CAPITAL ONE FINANCIAL CORP

Form 4

February 05, 2008

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

2. Issuer Name and Ticker or Trading

Washington, D.C. 20549

if no longer subject to Section 16. Form 4 or

Check this box

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

Symbol

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

FAIRBANK RICHARD D

CAPI			CAPITA [COF]	CAPITAL ONE FINANCIAL CORP				(Check all applicable)			
(Month/I			of Earliest Transaction Day/Year)				_X_ Director 10% OwnerX_ Officer (give title Other (specify below) below)				
1680 CAPI	ΓAL ONE DRI	VE	02/04/2	008				Chairman, CEO and President			
	(Street)			nendment, Date Original onth/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
MCLEAN,	VA 22102							Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Tabl	le I - Non-D	erivative S	Securi	ties Acqu	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year) 2A. Deemed Execution Date, if any (Month/Day/Year)			3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)				Securities Ownership Index Beneficially Form: Direct Ber Owned (D) or Ow	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code V	Amount	or (D)	Price	(Instr. 3 and 4)			
Common Stock (1)	02/04/2008			M	14,634	A	\$ 33.77	2,465,696	D		
Common Stock (1)	02/04/2008			S	100	D	\$ 52.24	2,465,596	D		
Common Stock (1)	02/04/2008			S	100	D	\$ 52.41	2,465,496	D		
Common Stock (1)	02/04/2008			S	200	D	\$ 52.45	2,465,296	D		
Common Stock (1)	02/04/2008			S	200	D	\$ 52.47	2,465,096	D		

OMB APPROVAL

3235-0287

January 31,

2005

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response...

5. Relationship of Reporting Person(s) to

Issuer

Estimated average

burden hours per

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Common Stock (1)	02/04/2008	S	100	D	\$ 52.52	2,464,996	D
Common Stock (1)	02/04/2008	S	100	D	\$ 52.58	2,464,896	D
Common Stock (1)	02/04/2008	S	100	D	\$ 52.63	2,464,796	D
Common Stock (1)	02/04/2008	S	100	D	\$ 52.65	2,464,696	D
Common Stock (1)	02/04/2008	S	100	D	\$ 52.67	2,464,596	D
Common Stock (1)	02/04/2008	S	200	D	\$ 52.68	2,464,396	D
Common Stock (1)	02/04/2008	S	200	D	\$ 52.69	2,464,196	D
Common Stock (1)	02/04/2008	S	334	D	\$ 52.7	2,463,862	D
Common Stock (1)	02/04/2008	S	100	D	\$ 52.71	2,463,762	D
Common Stock (1)	02/04/2008	S	200	D	\$ 52.73	2,463,562	D
Common Stock (1)	02/04/2008	S	200	D	\$ 52.74	2,463,362	D
Common Stock (1)	02/04/2008	S	200	D	\$ 52.76	2,463,162	D
Common Stock (1)	02/04/2008	S	200	D	\$ 52.77	2,462,962	D
Common Stock (1)	02/04/2008	S	200	D	\$ 52.78	2,462,762	D
Common Stock (1)	02/04/2008	S	400	D	\$ 52.79	2,462,362	D
Common Stock (1)	02/04/2008	S	300	D	\$ 52.8	2,462,062	D
Common Stock (1)	02/04/2008	S	200	D	\$ 52.81	2,461,862	D
Common Stock (1)	02/04/2008	S	200	D	\$ 52.82	2,461,662	D
Common Stock (1)	02/04/2008	S	100	D	\$ 52.83	2,461,562	D
Common Stock (1)	02/04/2008	S	200	D	\$ 52.84	2,461,362	D
	02/04/2008	S	200	D		2,461,162	D

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Common Stock (1)					\$ 52.85			
Common Stock (1)	02/04/2008	S	200	D	\$ 52.86	2,460,962	D	
Common Stock (1)	02/04/2008	S	300	D	\$ 52.87	2,460,662	D	
Common Stock						107,502	I	By Fairbank Morris

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	TransactiorDerivative Code Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Employee Stock Option (Right to Buy)	\$ 33.77	02/04/2008		M	14,634	(2)	06/10/2008	COF	14,634	•

Reporting Owners

Reporting Owner Name / Address	Kelationships							
2	Director	10% Owner	Officer	Other				
FAIRBANK RICHARD D			Chairman,					
1680 CAPITAL ONE DRIVE	X		CEO and					
MCLEAN, VA 22102			President					

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Signatures

/s/ Tangela S. Richter (POA) on file for Richard D. Fairbank

02/05/2008

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- This transaction was executed pursuant to a trading plan entered into by the Reporting Person on February 1, 2007, in accordance with Rule 10b5-1 under the Securities Exchange Act of 1934, as amended.
- This option was subject to and received stockholder approval on April 29, 1999, and the performance-based vesting criteria of the option was satisfied on September 11, 2000, the date on which the fair market value of the common stock reached and remained at or above \$58.33 for at least ten trading days in any 30 calendar-day period. This requirement had to be satisfied on or before June 11, 2001.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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