

STERLING BANCORP
Form 8-K
October 07, 2005

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

- o **Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)**
- o **Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)**
- o **Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))**
- o **Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))**

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ITEM 7.01

REGULATION FD DISCLOSURE

On October 6, 2005 the Company issued a press release announcing the official opening of its New Jersey Regional Office at Park 80 West, Plaza One in Saddle Brook, N.J. The press release is included as Exhibit 99.1.

ITEM 9.01

FINANCIAL STATEMENTS AND EXHIBITS

(c) Exhibits

99.1 Press release dated October 6, 2005 (furnished pursuant to Item 7.01)

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SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

DATE: October 7, 2005

BY: /s/ JOHN W. TIETJEN

JOHN W. TIETJEN
Executive Vice President
and Chief Financial Officer

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Exhibit
Number

99.1 Press Release dated October 6, 2005