Edgar Filing: CAVANNA ANTHONY J - Form 4

Form 4	ANTHONY J								
November 1								OMB A	PPROVAL
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549									3235-0287
Check th		vva	snington,	D.C. 20	549			Number: Expires:	January 31,
if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction Set In BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940							e Act of 1934, 1935 or Section	Estimated a burden hou response	0
1(b). (Print or Type l	Responses)								
	Address of Reporting F A ANTHONY J	Symbol	r Name and CO INC ['		Tradi	ng	5. Relationship of Issuer		
(Last)	(First) (M		f Earliest Tr	ansaction			(Check	k all applicable	e)
160 EXETE	ER DRIVE	(Month/I 11/17/2	-				X Director Officer (give below)		o Owner er (specify
WINCHES	(Street) TER, VA 22603-8	Filed(Mo	endment, Da nth/Day/Year	-	1		6. Individual or Jo Applicable Line) _X_ Form filed by O Form filed by M Person	one Reporting Pe	erson
(City)	(State)	(Zip) Tab	le I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired re, if Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Common Stock	11/17/2004	11/17/2004	Code V S	Amount	(D) D	Price \$ 45.48	1,437,188	D	
Common Stock	11/17/2004	11/17/2004	S	100	D	\$ 45.5	1,437,088	D	
Common Stock	11/17/2004	11/17/2004	S	100	D	\$ 45.51	1,436,988	D	
Common Stock	11/17/2004	11/17/2004	S	100	D	\$ 45.57	1,436,888	D	
Common Stock	11/17/2004	11/17/2004	S	300	D	\$ 45.59	1,436,588	D	
	11/17/2004	11/17/2004	S	100	D	\$456	1.436.488	D	

Common Stock								
Common Stock	11/17/2004	11/17/2004	S	287	D	\$ 45.63	1,436,201	D
Common Stock	11/17/2004	11/17/2004	S	200	D	\$ 45.64	1,436,001	D
Common Stock	11/17/2004	11/17/2004	S	100	D	\$ 45.65	1,435,901	D
Common Stock	11/17/2004	11/17/2004	S	100	D	\$ 45.66	1,435,801	D
Common Stock	11/17/2004	11/17/2004	S	100	D	\$ 45.67	1,435,701	D
Common Stock	11/17/2004	11/17/2004	S	100	D	\$ 45.98	1,435,601	D
Common Stock	11/17/2004	11/17/2004	S	100	D	\$ 46.09	1,435,501	D
Common Stock	11/17/2004	11/17/2004	S	100	D	\$ 46.13	1,435,401	D
Common Stock	11/17/2004	11/17/2004	S	100	D	\$ 46.15	1,435,301	D
Common Stock	11/17/2004	11/17/2004	S	100	D	\$ 46.22	1,435,201	D
Common Stock	11/17/2004	11/17/2004	S	100	D	\$ 46.23	1,435,101	D
Common Stock	11/17/2004	11/17/2004	S	300	D	\$ 46.24	1,434,801	D
Common Stock	11/17/2004	11/17/2004	S	100	D	\$ 46.25	1,434,701	D
Common Stock	11/17/2004	11/17/2004	S	100	D	\$ 46.26	1,434,601	D
Common Stock	11/17/2004	11/17/2004	S	100	D	\$ 46.27	1,434,501	D
Common Stock	11/17/2004	11/17/2004	S	200	D	\$ 46.28	1,434,301	D
Common Stock	11/17/2004	11/17/2004	S	100	D	\$ 46.29	1,434,201	D
Common Stock	11/17/2004	11/17/2004	S	100	D	\$ 46.31	1,434,101	D
Common Stock	11/17/2004	11/17/2004	S	200	D	\$ 46.32	1,433,901	D
	11/17/2004	11/17/2004	S	100	D		1,433,801	D

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Common Stock						\$ 46.33		
Common Stock	11/17/2004	11/17/2004	S	100	D	\$ 46.34	1,433,701	D
Common Stock	11/17/2004	11/17/2004	S	100	D	\$ 46.37	1,433,601	D
Common Stock	11/17/2004	11/17/2004	S	100	D	\$ 46.43	1,433,501	D
Common Stock	11/18/2004(1)	11/17/2004	S	100	D	\$ 46.21	1,433,401	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Secur	unt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Relationships

Х

10% Owner Officer Other

Reporting Owners

Reporting Owner Name / Address Director CAVANNA ANTHONY J

160 EXETER DRIVE WINCHESTER, VA 22603-8605

Signatures

Lynn E. MacDonald 11/18/2004

Reporting Owners

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<u>**</u>Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Additional transactions by the reporting person for this date are being reported on a separate Form 4.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.