

GNC HOLDINGS, INC.  
Form 4  
December 04, 2013

**FORM 4**

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549**

OMB APPROVAL

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**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
Nuzzo Michael  
  
(Last) (First) (Middle)  
  
C/O GNC HOLDINGS, INC., 300  
SIXTH AVENUE  
  
(Street)  
  
PITTSBURGH, PA 15222  
  
(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol  
GNC HOLDINGS, INC. [GNC]  
  
3. Date of Earliest Transaction  
(Month/Day/Year)  
12/02/2013  
  
4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer  
  
(Check all applicable)  
  
 Director  10% Owner  
 Officer (give title below)  Other (specify below)  
EVP & Chief Financial Officer  
  
6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
				(A) or (D)	Price			
				Code	V	Amount		
Class A Common Stock, par value \$0.001 ("Common Stock")	12/02/2013		M	20,000	A	\$ 7.7	46,652	D
Common Stock	12/02/2013		M	20,000	A	\$ 11.55	66,652	D
Common Stock	09/03/2013		S	40,000	D	\$ 59.692	26,652	D



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issuer, any security holder of the issuer or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth above.

- (2) Option granted on October 21, 2008. This option, originally representing the right to purchase 150,000 shares of Common Stock (a portion of which was previously exercised), vests in five equal installments on October 21, 2009, 2010, 2011, 2012 and 2013.
- (3) Option granted on October 21, 2008. This option, originally representing the right to purchase 150,000 shares of Common Stock (a portion of which was previously exercised), vests in five equal installments on October 21, 2009, 2010, 2011, 2012 and 2013.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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