CAPITAL ONE FINANCIAL CORP

Form 4 April 10, 2008

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

OMB APPROVAL

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005 Estimated average

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

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burden hours per response... 0.5

5 Relationship of Reporting Person(s) to

See Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

FAIRBANK RICHARD D			2. Issuer Name and Ticker or Trading Symbol						5. Relationship of Reporting Person(s) to Issuer			
			CAPITA [COF]	CAPITAL ONE FINANCIAL CORP [COF]					(Check all applicable)			
				3. Date of Earliest Transaction (Month/Day/Year)					_X_ Director 10% OwnerX_ Officer (give title Other (specify			
1680 CAPITAL ONE DRIVE			04/08/2008						below) Chairman, CEO and President			
	(Street)		4. If Ame			_	l		6. Individual or Joint/Group Filing(Check			
			Filed(Mon	ith/Day/`	Year))			Applicable Line) _X_ Form filed by One Reporting Person			
MCLEAN, V	VA 22102								Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Tabl	e I - No	n-D	erivative	Secur	ities Acq	uired, Disposed o	f, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)	Fransaction Date 2A. Deemed onth/Day/Year) Execution Date, if any (Month/Day/Year)		Code (Instr. 3, 4 and 5) r) (Instr. 8) (A)				d of (D)	Owned Indirect (I) Ov			
				Code	V	Amount	or (D)	Price	(Instr. 3 and 4)			
Common Stock (1) (2)	04/08/2008			S		300	D	\$ 53.31	2,457,103	D		
Common Stock (1)	04/08/2008			S		100	D	\$ 53.32	2,457,003	D		
Common Stock (1)	04/08/2008			S		200	D	\$ 53.33	2,456,803	D		
Common Stock (1)	04/08/2008			S		200	D	\$ 53.34	2,456,603	D		
Common Stock (1)	04/08/2008			S		100	D	\$ 53.35	2,456,503	D		

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Common Stock (1)	04/08/2008	S	200	D	\$ 53.36	2,456,303	D
Common Stock (1)	04/08/2008	S	100	D	\$ 53.39	2,456,203	D
Common Stock (1)	04/08/2008	S	200	D	\$ 53.4	2,456,003	D
Common Stock (1)	04/08/2008	S	200	D	\$ 53.41	2,455,803	D
Common Stock (1)	04/08/2008	S	300	D	\$ 53.42	2,455,503	D
Common Stock (1)	04/08/2008	S	200	D	\$ 53.43	2,455,303	D
Common Stock (1)	04/08/2008	S	200	D	\$ 53.44	2,455,103	D
Common Stock (1)	04/08/2008	S	100	D	\$ 53.45	2,455,003	D
Common Stock (1)	04/08/2008	S	100	D	\$ 53.46	2,454,903	D
Common Stock (1)	04/08/2008	S	634	D	\$ 53.47	2,454,269	D
Common Stock (1)	04/08/2008	S	500	D	\$ 53.48	2,453,769	D
Common Stock (1)	04/08/2008	S	100	D	\$ 53.5	2,453,669	D
Common Stock (1)	04/08/2008	S	200	D	\$ 53.5	2,453,469	D
Common Stock (1)	04/08/2008	S	100	D	\$ 53.51	2,453,369	D
Common Stock (1)	04/08/2008	S	100	D	\$ 53.52	2,453,269	D
Common Stock (1)	04/08/2008	S	200	D	\$ 53.54	2,453,069	D
Common Stock (1)	04/08/2008	S	100	D	\$ 53.57	2,452,969	D
Common Stock (1)	04/08/2008	S	300	D	\$ 53.58	2,452,669	D
Common Stock (1)	04/08/2008	S	100	D	\$ 53.59	2,452,569	D
Common Stock (1)	04/08/2008	S	100	D	\$ 53.64	2,452,469	D
	04/08/2008	S	100	D		2,452,369	D

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Common Stock (1)					\$ 53.66			
Common Stock (1)	04/08/2008	S	100	D	\$ 53.67	2,452,269	D	
Common Stock (1)	04/08/2008	S	100	D	\$ 53.68	2,452,169	D	
Common Stock (1)	04/08/2008	S	200	D	\$ 53.69	2,451,969	D	
Common Stock						107,502	I	By Fairbank Morris

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3,	:	ate	7. Titl Amou Under Secur (Instr.	int of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
			Code V	4, and 5)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships							
. 8	Director	10% Owner	Officer	Other				
FAIRBANK RICHARD D			Chairman,					
1680 CAPITAL ONE DRIVE	X		CEO and					
MCLEAN, VA 22102			President					

Reporting Owners 3

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Signatures

/s/ Jean K. Traub (POA) on file for Richard D. Fairbank

04/10/2008

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This transaction was executed pursuant to a trading plan entered into by the Reporting Person on February 1, 2007, in accordance with Rule 10b5-1 under the Securities Exchange Act of 1934, as amended.
- (2) Due to SEC rules limiting the number of non-derivative transactions that can be reported on a single Form 4, this Form 4 is a continuation of the Form 4 filed for the same date listed above.

Remarks:

"Form 3 of 4"

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Signatures 4