

LIFEWAY FOODS INC
Form 10QSB/A
May 14, 2007

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549
FORM 10-QSB/A
Amendment No. 1

(Mark One)

QUARTERLY REPORT UNDER SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

For the quarterly period ended June 30, 2006

TRANSITION REPORT UNDER SECTION 13 OR 15(d) OF THE EXCHANGE ACT

For the transition period from _____ to _____

Commission file number: 0-17363

LIFEWAY FOODS, INC.

(Exact name of small business issuer as specified in its charter)

Illinois

36-3442829

(State or other jurisdiction of incorporation or organization)

(IRS Employer Identification No.)

6431 WEST OAKTON, MORTON GROVE, ILLINOIS 60053

(Address of principal executive offices)

(847) 967-1010

(Issuer's telephone number)

(Former name, former address and former fiscal year, if changed since last report)

Check whether the issuer (1) filed all reports required to be filed by Section 13 or 15(d) of the Exchange Act during the past 12 months (or such shorter period that the issuer was required to file such reports), and (2) has been subject to such filing requirements for the past 90 days. Yes No

Indicate by check mark whether the registrant is a shell company (as defined in Rule 12b-2 of the Exchange Act). Yes No

APPLICABLE ONLY TO CORPORATE ISSUERS

State the number of shares outstanding of each of the issuer's classes of common equity, as of the latest practicable date: As of April 27, 2007, the issuer had 16,889,237 shares of common stock, no par value, outstanding.

Transitional Small Business Disclosure Format (Check one): Yes No

EXPLANATORY NOTE

This amendment to the Quarterly Report on Form 10-QSB for the quarter ended June 30, 2006 of Lifeway Foods, Inc. (as originally filed on August 14, 2006, the Form 10-QSB) is being filed in response to comments from the Staff of the Securities and Exchange Commission. The Form 10-QSB is restated herein in its entirety. The disclosures in this amendment continue to speak as of the date of the Form 10-QSB, and do not reflect events occurring after the filing of the Form 10-QSB. Accordingly, this Form 10-QSB/A should be read in conjunction with our other filings made with the Securities and Exchange Commission subsequent to the filing of the 10-QSB, including any amendments to those filings. The filing of this Form 10-QSB/A shall not be deemed an admission that the Form 10-QSB when made included any untrue statement of a material fact or omitted to state a material fact necessary to make a statement not misleading.

INDEX

| | |
|---|-----------|
| <u>PART I FINANCIAL INFORMATION</u> | 3 |
| <u>ITEM 1. FINANCIAL STATEMENTS</u> | 3 |
| <u>ITEM 2. MANAGEMENT S DISCUSSION AND ANALYSIS OR PLAN OF OPERATION</u> | 16 |
| <u>ITEM 3. CONTROLS AND PROCEDURES</u> | 19 |
| <u>PART II OTHER INFORMATION</u> | 19 |
| <u>ITEM 5. OTHER INFORMATION</u> | 19 |
| <u>ITEM 6. EXHIBITS AND REPORTS ON FORM 8-K</u> | 19 |
| <u>SIGNATURE</u> | 20 |

PART I FINANCIAL INFORMATION
ITEM 1. FINANCIAL STATEMENTS
LIFEWAY FOODS, INC. AND SUBSIDIARY
CONSOLIDATED FINANCIAL STATEMENTS
JUNE 30, 2006 and 2005
AND DECEMBER 31, 2005

| | (Unaudited) | | |
|--|----------------------|----------------------|----------------------|
| | June 30, | | December, 31 |
| | 2006 | 2005 | 2005 |
| ASSETS | | | |
| Current assets | | | |
| Cash and cash equivalents | \$ 3,621,803 | \$ 2,024,384 | \$ 4,354,081 |
| Marketable securities | 8,581,674 | 6,301,790 | 7,478,697 |
| Inventories | 2,320,818 | 1,106,211 | 1,716,999 |
| Accounts receivable, net of allowance for doubtful accounts of \$45,000 and \$15,000 at June 30, 2006 and 2005 and \$35,000 at December 31, 2005 | 3,561,038 | 2,556,808 | 2,517,615 |
| Prepaid expenses and other current assets | 51,823 | 102,448 | 9,144 |
| Other receivables | 67,332 | 106,896 | 56,435 |
| Deferred income taxes | 116,544 | 55,352 | 142,772 |
| Refundable income taxes | | 172,635 | 11,562 |
| Total current assets | 18,321,032 | 12,426,524 | 16,287,305 |
| Property and equipment, net | 7,762,286 | 7,757,150 | 7,751,446 |
| Intangible assets | | | |
| Goodwill | 75,800 | 75,800 | 75,800 |
| Other intangible assets, net of accumulated amortization of \$125,488 and \$59,379 at June 30, 2006 and 2005 and \$92,432 at December 31, 2005 | 317,154 | 376,621 | 350,206 |
| Total intangible assets | 392,954 | 452,421 | 426,006 |
| Total assets | \$ 26,476,272 | \$ 20,636,095 | \$ 24,464,757 |
| LIABILITIES AND STOCKHOLDERS EQUITY | | | |
| Current liabilities | | | |
| Current maturities of notes payable | \$ 542,089 | \$ 12,662 | \$ 532,454 |
| Accounts payable | 704,061 | 659,351 | 426,253 |
| Accrued expenses | 382,543 | 427,307 | 355,011 |
| Accrued income tax | 441,049 | | |
| Total current liabilities | 2,069,742 | 1,099,320 | 1,313,718 |
| Notes payable | 2,849,504 | 454,046 | 2,903,349 |
| Deferred income taxes | 343,619 | 381,049 | 348,923 |

| | | | |
|---|----------------------|----------------------|----------------------|
| Stockholders equity | | | |
| Common stock | 6,509,267 | 6,509,267 | 6,509,267 |
| Paid-in-capital | 104,036 | 74,751 | 90,725 |
| Treasury stock, at cost | (1,468,091) | (1,043,685) | (1,024,659) |
| Retained earnings | 16,067,650 | 13,156,711 | 14,422,948 |
| Accumulated other comprehensive income (loss), net of taxes | 545 | 4,636 | (99,514) |
| Total stockholders equity | 21,213,407 | 18,701,680 | 19,898,767 |
| Total liabilities and stockholders equity | \$ 26,476,272 | \$ 20,636,095 | \$ 24,464,757 |

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| | (Unaudited) Three Months Ended | | (Unaudited) Six Months Ended | | Year Ended December 31, 2005 |
|--|-----------------------------------|-------------------|---------------------------------|---------------------|--|
| | June 30 | | June 30 | | |
| | 2006 | 2005 | 2006 | 2005 | |
| Sales | \$ 6,367,397 | \$ 5,072,567 | \$ 12,370,420 | \$ 9,729,427 | \$ 20,131,654 |
| Cost of goods sold | 3,787,577 | 3,070,817 | 7,093,221 | 5,767,476 | 12,122,868 |
| Gross profit | 2,579,820 | 2,001,750 | 5,277,199 | 3,961,951 | 8,008,786 |
| Operating expenses: | | | | | |
| Selling expenses | 849,647 | 577,895 | 1,432,591 | 1,098,597 | 2,354,348 |
| General and administrative expenses | 800,019 | 586,598 | 1,508,083 | 1,102,373 | 2,253,076 |
| Total operating expenses | 1,649,666 | 1,164,493 | 2,940,674 | 2,200,970 | 4,607,424 |
| Income from operations | 930,154 | 837,257 | 2,336,525 | 1,760,981 | 3,401,362 |
| Other income (expense): | | | | | |
| Interest and dividend income | 122,033 | 75,289 | 208,264 | 140,565 | 323,365 |
| Interest expense | (63,200) | (6,876) | (113,426) | (14,318) | (100,762) |
| Gain (loss) on sale of marketable securities, net | 225,292 | (36,153) | 188,414 | 161,987 | 445,327 |
| Gain on marketable securities classified as trading | 2,549 | 11,520 | 3,061 | 15,036 | 13,773 |
| Total other income | 286,674 | 43,780 | 286,313 | 303,270 | 681,703 |
| Income before provision for income taxes | 1,216,828 | 881,037 | 2,622,838 | 2,064,251 | 4,083,065 |
| Provision for income taxes | 466,784 | 324,192 | 978,136 | 782,015 | 1,534,592 |
| Net income | \$ 750,044 | \$ 556,845 | \$ 1,644,702 | \$ 1,282,236 | \$ 2,548,473 |
| Basic and diluted earnings per common share | 0.04 | 0.03 | 0.10 | 0.08 | 0.15 |
| Weighted average number of shares outstanding | 16,799,536 | 16,795,398 | 16,795,473 | 16,830,160 | 16,808,992 |
| COMPREHENSIVE INCOME | | | | | |
| Net income | \$ 750,044 | \$ 556,845 | \$ 1,644,702 | \$ 1,282,236 | \$ 2,548,473 |

| | | | | | |
|---|-------------------|-------------------|---------------------|---------------------|---------------------|
| Other comprehensive income (loss), net of tax: | | | | | |
| Unrealized gains (losses) on marketable securities (net of tax benefits) | (65,256) | 36,251 | 210,281 | (20,471) | 42,708 |
| Less reclassification adjustment for gains (losses) included in net income (net of taxes) | (88,574) | 21,153 | (110,222) | (94,073) | (261,402) |
| Comprehensive income | \$ 596,214 | \$ 614,249 | \$ 1,744,761 | \$ 1,167,692 | \$ 2,329,779 |

| | Common Stock, No Par Value 20,000,000 | | # of Shares of Treasury Stock | Common Stock | Paid In Capital | Treasury Stock | Accumulated | | |
|--|--|------------------------------------|--|-------------------------|----------------------------|---------------------------|------------------------------|--|----------------------|
| | Shares Authorized | | | | | | Retained Earnings | Other Comprehensive Income (Loss), Net of Tax | Total |
| | # of Shares Issued | # of Shares Outstanding | | | | | | | |
| Balances at December 31, 2004 | 17,273,776 | 16,882,876 | 390,900 | \$ 6,509,267 | \$ 64,314 | \$ (649,039) | \$ 11,874,475 | \$ 119,180 | \$ 17,918,197 |
| issuance of treasury stock | | 7,634 | (7,634) | | 26,411 | 25,934 | | | 52,345 |
| Redemption of stock | | (100,000) | 100,000 | | | (401,554) | | | (401,554) |
| Other comprehensive income (loss): | | | | | | | | | |
| Unrealized losses on securities, net of taxes and reclassification adjustment | | | | | | | | (218,694) | (218,694) |
| Net income for the year ended December 31, 2005 | | | | | | | 2,548,473 | | 2,548,473 |
| Balances at December 31, 2005 | 17,273,776 | 16,790,510 | 483,266 | \$ 6,509,267 | \$ 90,725 | \$ (1,024,659) | \$ 14,422,948 | \$ (99,514) | \$ 19,898,767 |
| issuance of treasury stock | | 4,666 | (4,666) | | 13,311 | 15,855 | | | 29,166 |
| Redemption of stock | | (74,988) | 74,988 | | | (459,287) | | | (459,287) |
| Other comprehensive income (loss): | | | | | | | | | |
| Unrealized gains on securities, net of taxes and reclassification adjustment | | | | | | | | 100,059 | 100,059 |
| | | | | | | | 1,644,702 | | 1,644,702 |

Net income for
the six months
ended June 30,
2006

Balances at
June 30, 2006 **17,273,776** **16,720,188** **553,588** **\$ 6,509,267** **\$ 104,036** **\$ (1,468,091)** **\$ 16,067,650** **\$** **545** **\$ 21,213,407**

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| | Six Months Ended June 30, | | Year Ended December 31, |
|--|------------------------------|---------------------|----------------------------|
| | 2006 | 2005 | 2005 |
| Cash flows from operating activities: | | | |
| Net income | \$ 1,644,702 | \$ 1,282,236 | \$ 2,548,473 |
| Adjustments to reconcile net income to net cash flows from operating activities: | | | |
| Depreciation and amortization | 291,678 | 318,346 | 650,945 |
| (Gain)Loss on sale of marketable securities, net | (188,414) | (161,987) | (445,327) |
| Gain on marketable securities classified as trading | (3,061) | (15,036) | (13,773) |
| Deferred income taxes | (52,541) | (53,968) | (100,236) |
| Treasury stock issued for services | 29,166 | 17,345 | 52,345 |
| Increase in allowance for doubtful accounts | 10,000 | | |
| (Increase) decrease in operating assets: | | | |
| Accounts receivable | (1,053,423) | (532,772) | (493,579) |
| Other receivables | (10,897) | (34,759) | 15,702 |
| Inventories | (603,819) | (200,514) | (811,302) |
| Refundable income taxes | 11,562 | 85,982 | 247,055 |
| Prepaid expenses and other current assets | (42,679) | (95,188) | (1,884) |
| Increase (decrease) in operating liabilities: | | | |
| Accounts payable | 277,808 | 17,700 | (215,398) |
| Accrued expenses | 27,532 | 231,766 | 159,470 |
| Accrued income taxes | 441,049 | | |
| Net cash provided by operating activities | 778,663 | 859,151 | 1,592,491 |
| Cash flows from investing activities: | | | |
| Purchases of marketable securities | (3,968,844) | (2,454,680) | (6,460,561) |
| Sale of marketable securities | 3,230,866 | 2,876,669 | 5,810,391 |
| Purchases of property and equipment | (269,466) | (4,622,870) | (4,916,811) |
| Net cash used in investing activities | (1,007,444) | (4,200,881) | (5,566,981) |
| Cash flows from financing activities: | | | |
| Proceeds from note payable | | | 3,000,000 |
| Purchases of treasury stock | (459,287) | (401,554) | (401,554) |
| Repayment of notes payable | (44,210) | | (36,522) |
| Loan costs | | (5,617) | (6,638) |
| Net cash provided by (used in) financing activities | (503,497) | (407,171) | 2,555,286 |
| Net decrease in cash and cash equivalents | (732,278) | (3,748,901) | (1,419,204) |
| Cash and cash equivalents at the beginning of the period | 4,354,081 | 5,773,285 | 5,773,285 |
| Cash and cash equivalents at the end of the period | \$ 3,621,803 | \$ 2,024,384 | \$ 4,354,081 |

LIFEWAY FOODS, INC. AND SUBSIDIARY
Notes to Consolidated Financial Statements
June 30, 2006 and 2005
and December 31, 2005

Note 1 NATURE OF BUSINESS

Lifeway Foods, Inc. (The Company) commenced operations in February 1986 and incorporated under the laws of the state of Illinois on May 19, 1986. The Company's principal business activity is the production of dairy products. Specifically, the Company produces Kefir, a drinkable product which is similar to but distinct from yogurt, in several flavors sold under the name Lifeway's Kefir; a plain farmer's cheese sold under the name Lifeway's Farmer's Cheese; fruit sugar-flavored product similar in consistency to cream cheese sold under the name of Sweet Kiss; and a dairy beverage, similar to Kefir, with increased protein and calcium, sold under the name Basics Plus. The Company also produces several soy-based products under the name Soy Treat and a vegetable-based seasoning under the name Golden Zesta. The Company currently distributes its products throughout the Chicago Metropolitan area and various cities in the East Coast through local food stores. In addition, the products are sold throughout the United States and Ontario, Canada by distributors. The Company also distributes some of its products to Eastern Europe.

Note 2 SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

A summary of the significant accounting policies applied in the preparation of the accompanying financial statements follows:

Principles of consolidation

The consolidated financial statements include the accounts of the Company and its wholly-owned subsidiary, LFI Enterprises, Inc. All significant intercompany accounts and transactions have been eliminated.

Use of estimates

The preparation of financial statements in conformity with accounting principles generally accepted in the United States of America requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities at the date of the financial statements and reported amounts of revenues and expenses during the reporting period. Actual results could differ from those estimates.

Revenue Recognition

Sales represent sales of Company produced dairy products that are recorded at the time of shipment and the following four criteria have been met: (i) the product has been shipped and the Company has no significant remaining obligations; (ii) persuasive evidence of an agreement exists; (iii) the price to the buyer is fixed or determinable and (iv) collection is probable. In addition, shipping costs invoiced to the customers are included in net sales and the related cost in costs of sales.

Cash and cash equivalents

All highly liquid investments purchased with an original maturity of three months or less are considered to be cash equivalents.

The Company maintains cash deposits at several institutions located in the greater Chicago, Illinois and Philadelphia, Pennsylvania metropolitan areas. Deposits at each institution are insured up to \$100,000 by the Federal Deposit Insurance Corporation or the Securities Investor Protector Corporation.

Bank balances of amounts reported by financial institutions are categorized as follows:

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| | June 30, | | December 31 |
|--|--------------|--------------|--------------|
| | 2006 | 2005 | 2005 |
| Amounts insured | \$ 340,460 | \$ 403,372 | \$ 462,571 |
| Uninsured and uncollateralized amounts | 3,792,076 | 1,916,182 | 4,331,179 |
| Total bank balances | \$ 4,132,536 | \$ 2,319,554 | \$ 4,793,750 |

Marketable securities

All investment securities are classified as either as available-for-sale or trading, and are carried at fair value or quoted market prices. Unrealized gains and losses are reported as a separate component of stockholders' equity. Amortization, accretion, interest and dividends, realized gains and losses and declines in value judged to be other-than-temporary on available-for-sale securities are recorded in other income. Statement of Financial Accounting Standards No. 115, *Accounting for Certain Investments in Debt and Equity Securities*, and Securities and Exchange Commission (SEC) Staff Accounting Bulletin (SAB) 59, *Accounting for Noncurrent Marketable Equity Securities*, provide guidance on

Note 2 SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES Continued

determining when an investment is other-than-temporarily impaired. This evaluation depends on the specific facts and circumstances. Factors that we consider in determining whether an other-than-temporary decline in value has occurred include: the market value of the security in relation to its cost basis; the financial condition of the investee; and the intent and ability to retain the investment for a sufficient period of time to allow for possible recovery in the market value of the investment.

Accounts receivable

Credit terms are extended to customers in the normal course of business. The Company performs ongoing credit evaluations of its customers' financial condition and generally requires no collateral.

Accounts receivable are recorded at invoice amounts, and reduced to their estimated net realizable value by recognition of an allowance for doubtful accounts. The Company's estimate of the allowance for doubtful accounts is based upon historical experience, its evaluation of the current status of specific receivables, and unusual circumstances, if any. Accounts are considered past due if payment is not made on a timely basis in accordance with the Company's credit terms. Accounts considered uncollectible are charged against the allowance.

Inventories

Inventories are stated at the lower of cost or market, cost being determined by the first-in, first-out method.

Property and equipment

Property and equipment are stated at depreciated cost or fair value where depreciated cost is not recoverable.

Depreciation is computed using the straight-line method. When assets are retired or otherwise disposed of, the cost and related accumulated depreciation are removed from the accounts, and any resulting gain or loss is recognized in income for the period. The cost of maintenance and repairs is charged to income as incurred; significant renewals and betterments are capitalized.

Property and equipment are being depreciated over the following useful lives:

| Category | Years |
|----------------------------|-----------|
| Buildings and improvements | 31 and 39 |
| Machinery and equipment | 5 - 12 |
| Office equipment | 5 - 7 |
| Vehicles | 5 |

Intangible assets

The Company accounts for intangible assets at historical cost. Intangible assets acquired in a business combination are recorded under the purchase method of accounting at their estimated fair values at the date of acquisition. Goodwill represents the excess purchase price over the fair value of the net tangible and other intangible assets acquired. Goodwill is not amortized. The Company amortizes other intangible assets over their estimated useful lives, as disclosed in the table below.

Goodwill is reviewed for impairment at least annually. Since the Company only has one reporting unit, the test is based on a fair value approach applied to the entire company.

The Company reviews intangible assets and their related useful lives at least once a year to determine if any adverse conditions exist that would indicate the carrying value of these assets may not be recoverable. The Company conducts more frequent impairment assessments if certain conditions exist, including: a change in the competitive landscape, any internal decisions to pursue new or different strategies, a loss of a significant customer, or a significant change in the market place including changes in the prices paid for the Company's products or changes in the size of the market for the Company's products.

If the estimate of an intangible asset's remaining useful life is changed, the remaining carrying amount of the intangible asset is amortized prospectively over the revised remaining useful life.

Note 2 SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES Continued

Intangible assets are being amortized over the following useful lives:

| Category | Years |
|---|-------|
| Recipes | 4 |
| Customer lists and other customer related intangibles | 8 |
| Lease agreement | 7 |

Income taxes Deferred income taxes arise from temporary differences resulting from income and expense items reported for financial accounting and tax purposes in different periods. Deferred taxes are classified as current or non-current, depending on the classification of the assets and liabilities to which they relate. Deferred taxes arising from temporary differences that are not related to an asset or liability are classified as current or non-current depending on the periods in which the temporary differences are expected to reverse.

The principal sources of temporary differences are different depreciation and amortization methods for financial statement and tax purposes, unrealized gains or losses related to marketable securities, capitalization of indirect costs for tax purposes, and the recognition of an allowance for doubtful accounts for financial statement purposes.

Treasury stock

Treasury stock is recorded using the cost method.

Advertising costs

The Company expenses advertising costs as incurred. During the year ended December 31, 2005 and for the six months ended June 30, 2006 and 2005, approximately \$1,176,440, \$658,409 and \$544,189 of such costs respectively, were expensed.

Earning per common share

Earnings per common share were computed by dividing net income available to common stockholders by the weighted average number of common shares outstanding during the period. For the six months ended June 30, 2006 and 2005 and the year ended December 31, 2005, diluted and basic earnings per share were the same, as the effect of dilutive securities options outstanding was not significant.

Note 3 INTANGIBLE ASSETS

Intangible assets, and the related accumulated amortization, consist of the following:

| | June 30, 2006 | | June 30, 2005 | | December 31, 2005 | |
|---|---------------|-----------------------------|---------------|-----------------------------|-------------------|-----------------------------|
| | Cost | Accumulated Amortization | Cost | Accumulated Amortization | Cost | Accumulated Amortization |
| Recipes | \$ 43,600 | \$ 20,892 | \$ 43,600 | \$ 9,992 | \$ 43,600 | \$ 15,442 |
| Customer lists and other customer related intangibles | 305,200 | 79,388 | 305,200 | 37,968 | 305,200 | 58,678 |
| Lease acquisition | 87,200 | 23,876 | 87,200 | 11,419 | 87,200 | 17,648 |
| Goodwill | 75,800 | | 75,800 | | 75,800 | |
| Loan acquisition costs | 6,638 | 1,328 | | | 6,638 | 664 |
| | \$ 518,438 | \$ 125,484 | \$ 511,800 | \$ 59,379 | \$ 518,438 | \$ 92,432 |

Note 3 INTANGIBLE ASSETS Continued

Amortization expense is expected to be as follows for the 12 months ending June 30:

| | |
|------------|------------|
| 2007 | \$ 66,105 |
| 2008 | 66,105 |
| 2009 | 56,113 |
| 2010 | 47,211 |
| 2011 | 45,157 |
| Thereafter | 36,463 |
| | \$ 317,154 |

Amortization expense during the six months ended June, 2006 and 2005 and the year ended December 31, 2005 was \$33,053, \$32,389 and \$65,442, respectively.

Note 4 MARKETABLE SECURITIES

The cost and fair value of marketable securities classified as available for sale and trading are as follows:

| | Cost | Unrealized Gains | Unrealized Losses | Loss on Marketable Securities Classified as Trading | Fair Value |
|-------------------------|--------------|---------------------|----------------------|--|---------------|
| June 30, 2006 | | | | | |
| Equities | \$ 2,846,117 | \$ 312,995 | \$ (154,061) | | \$ 3,005,051 |
| Mutual Funds | 663,029 | 2,583 | (50,827) | | 614,785 |
| Preferred Securities | 1,629,157 | 1,081 | (56,874) | | 1,573,364 |
| Private Investment LP | 600,000 | 38,480 | | | 638,480 |
| Certificates of Deposit | 225,000 | | (6,278) | | 218,722 |
| Corporate Bonds | 2,008,255 | 746 | (85,388) | | 1,923,613 |
| Municipal Bonds | 61,275 | 403 | (1,929) | | 59,749 |
| Government Agency | 547,562 | | | 348 | 547,910 |
| Total | \$ 8,580,395 | \$ 356,288 | \$ (355,357) | \$ 348 | \$ 8,581,674 |

| | Cost | Unrealized Gains | Unrealized Losses | Loss on Marketable Securities Classified as Trading | Fair Value |
|---------------------------|--------------|---------------------|----------------------|--|---------------|
| June 30, 2005 | | | | | |
| Equities and Mutual Funds | \$ 3,693,256 | \$ 200,374 | \$ (142,171) | | \$ 3,751,459 |
| Preferred Securities | 40,000 | | (2,600) | | 37,400 |
| Certificates of Deposit | 150,000 | | (6,270) | | 143,730 |
| Corporate Bonds | 2,287,211 | | (42,900) | | 2,244,311 |
| Municipal Bonds | 24,875 | 1,466 | | | 26,341 |
| Government Agency | 100,000 | | | (1,451) | 98,549 |
| Total | \$ 6,295,342 | \$ 201,840 | \$ (193,941) | \$ (1,451) | \$ 6,301,790 |

Note 4 MARKETABLE SECURITIES Continued

| December 31, 2005 | Cost | Unrealized Gains | Unrealized Losses | Loss on Marketable Securities Classified as Trading | Fair Value |
|--|---------------------|-------------------|---------------------|---|---------------------|
| Equities | \$ 2,432,964 | \$ 212,336 | \$ 198,478 | (| \$ 2,446,822 |
| Mutual Funds | 699,921 | 3,770 | (74,148) | | 629,543 |
| Preferred Securities | 1,002,738 | 1,468 | (30,892) | | 973,314 |
| Private Investment LP | 600,000 | | (5,146) | | 594,854 |
| Certificates of Deposit | 240,000 | | (1,125) | | 238,875 |
| Corporate Bonds | 2,514,044 | 809 | (77,888) | | 2,436,965 |
| Municipal Bonds, maturing within five years | 61,275 | 957 | (1,195) | | 61,037 |
| Government agency obligations, maturing after five years | 100,000 | | | (2,713) | 97,287 |
| Total | \$ 7,650,942 | \$ 219,340 | \$ (388,872) | \$ (2,713) | \$ 7,478,697 |

Proceeds from the sale of marketable securities were \$5,810,391, \$3,230,866 and \$2,876,669 during the year ended December 31, 2005 and for the six months ended June 30, 2006 and 2005, respectively.

Gross gains (loss) of \$445,327, \$188,414 and \$161,987 were realized on these sales during the year ended December 31, 2005 and for the six months ended June 30, 2006 and 2005, respectively.

The following table shows the gross unrealized losses and fair value of Company's investments with unrealized losses that are not deemed to be other-than-temporarily impaired, aggregated by investment category and length of time that individual securities have been in a continuous unrealized loss position, at June 30, 2006:

| Description of Securities | Less Than 12 Months | | 12 Months or Greater | | Total | |
|---------------------------|---------------------|-------------------|----------------------|-------------------|--------------|-------------------|
| | Fair Value | Unrealized Losses | Fair Value | Unrealized Losses | Fair Value | Unrealized Losses |
| Equities | \$ 1,204,022 | \$ (121,308) | \$ 150,607 | \$ (32,754) | \$ 1,354,629 | \$ (154,062) |
| Mutual Funds | 145,882 | (12,644) | 384,230 | (38,182) | 530,112 | (50,826) |
| Preferred Securities | 1,427,028 | (52,014) | 46,870 | (4,860) | 1,473,898 | (56,874) |
| Certificates of Deposit | 72,607 | (2,393) | 146,115 | (3,885) | 218,722 | (6,278) |
| Corporate Bonds | 25,496 | (2,370) | 1,622,197 | (83,018) | 1,647,693 | (85,388) |
| Municipal Bonds | 34,471 | (1,929) | | | 34,471 | (1,929) |
| | | | | | | (|
| | \$ 2,909,506 | \$ (192,658) | \$ 2,350,019 | \$ (162,699) | \$ 5,259,525 | \$ 355,357) |

Note 4 MARKETABLE SECURITIES Continued

Equities, Mutual Funds and Corporate Bonds The Company's investments in equity securities, mutual funds and corporate bonds consist of investments in common stock and debt securities of companies in various industries. The Company evaluated the near-term prospects of the issuer in relation to the severity and duration of the impairment. Based on that evaluation and the Company's ability and intent to hold these investments for a reasonable period of time sufficient for a forecasted recovery of fair value, the Company does not consider any material investments to be other-than-temporarily impaired at June 30, 2006.

Preferred Securities The Company's investments in preferred securities consist of investments in preferred stock of companies in various industries. The Company evaluated the near-term prospects of the fund in relation to the severity and duration of the impairment. Based on that evaluation and the Company's ability and intent to hold these investments for a reasonable period of time sufficient for a forecasted recovery of fair value, the Company does not consider any material investments to be other-than-temporarily impaired at June 30, 2006.

Certificates of Deposit The unrealized losses on the Company's investments in certificates of deposit were caused by interest rate increases since the date of purchase. The contractual terms of these investments do not permit the issuers to settle the securities at a price less than the face value of the investment. Because the Company has the ability and intent to hold these investments until maturity, the Company does not consider these investments to be other-than-temporarily impaired at June 30, 2006.

Municipal Bonds The unrealized losses on the Company's investments in mutual bonds were caused by interest rate increases since the date of purchase. Because the Company has the ability and intent to hold these investments until maturity, the Company does not consider these investments to be other-than-temporarily impaired at June 30, 2006.

Note 5 INVENTORIES

Inventories consist of the following:

| | June 30, | | December 31, |
|---------------------|--------------|--------------|--------------|
| | 2006 | 2005 | 2005 |
| Finished goods | \$ 876,618 | \$ 489,160 | \$ 658,522 |
| Production supplies | 853,074 | 359,625 | 662,310 |
| Raw materials | 591,126 | 257,426 | 396,167 |
| Total inventories | \$ 2,320,818 | \$ 1,106,211 | \$ 1,716,999 |

Note 6 PROPERTY AND EQUIPMENT

Property and equipment consist of the following:

| | June 30, | | December 31, |
|-------------------------------|--------------|--------------|--------------|
| | 2006 | 2005 | 2005 |
| Land | \$ 909,232 | \$ 909,232 | \$ 909,232 |
| Buildings and improvements | 6,516,018 | 6,427,993 | 6,443,043 |
| Machinery and equipment | 5,982,646 | 5,578,369 | 5,806,853 |
| Vehicles | 534,365 | 459,815 | 513,670 |
| Office equipment | 78,763 | 82,211 | 78,763 |
| | 14,021,024 | 13,457,620 | 13,751,561 |
| Less accumulated depreciation | 6,258,738 | 5,700,470 | 6,000,115 |
| Total property and equipment | \$ 7,762,286 | \$ 7,757,150 | \$ 7,751,446 |

Depreciation expense during the year ended December 31, 2005 and for the six months ended June 30, 2006 and 2005 was \$585,503, \$258,625 and \$285,957, respectively.

Note 7 ACCRUED EXPENSES

Accrued expenses consist of the following:

| | June 30, | | December |
|-----------------------------------|------------|------------|------------|
| | 2006 | 2005 | 31, |
| | | | 2005 |
| Accrued payroll and payroll taxes | \$ 105,898 | \$ 123,237 | \$ 104,873 |
| Accrued property tax | 271,155 | 299,270 | 244,916 |
| Other | 5,490 | 4,800 | 5,222 |
| | \$ 382,543 | \$ 427,307 | \$ 355,011 |

Note 8 NOTES PAYABLE

Notes payable consist of the following:

| | June 30, | | December |
|---|--------------|------------|--------------|
| | 2006 | 2005 | 31, |
| | | | 2005 |
| Mortgage note payable to a bank, payable in monthly installments of \$3,273 including interest at 6.25%, with a balloon payment of \$454,275 due September 25, 2006. Collateralized by real estate. | \$ 457,605 | \$ 466,708 | \$ 462,695 |
| Mortgage note payable to a bank, payable in monthly installments of \$19,513 including interest at 5.6%, with a balloon payment of \$2,652,143 due July 14, 2010. Collateralized by real estate. | 2,933,988 | | 2,973,108 |
| Total notes payable | 3,391,593 | 466,708 | 3,435,803 |
| Less current maturities | 542,089 | 12,662 | 532,454 |
| Total long-term portion | \$ 2,849,504 | \$ 454,046 | \$ 2,903,349 |

Maturities of notes payables are as follows:

| | |
|-----------------------------|--------------|
| For the year ended June 30, | |
| 2007 | \$ 542,089 |
| 2008 | 73,767 |
| 2009 | 78,005 |
| 2010 | 82,488 |
| 2011 | 2,615,244 |
| Total | \$ 3,391,593 |

Note 9 PROVISION FOR INCOME TAXES

The provision for income taxes consists of the following:

| | For the Six Months Ended | | For the Year Ended December |
|----------------------------|--------------------------|------------|-----------------------------------|
| | June 30, | | 31, |
| | 2006 | 2005 | 2005 |
| Current: | | | |
| Federal | \$ 833,877 | \$ 681,731 | \$ 1,364,033 |
| State and local | 193,734 | 154,252 | 270,795 |
| Total current | 1,027,611 | 835,983 | 1,634,828 |
| Deferred | (49,475) | (53,968) | (100,236) |
| Provision for income taxes | \$ 978,136 | \$ 782,015 | \$ 1,534,592 |

A reconciliation of the provision for income taxes and the income tax computed at the statutory rate is as follows:

| | For The Six Months Ended | | For The Year Ended December |
|---|-----------------------------|------------|-----------------------------------|
| | June 30, | | 31, |
| | 2006 | 2005 | 2005 |
| Federal income tax expense computed at the statutory rate | \$ 891,480 | \$ 701,846 | \$ 1,388,242 |
| State and local tax expense, net | 125,850 | 99,455 | 195,987 |
| Permanent differences | (39,194) | (19,286) | (49,637) |
| Provision for income taxes | \$ 978,136 | \$ 782,015 | \$ 1,534,592 |

Amounts for deferred tax assets and liabilities are as follows:

| | June 30, | | December 31 |
|---|--------------|--------------|----------------|
| | 2006 | 2005 | 2005 |
| Non-current deferred tax liabilities arising from: | | | |
| Temporary differences accumulated depreciation | \$ (343,619) | \$ (381,049) | \$ (348,923) |
| Current deferred tax assets (liabilities) arising from: | | | |
| Unrealized losses (gains) on marketable securities | (383) | (3,262) | 70,016 |
| Inventory | 98,342 | | 72,756 |
| Allowance for doubtful accounts | 18,585 | 58,614 | |
| Total current deferred tax assets (liabilities) | 116,544 | 55,352 | 142,772 |
| Net deferred tax liability | \$ (227,075) | \$ (325,697) | \$ (206,151) |

Note 10 SUPPLEMENTAL CASH FLOW INFORMATION

Cash paid for interest and income taxes are as follows:

| | For the Six Months Ended June 30, | | For Year Ended December 31, |
|--------------|--------------------------------------|------------|-----------------------------------|
| | 2006 | 2005 | 2005 |
| Interest | \$ 113,426 | \$ 14,318 | \$ 100,762 |
| Income taxes | \$ 578,467 | \$ 751,757 | \$ 1,425,600 |

Note 11 STOCK OPTION PLANS

The Company has a registration statement filed with the Securities and Exchange Commission in connection with a Consulting Service Compensation Plan covering up to 600,000 of the Company's common stock shares. Pursuant to such Plan, the Company may issue common stock or options to purchase common stock to certain consultants, service providers, and employees of the Company. There were 468,000 shares available for issuance under the Plan at December 31, 2005 and at June 30, 2006 and 2005. The option price, number of shares, grant date, and vesting terms are determined at the discretion of the Company's Board of Directors.

As of December 31, 2005 and at June 30, 2006 and 2005, there were no stock options outstanding or exercisable.

On February 12, 2004, Lifeway's Board of Directors approved awards of an aggregate amount of 10,200 shares to be awarded under its Employee and Consulting Services and Compensation Plan to certain employees and consultants for services rendered to the Company. The stock awards were made on April 1, 2004 and have vesting periods that vary from six months to one year, depending upon the individual grantee. During 2005, 550 shares vested for a total expense of \$11,512.

On May 23, 2005, Lifeway's Board of Directors approved awards of an aggregate amount of 11,200 common shares to be awarded under its Employee and Consulting Services and Compensation Plan to certain employees and consultants for services rendered to the Company. The stock awards were made on June 1, 2005 and have vesting periods of one year. The expense for the awards is measured as of June 1, 2005 at \$6.25 per share for 11,200 shares, or a total stock award expense of \$70,000. This expense will be recognized as the stock awards vest in 12 equal portions of \$5,833, or 932 shares per month for one year. During 2005, 7,534 shares vested and the Company recognized a related expense of \$40,833. During the six months ended June 30, 2006, 4,666 shares vested for an expense of \$29,166.

Note 12 FAIR VALUE OF FINANCIAL INSTRUMENTS

The estimated fair value of the Company's financial instruments is as follows at:

| | June 30, 2006 | | June 30, 2005 | | December 31, 2005 | |
|---------------------------|--------------------|---------------|--------------------|---------------|----------------------|---------------|
| | Carrying Amount | Fair Value | Carrying Amount | Fair Value | Carrying Amount | Fair Value |
| Cash and cash equivalents | \$ 3,621,803 | \$ 3,621,803 | \$ 2,024,384 | \$ 2,024,384 | \$ 4,354,081 | \$ 4,354,081 |
| Marketable securities | \$ 8,581,674 | \$ 8,581,674 | \$ 6,301,790 | \$ 6,301,790 | \$ 7,478,697 | \$ 7,478,697 |
| Notes payable | \$ 3,391,593 | \$ 3,385,569 | \$ 466,708 | \$ 464,169 | \$ 3,435,803 | \$ 3,416,969 |

Note 13 RECENT ACCOUNTING PRONOUNCEMENTS

In November 2005, FASB issued FSP FAS 115-1 and FAS 124-1, *The Meaning of Other-Than-Temporary Impairment and Its Application to Certain Investments* (FSP FAS 115-1), which provides guidance on determining when investments in certain debt and equity securities are considered impaired, whether that impairment is other-than-temporary, and on measuring such impairment loss. FSP FAS 115-1 also includes accounting considerations subsequent to the recognition of an other-than-temporary impairment and requires certain disclosures about unrealized losses that have not been recognized as other-than-temporary impairments. FSP FAS 115-1 is required to be applied to reporting periods beginning after December 15, 2005. The Company has adopted FSP FAS 115-1 in 2006.

Note 14 SUBSEQUENT EVENTS

On June 8, 2006, the Board of Directors approved a two-for-one split of the Company's common stock and an amendment to its charter to increase the number of common shares authorized from 10 million to 20 million. As a result of the stock split, each shareholder of record at the close of business on July 19, 2006 will receive one additional share of common stock for every one share held on such date.

On August 3, 2006 the Company executed a Stock Purchase Agreement with George Economy, Amani Holdings, LLC and other shareholders of the capital stock of Helios Nutrition, Ltd. (Helios) and Pride Main Street Dairy, L.L.C. pursuant to which the Company will purchase all of the issued and outstanding stock of Helios from the Stockholders for a combination of an aggregate amount of 202,650 in shares of the Company's common stock, no par value, \$2,500,000 in cash, and a promissory note issued by the Company in favor of Amani Stockholders in the principal amount of \$4,200,000. The Stock Payment, the Cash Payment and Promissory Note are subject to adjustment under certain circumstances in accordance with the terms of the Stock Purchase Agreement.

The earnings per share calculations as presented on the Consolidated Statements of Income and Comprehensive Income, the number of shares issued and outstanding per the Statement of Changes in Stockholders' Equity and share amounts referenced throughout the Notes to the Consolidated Financial Statements have been adjusted to reflect split adjusted share amounts.

ITEM 2. MANAGEMENT'S DISCUSSION AND ANALYSIS OR PLAN OF OPERATION

Comparison of Quarter Ended June 30, 2006 to Quarter Ended June 30, 2005

The following analysis should be read in conjunction with the unaudited financial statements of the Company and related notes included elsewhere in this quarterly report and the audited financial statements and Management's Discussion and Analysis contained in our Form 10-KSB, for the fiscal year ended December 31, 2005, and in the Management's Discussion and Analysis contained in our Form 10-QSB, for the fiscal quarter ended March 31, 2006.

Results of Operations

Sales increased by \$1,294,830 (approximately 26%) to \$6,367,397 during the three-month period ended June 30, 2006 from \$5,072,567 during the same three-month period in 2005. This increase is primarily attributable to increased sales and awareness of Lifeway's existing drinkable dairy products including its flagship line, Kefir, Organic Kefir, and La Fruta.

Lifeway's wholly owned subsidiary, LFI Enterprises, Inc. (LFIE) accounted for \$269,371 of total sales revenues during the second quarter of 2006. Of the total \$269,371 revenues from LFIE, \$137,917 was earned due to sales of Lifeway's Kefir and Farmer Cheese products sent from our Morton Grove, Illinois facility to Philadelphia, Pennsylvania for distribution in the tri-state area of Pennsylvania, New Jersey and New York. The remaining \$131,454 of LFIE revenues for the second quarter 2006 was earned from sales of the Ilya's Farms Cream Cheese Gourmet line of products. In comparison, during the second quarter 2005, LFIE total revenues were \$264,807, of which \$133,147 was earned due to sales of Lifeway's Kefir and Farmer Cheese products sent from our Morton Grove, Illinois facility to Philadelphia, Pennsylvania. The remaining \$131,660 of LFIE revenues for the second quarter 2005 was earned from sales of the Cream Cheese Gourmet line.

Cost of goods sold as a percentage of sales was approximately 59% during the second quarter 2006, compared to about 61% during the same period in 2005. The increase in cost of good sold, as a percentage of sales, can be primarily attributable to the introduction of the ProBugs line of Kefir for kids, which the Company introduced began to roll out in the second quarter of 2006. The costs associated with this new product introduction include packaging and graphic design costs, many of which are one time expenditures related to the creation of the product package.

In addition, many of our raw material and supply costs continue to increase with the increased cost of oil and gas. We were able to mostly offset these costs by continuing to streamline our operations and improve our production efficiency.

Operating expenses as a percentage of sales was approximately 26% during the second quarter 2006, compared to about 23% during the same period in 2005. This increase is primarily attributable to the introduction of the ProBugs line of Kefir for kids, which we began to roll out in the second quarter of 2006. The costs associated with this new product roll out include several advertising and marketing related expenses.

Total other income for the six months ended June 30, 2006 was \$286,674, compared with \$43,780 during the same period in 2005. This increase is primarily attributable to a higher gain on the sale of marketable securities in 2006, when compared to the same period in 2005.

Provision for income taxes was \$466,784 or a 38.4% tax rate during the second quarter 2006 compared with \$324,192 or a 36.8% tax rate during the same period in 2005. Income taxes are discussed in Note 9 of the Notes to Consolidated Financial Statements.

Earnings per share during the second quarter 2006 were \$.09 compared to \$.07 during the same period a year ago.

Comparison of Six-Month Period Ended June 30, 2006 to Six Month Period Ended June 30, 2005

Results of Operations

Sales increased by \$2,640,993 (approximately 27%) to \$12,370,420 during the six-month period ended June 30, 2006 from \$9,729,427 during the same six-month period in 2005. This increase is primarily attributable to increased sales and awareness of Lifeway's existing drinkable dairy products including its flagship line, Kefir, Organic Kefir, and La Fruta.

Lifeway's wholly owned subsidiary, LFI Enterprises, Inc. (LFIE) accounted for \$529,234 of total sales revenues during the six-month period ended June 30, 2006. Of the total \$529,234 revenues from LFIE, \$271,474 was earned due to sales of Lifeway's Kefir and Farmer Cheese products sent from our Morton Grove, Illinois facility to Philadelphia, Pennsylvania for distribution in the tri-state area of Pennsylvania, New Jersey and New York. The remaining \$257,760 of LFIE revenues for the six-month period ended June 30, 2006 was earned from sales of the Ilya's Farms Cream Cheese Gourmet line of products. In comparison, during the same period in 2005, LFIE total revenues were \$478,450, of which \$230,422 was earned due to sales of Lifeway's Kefir and Farmer Cheese products sent from our Morton Grove, Illinois facility to Philadelphia, Pennsylvania. The remaining \$248,028 of LFIE revenues for the six-month period ended 2005 was earned from sales of the Cream Cheese Gourmet line.

Cost of goods sold, as a percentage of sales was approximately 57% during the six-month period ended June 30, 2006, compared to about 59% during the same period in 2005. The decrease is primarily attributable to an overall decrease in the cost of milk, Lifeway's largest cost of goods component. The average cost of milk in the six-month period ended June 30, 2006 was approximately 20% lower when compared to the same period in 2005.

Provision for income taxes was \$978,136 or a 37.3% tax rate during the six-month period ended June 30, 2006 compared with \$782,015 or a 37.9% tax rate during the same period in 2005. Income taxes are discussed in Note 9 of the Notes to Consolidated Financial Statements.

Earnings per share were \$.20 in the six month period ended June 30, 2006, compared to \$.15 in the same period a year ago.

Sources and Uses of Cash

Net cash used in investing activities was \$1,009,253 during the six months ended June 30, 2006, which is a decrease of \$3,191,628 compared to the same period in 2005. This decrease is primarily due to the Company's purchase of a storage and distribution facility in the second quarter of 2005.

Net cash used in financing activities was \$459,287 during the six months June 30, 2006, which is an increase of \$96,326 compared to the same period in 2005. This increase is primarily attributable to the purchase of treasury stock in 2006, as well as the repayment of notes payable in the amount of \$44,210. The Company purchased 37,494 shares of its treasury stock at a cost of \$459,287 in the first six months of 2006.

During the six month period ended June 20, 2006, Lifeway experienced positive investing cash flows with regard to the sale of marketable securities in the amount of \$352,389. Our efforts in this regard during the first two calendar quarters of 2006 also are reflected by a gain of \$215,964 on the sale of marketable securities evident on the Company's consolidated income statement, which appears in this quarterly report. We believe, given the current market conditions, our asset allocation strategy offers a positive risk-reward ratio for the Company.

Liquidity

Significant portions of our assets are held in marketable securities. The majority of our marketable securities are classified as available-for-sale on our balance sheet, while the mortgage-backed securities are classified as trading. All of these securities are stated thereon at market value as of the end of the applicable period. Gains and losses on the portfolio are determined by the specific identification method.

We anticipate being able to fund the Company's foreseeable liquidity requirements internally. We continue to explore potential acquisition opportunities in our industry in order to boost sales while leveraging our distribution system to consolidate and lower costs.

Other Developments

On June 8, 2006, the Board of Directors approved a two-for-one split of the Company's common stock and an amendment to its charter to increase the number of common shares authorized from 10 million to 20 million. As a result of the stock split, each shareholder of record at the close of business on July 19, 2006 received one additional share of common stock for every share held on such date. Upon completion of the split, the total number of shares of common stock outstanding will have increased from approximately 8,391,000 to approximately 16,782,000.

Critical Accounting Policies

Lifeway's analysis and discussion of its financial condition and results of operations are based upon its consolidated financial statements that have been prepared in accordance with accounting principles generally accepted in the United States of America (US GAAP). The preparation of financial statements in accordance with US GAAP requires management to make estimates and assumptions that affect the reported amounts of assets, liabilities, revenues and expenses. US GAAP provides the framework from which to make these estimates, assumptions and disclosures. Lifeway chooses accounting policies within US GAAP that management believes are appropriate to accurately and fairly report Lifeway's operating results and financial position in a consistent manner. Management regularly assesses these policies in light of current and forecasted economic conditions and has discussed the development and selection of critical accounting policies with its audit committee of the Board of Directors. For further information concerning accounting policies, refer to Note 2 - Nature of Business and Significant Accounting Policies in the notes to the consolidated financial statements.

Forward Looking Statements

In this report, in reports subsequently filed by Lifeway with the SEC on Form 10-QSB and filed or furnished on Form 8-K, and in related comments by management, our use of the words believe, expect, anticipate, estimate, forecast, objective, plan, goal, project, explore, priorities/targets, and similar expressions is intended to identify forward-looking statements. While these statements represent our current judgment on what the future may hold, and we believe these judgments are reasonable, actual results may differ materially due to numerous important factors that are described in this report and other factors that may be described in subsequent reports which Lifeway may file with the SEC on Form 10-QSB and filed or furnished on Form 8-K, including but not limited to:

- Changes in economic conditions, commodity prices;

- Shortages of and price increase for fuel, labor strikes or work stoppages, market acceptance of the Company's new products;

- Significant changes in the competitive environment;

- Changes in laws, regulations, and tax rates; and

- Management's ability to achieve reductions in cost and employment levels, to realize production efficiencies and to implement capital expenditures, all at of the levels and times planned by management.

ITEM 3. CONTROLS AND PROCEDURES

As of the end of the period covered by this report, we conducted an evaluation, under the supervision and with the participation of our principal executive officer and principal financial officer, of the effectiveness of our disclosure controls and procedures (as defined in Rules 13a-15 and 15d-15 of the Securities Exchange Act of 1934 (the Exchange Act)). Based on this evaluation, our principal executive officer and principal financial officer concluded that our disclosure controls and procedures are effective to ensure that information required to be disclosed by us in reports that we file or submit under the Exchange Act is recorded, processed, summarized and reported within the time periods specified in the SEC rules and forms.

There was no change in our internal control over financial reporting during our most recently completed fiscal quarter that has materially affected, or is reasonably likely to materially affect, our internal controls over financial reporting.

PART II OTHER INFORMATION

ITEM 5. OTHER INFORMATION

On July 27, 2006, Lifeway Foods, Inc., an Illinois corporation (the Company), entered into a Stock Purchase Agreement (the Stock Purchase Agreement) with George Economy (Economy), Amani Holdings, LLC (Amani), the other shareholders of the capital stock of Helios Nutrition, Ltd. (Helios) listed on Schedule 2.1 of the Stock Purchase Agreement (with Amani, the Stockholders) and Pride Main Street Dairy, L.L.C. pursuant to which the Company will purchase all of the issued and outstanding stock of Helios from the Stockholders for a combination of an aggregate amount of 101,325 in shares of the Company's common stock, no par value (the Stock Payment), \$2,500,000 in cash (the Cash Payment), and a promissory note issued by the Company in favor of Amani Stockholders in the principal amount of \$4,200,000 (the Promissory Note). The Company closed the transactions under the Stock Purchase Agreement on August 3, 2006.

On August 14, 2006, the Company announced its financial results for the fiscal quarter and six months ended June 30, 2006 and certain other information. A copy of the Company's press release announcing these financial results and certain other information is attached as Exhibit 99.1 hereto. The information contained in Exhibit 99.1 hereto is being furnished, and should not be deemed filed for purposes of Section 18 of the Securities Exchange Act of 1934, as amended, or otherwise subject to the liabilities imposed by that Section. The information contained in Exhibit 99.1 shall not be incorporated by reference into any registration statement or other document or filing under the Securities Act of 1933, as amended, except as may be expressly set forth in a specific filing. The press release filed as an exhibit to this report includes safe harbor language pursuant to the Private Securities Litigation Reform Act of 1995, as amended, indicating that certain statements about the Company's business and other matters contained in the press release are forward-looking. The press release also cautions investors that forward-looking statements may be different from actual operating results. Finally, the press release states that a more thorough discussion of risks and uncertainties that may affect the Company's operating results is included in the Company's reports on file with the Securities and Exchange Commission.

ITEM 6. EXHIBITS AND REPORTS ON FORM 8-K

| Exhibit Number | Description |
|-------------------|---|
| 3.4 | Amended and Restated By-laws (incorporated by reference to Exhibit No. 3.5 of Lifeway's Current Report on Form 8-K dated and filed on December 10, 2002). (File No. 000-17363) |
| 3.5 | Articles of Incorporation, as amended and currently in effect (incorporated by reference to Exhibit 3.5 of Lifeway's Quarterly Report on Form 10-QSB for the quarter ended June 30, 2000 and filed on August 8, 2000). (File No. 000-17363) |
| 11 | Statement re: Computation of per share earnings (incorporated by reference to Note 2 of the Consolidated Financial Statements) |
| 31.1 | Rule 13a-14(a)/15d-14(a) Certification of Julie Smolyansky. |

- 31.2 Rule 13a-14(a)/15d-14(a) Certification of Edward P. Smolyansky.
- 32.1 Section 1350 Certification of Julie Smolyansky.
- 32.2 Section 1350 Certification of Edward P. Smolyansky.
- 99.1* Press Release dated August 14, 2006 Lifeway Foods Inc. Reports Second Quarter and Six Month Results.

*Previously filed.

Reports on Form 8-K

Incorporated herein by reference to the Form 8-K filed with the Commission on April 4, 2006 (File No. 000-17363).

Incorporated herein by reference to the Form 8-K filed with the Commission on April 6, 2006 (File No. 000-17363).

Incorporated herein by reference to the Form 8-K filed with the Commission on May 5, 2006 (File No. 000-17363).

Incorporated herein by reference to the Form 8-K filed with the Commission on June 20, 2006 (File No. 000-17363).

SIGNATURE

In accordance with the requirements of the Exchange Act, the Company caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

Date: May 14, 2007

LIFEWAY FOODS, INC.

By: /s/ Julie Smolyansky

Julie Smolyansky
Chief Executive Officer, President, and
Director

/s/ Edward P. Smolyansky

Chief Financial and Accounting Officer
And Treasurer

20

EXHIBIT INDEX

| Exhibit Number | Description |
|-------------------|---|
| 31.1 | Rule 13a-14(a)/15d-14(a) Certification of Julie Smolyansky. |
| 31.2 | Rule 13a-14(a)/15d-14(a) Certification of Edward P. Smolyansky. |
| 32.1 | Section 1350 Certification of Julie Smolyansky. |
| 32.2 | Section 1350 Certification of Edward P. Smolyansky. |