forms 3, 4 or 5, Schedules 13D or 13G, or to any amendments or any successor forms thereto, or any form or forms adopted by the Securities and Exchange Commission in lieu thereof or in addition thereto, hereby ratifying and confirming all that such attorneys and agents, or any of them, shall do or cause to be done by virtue hereof.

The undersigned agrees that the attorneys-in-fact named herein may rely entirely on information furnished orally or in writing by the undersigned to such attorneys-in-fact. The undersigned also agrees to indemnify and hold harmless the attorneys-in-fact against any losses, claims, damages or liabilities (or actions in respect thereof) that arise out of or are based upon any untrue statement or omission of necessary fact in the information provided by the undersigned to the attorneys-in-fact for purposes of executing, acknowledging, delivering or filing any such forms, or

any amendments or any successor forms thereto, or any form or forms adopted by the Securities and Exchange Commission in lieu thereof or in addition thereto.

This authorization shall be in addition to all prior authorizations to act for the undersigned with respect to securities of the Company in these matters.

Date: March 17, 2003	/s/ Dennis Eidson
	Dennis Eidson