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PACIFICHEALTH LABORATORIES INC

Form 8-K December 29, 2003

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, DC 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): December 17 , 2003

PACIFICHEALTH LABORATORIES, INC.

(Exact name of registrant as specified in charter)

Delaware	000-23495	22-3367588
(State of other jurisdiction of incorporation)	(Commission File Number)	(IRS Employer Identification Number)
100 Matawan Road, Suite 420 Matawan, NJ		07747-3913
(Address of principal executive offices)		(Zip Code)

Registrant's telephone number, including area code: (732) 739-2900

(Former name or former address, if changed since last report.)

Item 5. Other Events

On December 17, 2003, the PacificHealth Laboratories, Inc. ("PHLI") acquired all the outstanding capital stock of STRONG Research Corp. ("Strong"), a research-based educational sports nutrition company. Prior to the acquisition, Gregory Horn, a director of PHLI, was the principal shareholder of Strong. In exchange for the outstanding shares of Strong, PHLI issued 150,000 shares of its common stock, and may issue an additional 150,000 shares if certain milestones are achieved. PHLI also intends to issue approximately 47,000 shares of common stock to satisfy certain obligations of Strong for services.

A copy of a press release dated December 22, 2003 is attached hereto as Exhibit 99.1 and incorporated herein by reference.

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Financial Statements and Exhibits.

(a) Not applicable.

(b) Not applicable.

(c) Exhibits Item 7.

Exhibit No. Description

99.1 Press release dated December 22, 2003. Exhibit No.

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

PACIFICHEALTH LABORATORIES, INC.

Dated: December 23, 2003 By: /s/ Stephen P. Kuchen

Stephen P. Kuchen Chief Financial Officer

Exhibit Index

Exhibit No. Description -----_____

99.1 Press release dated August 28, 2003