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Form 4 May 13, 2005	Ξ.										
									PPROVAL		
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMM Washington, D.C. 20549						COMMISSION	OMB Number:	3235-0287			
Check this if no longe subject to Section 16 Form 4 or Form 5 obligation may contin <i>See</i> Instruct 1(b).	Filed purs Section 17(a	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940								January 31Expires:2005Estimated averageburden hours perresponse0.5	
(Print or Type R	esponses)										
1. Name and Address of Reporting Person <u></u> JOSEFOWICZ GREGORY P			2. Issuer Name and Ticker or Trading Symbol SPARTAN STORES INC [SPTN]				-	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First) (M	iddle)	3. Date of Earliest Transaction					(Check an applicable)			
C/O 850 - 76TH STREET SW			(Month/Day/Year) 05/11/2005								
		4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting				
GRAND RA	PIDS, MI 49518							Person	More than One R	eporting	
(City)	(State) (2	Zip)	Table	I - Non-De	erivative S	Securi	ties Ac	quired, Disposed o	f, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)2. Transaction Date (Month/Day/Year)2A. Deemed Execution Date, any (Month/Day/Year)		n Date, if	Code Disposed of (D) fear) (Instr. 8) (Instr. 3, 4 and 5) (A) or				SecuritiesForm: DirBeneficially(D) orOwnedIndirect (IFollowing(Instr. 4)ReportedTransaction(s)(Instr. 3 and 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock	05/11/2005			A A	Amount 1,739 (1)	(D) A	Price \$ 0	5,796	D		
Common Stock								3,520	Ι	By trust	
Common Stock								200	I	By 401(k) Plan	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Secur	unt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address					
	Director	10% Owner	Officer	Other	
JOSEFOWICZ GREGORY P C/O 850 - 76TH STREET SW GRAND RAPIDS, MI 49518	Х				
Signatures					
/s/ Gregory P. Josefowicz, By G in fact		05/12/2			
<u>**</u> Signature of Repo			Date		

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- This Form 4 reflects the May 11, 2005 grant of 1,739 shares of restricted stock under the Spartan Stores, Inc. 2001 Stock Incentive Plan (1) ("Plan"). These shares will remain subject to restrictions in accordance with the Plan and the terms of the grant until May 11, 2008.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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