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Form 4	0.0 <i>×</i>										
March 16, 2											
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								OMMISSION	OMB OMB Number:	PROVAL 3235-0287	
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). StateMent of Changes in Benef Section 16 (a) of the Securit Section 16 (b). Filed pursuant to Section 16(a) of the Securit Section 17(a) of the Public Utility Holding Con 30(h) of the Investment Compan					NEFICIAL OWNERSHIP OF ES Estimated averaburden hours per curities Exchange Act of 1934, Company Act of 1935 or Section						
(Print or Type	Responses)										
STANLEY RONALD G Symbol				r Name and STAR SY			-	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First) (Middle)	3. Date of	f Earliest Tr	ansaction			(Check	all applicable)	
				Day/Year) 005				Director 10% Owner X Officer (give title Other (specify below)			
	(Street) 4. If Ame Filed(Mor				ate Original						
JACKSON	VILLE, FL 3222	4						Form filed by M Person			
(City)	(State)	(Zip)	Tab	le I - Non-D	Derivative S	Securi	ties Acqu	uired, Disposed of,	or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)			4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5) (A)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code V	Amount	or (D)	Price	(Instr. 3 and 4)			
Common Stock	03/14/2005			S	2,350	D	\$ 37.02	28,146	D		
Common Stock	03/15/2005			S	12,650	D	\$ 37.02	15,496	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Amou Unde Secur	le and unt of rlying rities . 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
STANLEY RONALD G 13410 SUTTON PARK DRIVE SOUTH JACKSONVILLE, FL 32224			President - Landstar Express				
Signatures							
Populd C							

Ronald G 03/16/2005 Stanley

<u>**</u>Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.