## Edgar Filing: GOSTOMSKI MICHAEL M - Form 4

GOSTOMSKI N Form 4 February 14, 20										
FORM 4	4 UNITED S		JRITIES A ashington,			IGE (	COMMISSION		PPROVAL 3235-0287	
Subject to Section 16. Form 4 or			F CHANGES IN BENEFICIAL OWNERSHI SECURITIES					Expires: Estimated burden hou response	ours per	
Form 5 obligations may continue <i>See</i> Instruction 1(b).	e. Section 17(a	uant to Section ) of the Public 30(h) of the	Utility Hold	ding Com	pany	Act of	f 1935 or Sectio	n		
(Print or Type Resp	oonses)									
GOSTOMSKI MICHAEL M Symbol			suer Name <b>and</b> Ticker or Trading ol TENAL CO [FAST]				5. Relationship of Reporting Person(s) to Issuer			
(Last)		3. Date of Earliest Transaction				(Check all applicable)				
			h/Day/Year)				X_ Director 10% Owner Officer (give title Other (specify below) below)			
			Amendment, Date Original d(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
WINONA, MN	1 55987						Form filed by I Person	More than One R	eporting	
(City)	(State) (2	Zip) Ta	ble I - Non-E	Derivative S	ecurit	ies Acq	uired, Disposed o	f, or Beneficia	lly Owned	
	any		med 3. on Date, if Transactio Code Day/Year) (Instr. 8)		sposed 4 and 5	of	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
			Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)			
Common 11 Stock	1/29/2005		G V	90,000	D	\$0	294,300 (1) (2) (3)	I	Held by the revocable living trust of the reporting persons spouse	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

(9-02)

## Edgar Filing: GOSTOMSKI MICHAEL M - Form 4

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Unde Secur	unt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

## **Reporting Owners**

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
GOSTOMSKI MICHAEL M 1666 VALLEY VIEW DRIVE WINONA, MN 55987	Х						
Signatures							
/s/ John Milek, Attorney-in-Fact	02/	14/2006					
**Signature of Reporting Person	]	Date					
Explanation of Posponoos							

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) An additional 498904 shares of issuers common stock are held by the reporting persons revocable living trust. The reporting person disclaims beneficial ownership of these shares.
- (2) The reporting person directly owns an additional 680 shares of issuers common stock.
- (3) The reporting persons spouse owns an additional 680 shares of issuers common stock. The reporting person disclaims beneficial ownership of the shares listed in this footnote.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.