

RYANAIR HOLDINGS PLC  
Form 6-K  
November 03, 2010

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 6-K

Report of Foreign Private Issuer

Pursuant to Rule 13a-16 or 15d-16  
of the Securities Exchange Act of 1934

For the month of November, 2010

RYANAIR HOLDINGS PLC  
(Translation of registrant's name into English)

c/o Ryanair Ltd Corporate Head Office  
Dublin Airport  
County Dublin Ireland  
(Address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual  
reports under cover Form 20-F or Form 40-F.

Form 20-F..X.. Form 40-F.....

Indicate by check mark whether the registrant by furnishing the information  
contained in this Form is also thereby furnishing the information to the  
Commission pursuant to Rule 12g3-2(b) under the Securities Exchange  
Act of 1934.

Yes ..... No ..X..

If "Yes" is marked, indicate below the file number assigned to the registrant  
in connection with Rule 12g3-2(b): 82- \_\_\_\_\_



RYANAIR'S OCTOBER TRAFFIC GROWS 14%

Ryanair's booked passenger and load factor statistics for October 2010 are as follows:

	Oct 09	Oct 10	Increase	12 mth to Oct 10*
Passengers (m) 1	6.2M	7.0M	+14%	72.5M
Load Factor 2	85%	85%	0%	82%

1. Represents the number of booked seats sold by Ryanair.

2. Represents the number of passengers as a percentage of total seats available.

\*Year to date booked passenger figures include up to 1.45M passengers who were booked to fly on flights which were cancelled due to the unnecessary closures of EU airspace during the volcanic eruptions in Iceland in April and May 2010.

ENDS.

3rd November 2010

Ends:

For further info:

For further information:

Stephen McNamara - Ryanair

Joe Carmody - Edelman

Tel: 00 353 1 812 1212

Tel: 00 353 1 678 9333

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned, hereunto duly authorized.

RYANAIR HOLDINGS PLC

Date: 03 November 2010

By: \_\_\_/s/ Juliusz Komorek\_\_\_

Juliusz Komorek  
Company Secretary