WENDYS INTERNATIONAL INC

Form 4

August 17, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL

Number: 3235-0287

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Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

may continue.

See Instruction

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person ** KELLER THOMAS F	2. Issuer Name and Ticker or Trading Symbol WENDYS INTERNATIONAL INC [WEN]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last) (First) (Middle) WENDY'S INTERNATIONAL, INC., P. O. BOX 256	3. Date of Earliest Transaction (Month/Day/Year) 08/16/2005	X Director 10% Owner Officer (give title below) Other (specify below)		
(Street) DUBLIN, OH 43017-0256	4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		

(Ci	ty)	(State)	(Zip) Tabl	e I - Non-I	Derivative	Secui	rities Acqu	ired, Disposed of	, or Beneficiall	y Owned
1.Title of Security (Instr. 3	7	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)		5. Amount of 6. Securities Ownership Beneficially Form: Direct Owned (D) or Following Indirect (I)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(Instr. 4)	
Comm Stock	ion	08/16/2005		M	275	A	\$ 17.375	7,929	D	
Comm Stock	ion	08/16/2005		M	275	A	\$ 17.375	8,204	D	
Comm Stock	ion	08/16/2005		M	275	A	\$ 17.375	8,479	D	
Comm Stock		08/16/2005		M	275 (2)	A	\$ 17.375	8,754	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount o Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
OPTION (RIGHT TO PURCHASE)	\$ 17.375	08/16/2005		M	275	08/01/1997	07/31/2006	Common Stock	275
OPTION (RIGHT TO PURCHASE)	\$ 17.375	08/16/2005		M	275	08/01/1998	07/31/2006	Common Stock	275
OPTION (RIGHT TO PURCHASE)	\$ 17.375	08/16/2005		M	275	08/01/1999	07/31/2006	Common Stock	275
OPTION (RIGHT TO PURCHASE)	\$ 17.375	08/16/2005		M	275	08/01/2000	07/31/2006	Common Stock	275

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
KELLER THOMAS F						
WENDY'S INTERNATIONAL, INC.	X					
P. O. BOX 256	Λ					
DUBLIN, OH 43017-0256						

Signatures

DANA KLEIN,

ATTORNEY-IN-FACT 08/17/2005

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Deletionshins

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) SHARES SHOWN ON TABLE 1 INCLUDE SHARES ACQUIRED PURSUANT TO THE DIVIDEND REINVESTMENT PROVISIONS OF A RESTRICTED STOCK AWARD MADE UNDER THE ISSUER'S 2003 STOCK INCENTIVE PLAN.
- (2) TOTAL SHARES BENEFICIALLY OWNED INCREASED BY 1,100 SHARES.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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