

Erstad Richard G
Form 4
August 08, 2012

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
Erstad Richard G

2. Issuer Name and Ticker or Trading Symbol
HAWKINS INC [HWKN]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
3100 EAST HENNEPIN AVENUE

(Street)

3. Date of Earliest Transaction (Month/Day/Year)
08/06/2012

____ Director _____ 10% Owner
 Officer (give title below) _____ Other (specify below)
VP, General Counsel & Sec

MINNEAPOLIS, MN 55413

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
____ Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
			Code	V	Amount	(D)	Price
Common Stock	08/06/2012		M		9,333	A	\$ 19.9
							20,553
Common Stock	08/06/2012		S		4,913	D	\$ 38.6339
							(1)
Common Stock	08/07/2012		S		4,420	D	\$ 37.4072
							(2)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Amount or Number of Shares
Stock Option (right to buy)	\$ 19.9	08/06/2012		M	9,333	06/10/2012 06/10/2019	Common Stock	9,333

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Erstad Richard G 3100 EAST HENNEPIN AVENUE MINNEAPOLIS, MN 55413			VP, General Counsel & Sec	

Signatures

/s/ Joshua L. Colburn,
Attorney-in-Fact

08/08/2012

__Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Reflects the weighted average price of 4,913 shares of common stock of the Issuer sold by reporting person in multiple transactions on August 6, 2012 with the sale prices ranging from \$38.50 to \$39.59 per share. The reporting person undertakes to provide upon request by the U.S. Securities Exchange Commission staff, the Issuer, or a securityholder of the Issuer, full information regarding the number of shares sold at each separate price.

(2) Reflects the weighted average price of 4,420 shares of common stock of the Issuer sold by reporting person in multiple transactions on August 7, 2012 with the sale prices ranging from \$37.25 to \$38.6711 per share. The reporting person undertakes to provide upon request by the U.S. Securities Exchange Commission staff, the Issuer, or a securityholder of the Issuer, full information regarding the number of shares sold at each separate price.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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