AVISTA CORP Form 4 January 11, 2017

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * MEYER DAVID J		Symbol	2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]				5. Relationship of Reporting Person(s) to Issuer			
(Last) 1411 E MISSI	(First) (Midd	(Month/Day	3. Date of Earliest Transaction (Month/Day/Year) 01/09/2017				(Check all applicable) Director 10% Owner _X_ Officer (give title Other (specify below) Vice President			
SPOKANE, V	(Street)	4. If Amend Filed(Month)		Original		A	. Individual or Joi pplicable Line) X_ Form filed by Oo Form filed by Mo	ne Reporting Pe	rson	
		>				P	erson			
(City)	(State) (Zij	Table				•	red, Disposed of,		•	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year) 2A. Deemed Execution Date, if any (Month/Day/Year)		3. 4. Securities Acquired Transaction(A) or Disposed of (D Code (Instr. 3, 4 and 5) (Instr. 8) (A) or			ed of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common			Code V	Amount	(D)	Price	(Ilisti. 3 and 4)			
Stock - Performance Shares	01/09/2017		M	3,749	A	(1)	6,111	D		
Common Stock - Performance Shares	01/09/2017		F	1,104 (2)	D	\$ 39.02	5,007	D		
Common Stock held in 401(k) Plan							476.8295	I	held by Trustee	

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Common Stock held in IRA at DA Davidson	1,142	I	held by broker
Common Stock held in Executive Deferral Plan	2,751.7022	I	held by Trustee

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number on Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Conversion of 2014 Performance Shares	<u>(1)</u>	01/09/2017		M	3,150	<u>(1)</u>	<u>(1)</u>	Common Stock	3,150

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
MEYER DAVID J 1411 E MISSION AVE			Vice President				
SPOKANE, WA 99202							

Signatures

/s/David J. 01/11/2017 Meyer

Date

Reporting Owners 2

**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Each performance share represents a contingent right to receive a share of Avista Common Stock upon achieving a specified performance measure.
- (2) Shares withheld to pay income tax on Performance Shares acquired 1/09/17.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Signatures 3