MFA FINANCIAL, INC.

Form 4

December 11, 2014

FORM 4

Check this box

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB

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if no longer subject to Section 16. Form 4 or

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

12/09/2014

Stock

1. Name and A Knutson Cra	address of Reporting Person ** aig L	2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer				
		MFA FINANCIAL, INC. [MFA]	(Check all applicable)				
(Last)	(First) (Middle)	3. Date of Earliest Transaction					
		(Month/Day/Year)	Director 10% Owner				
C/O MFA F	FINANCIAL, INC., 350	12/09/2014	_X_ Officer (give title Other (specify				
	ENUE, 20TH FLOOR		below) below)				
17 IKIX 71 V L	201111 LOOK		President & COO				
	(Street)	4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check				
		Filed(Month/Day/Year)	Applicable Line)				
			X Form filed by One Reporting Person				
NEW YORI	K,, NY 10022		Form filed by More than One Reporting				

(City)	(State)	(Zip) Tabl	e I - Non-I	Derivative S	ecuriti	ies Acqu	iired, Disposed of	, or Beneficiall	y Owned
1.Title of Security	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if	3. Transactio	4. Securitie on(A) or Disp			5. Amount of Securities	6. Ownership	7. Nature of Indirect
(Instr. 3)		any	Code	(Instr. 3, 4	and 5)		Beneficially	Form: Direct	Beneficial
		(Month/Day/Year)	(Instr. 8)				Owned	(D) or	Ownership
							Following	Indirect (I)	(Instr. 4)
					(A)		Reported	(Instr. 4)	
					(A)		Transaction(s)		
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)		
Common Stock	12/09/2014		A	118,879 (1)	A	\$0	473,265	D	
Common	12/00/2014		E	61,308	Ъ	\$	411.057	D	

(2)

D

8.33

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

F

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411,957

D

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

	1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Titl	e and	8. Price of	9
	Derivative	Conversion	(Month/Day/Year)	Execution Date, if	ate, if TransactionNumber		Expiration Date A		Amou	nt of	Derivative	J
	Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	lying	Security	,
	(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securi	ities	(Instr. 5)]
		Derivative				Securities		(Instr.	3 and 4)		(
		Security				Acquired]
·						(A) or						J
						Disposed						-
						of (D)						(
						(Instr. 3,						
						4, and 5)						
										Amount		
										or		
								Expiration Date	Title N	Number		
										of		
					Code V	(A) (D)				Shares		
					Couc v	$(\Lambda)(D)$				Shares		

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Knutson Craig L C/O MFA FINANCIAL, INC. 350 PARK AVENUE, 20TH FLOOR NEW YORK,, NY 10022

President & COO

9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

Signatures

/s/Craig L. 12/11/2014 Knutson

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The shares acquired by the Reporting Person were received as a portion of the Reporting Person's annual incentive compensation and are (1) fully vested as of the date of grant. The net shares acquired (i.e., net of the surrender of a portion of the shares acquired in order to satisfy tax obligations) are subject to a three-year holding period and may not be sold or otherwise transferred prior to December 9, 2017.
- (2) The reported disposition represents the surrender of shares to satisfy tax obligations arising from the receipt by the Reporting Person of the shares described in Note 1.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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