

RYANAIR HOLDINGS PLC
Form 6-K
November 05, 2010

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 6-K

Report of Foreign Private Issuer

Pursuant to Rule 13a-16 or 15d-16
of the Securities Exchange Act of 1934

For the month of November, 2010

RYANAIR HOLDINGS PLC
(Translation of registrant's name into English)

c/o Ryanair Ltd Corporate Head Office
Dublin Airport
County Dublin Ireland
(Address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual
reports under cover Form 20-F or Form 40-F.

Form 20-F..X.. Form 40-F.....

Indicate by check mark whether the registrant by furnishing the information
contained in this Form is also thereby furnishing the information to the
Commission pursuant to Rule 12g3-2(b) under the Securities Exchange
Act of 1934.

Yes No ..X..

If "Yes" is marked, indicate below the file number assigned to the registrant
in connection with Rule 12g3-2(b): 82- _____

ANNUAL INFORMATION UPDATE (AIU)

FOR RYANAIR HOLDINGS PLC

In compliance with

Part 11 of the Prospectus (Directive 2003/71/EC) Regulations 2005 (S.I. No. 324 of 2005)

1. Introduction

Ryanair Holdings Plc published its Annual Report on the 22 July 2010 and is submitting its AIU to the Exchange as required under Part 11 of the Prospectus (Directive 2003/71/EC) Regulations 2005 (S.I. No. 324 of 2005). We are also publishing the AIU via an RIS today and making it available in the Investor Section of our website, www.ryanair.com.

2. Chronological list of Announcements and Filings

The following is a list of all announcements and filings of a regulatory nature, i.e., as prescribed by the rules of the markets on which the securities are admitted to trading, in the previous 12 months together with the date of the release.

This includes all announcements and filings made under the rules of the ISE, the UKLA and the NASDAQ markets. This also includes all Companies Registration office ('CRO') filings during the period, which are listed separately from the market filings.

ISE/UKLA/NASDAQ FILINGS

| Date | Announcement |
|------------|--|
| 31/08/2010 | Total Voting Rights |
| 31/08/2010 | Ryanair to close Belfast City base |
| 27/08/2010 | Holding(s) in Company Ryanair's Traffic Grows 13% In July To Record 7.6M |
| 04/08/2010 | Total Voting Rights |
| 03/08/2010 | Holding(s) in Company |
| 30/07/2010 | Holding in Company |
| 29/07/2010 | Dutch Court Bans Wegolo Selling Ryanair Flights |
| 27/07/2010 | Director/PDMR Shareholding |
| 27/07/2010 | Director/PDMR Shareholding |
| 26/07/2010 | Director/PDMR Shareholding |
| 23/07/2010 | Annual Report on Form 20-F |
| 22/07/2010 | Availability of Annual Report |
| 22/07/2010 | Ryanair Announces 44th Base at Seville |
| 20/07/2010 | First Quarter Results |
| 19/07/2010 | Holding in Company |
| 16/07/2010 | Monthly Record Smashed with 7M Passengers |
| 08/07/2010 | Ryanair Cuts Dublin Winter Capacity by 15% |
| 06/07/2010 | Ryanair Response to EU Court Ruling |
| 05/07/2010 | Ryanair's June Traffic Grows 15% |
| 30/06/2010 | Total Voting Rights |

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|------------|---|
| 29/06/2010 | Holding in Company |
| 29/06/2010 | Ryanair Cuts UK Winter Capacity by 16% |
| 23/06/2010 | Holding in Company |
| 23/06/2010 | Ryanair Launches Base at Valencia |
| 22/06/2010 | Ryanair Opens Malaga Base |
| 21/06/2010 | Correction - Director/PDMR Shareholding |
| 17/06/2010 | Statement in Advance of Aer Lingus AGM |
| 11/06/2010 | Director/PDMR Shareholding |
| 11/06/2010 | Holding(s) in Company |
| 10/06/2010 | 5 New Routes from Bologna |
| 09/06/2010 | Two New Routes from Dusseldorf (Weeze) |
| 03/06/2010 | Holding in Company |
| 03/06/2010 | Director Declaration |
| 03/06/2010 | Director Declaration |
| 03/06/2010 | Ryanair's May Traffic Grows 17% |
| 01/06/2010 | Full Year Results |
| 01/06/2010 | Total Voting Rights |
| | Ryanair Appoints Two New Non Executive |
| 28/05/2010 | Directors |
| | Welcomes Swedish Court Decision on |
| 26/05/2010 | Compensation |
| 26/05/2010 | Ryanair Announces 42nd Base at Barcelona El Prat |
| 25/05/2010 | Ryanair No 1 Customer Service Stats - April 2010 |
| 20/05/2010 | EUR25M Maintenance Facility in Frankfurt Hahn |
| 20/05/2010 | Ryanair Reject False Claims re Marseille Operations |
| 18/05/2010 | Ryanair dismisses ENAC's false claims of violation |
| 06/05/2010 | Ryanair's April Traffic Grows 17% |
| 04/05/2010 | Blocklisting Interim Review |
| 30/04/2010 | Total Voting Rights |
| 27/04/2010 | Ryanair Response to EU Report on Volcanic Ash |
| 27/04/2010 | Ryanair No. 1 Customer Service Statistics Mar 2010 |
| 22/04/2010 | Holding in Company |
| 20/04/2010 | Impact of Volcanic Ash Flight Cancellations |
| 13/04/2010 | 13th Aircraft for Brussels (Charleroi) |
| 07/04/2010 | Ryanair's Traffic Grows 13% in March |
| 01/04/2010 | Ryanair Raises Full Year Profit Guidance |
| 01/04/2010 | Total Voting Rights |
| 30/03/2010 | Ryanair's Oslo Rygge Base Opens Today |
| 30/03/2010 | Ryanair Dismisses Air France's False Claims |
| 29/03/2010 | In-Flight Phone Service Temporarily On Hold |
| 25/03/2010 | Ryanair's Faro Base Opens Today |
| 25/03/2010 | Ryanair's Leeds Bradford Base Opens Today |
| 24/03/2010 | Ryanair No. 1 Customer Service Statistics Feb 2010 |
| 22/03/2010 | Holding in Company |
| 10/03/2010 | Schedule 13G |
| 04/03/2010 | Ryanair Announces 41st Base in Malta |
| 03/03/2010 | Ryanair's Traffic Grows 6% in February |
| 01/03/2010 | Total Voting Rights |
| 25/02/2010 | Condemns Competition Appeal Tribunal Decision |
| 25/02/2010 | Ryanair Launches First Routes to Greece |
| 23/02/2010 | Ryanair No. 1 Customer Service Statistics Jan 2010 |

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|------------|---|
| 23/02/2010 | Holding in Company |
| 10/02/2010 | Ryanair Announces Second £8M Prestwick Hangar |
| 09/02/2010 | Ryanair Announces 40th Base at Kaunas, Lithuania |
| 03/02/2010 | Ryanair Traffic Grows 9% in January |
| 02/02/2010 | 7 Summer Sun Routes at Cork |
| 01/02/2010 | Third Quarter Results |
| 29/01/2010 | Total Voting Rights |
| 27/01/2010 | Welcomes EC Ruling of No State Aid in Bratislava |
| 22/01/2010 | Another Victory for German Consumers |
| | 20% Cut at Dublin due to DAA Costs and Tourist Tax |
| 21/01/2010 | Ryanair Calls on Irish Govt to Scrap Tourist Tax |
| 12/01/2010 | Holding in Company |
| 07/01/2010 | Holding in Company |
| 07/01/2010 | Holding in Company |
| 07/01/2010 | Holding in Company |
| 07/01/2010 | Ryanair Restores All Italian Domestic Flights |
| 07/01/2010 | Ryanair Investor Update |
| 04/01/2010 | Total Voting Rights |
| 29/12/2009 | Holding in Company |
| 23/12/2009 | Holding in Company |
| | Ryanair Announces 4 New Routes from Bournemouth |
| 18/12/2009 | 6th Aircraft for Glasgow (Prestwick) |
| 18/12/2009 | Boeing Negotiations Terminated Unsuccessfully |
| 18/12/2009 | Ryanair Switches Shannon Routes to Kerry and Knock |
| 16/12/2009 | Ryanair Announces 39th Base at Faro |
| 16/12/2009 | Ryanair Announces 38th Base at Malaga |
| 08/12/2009 | Ryanair - 6 New Routes from Brussels (Charleroi) |
| 08/12/2009 | Ryanair Expansion at Dusseldorf (Weeze) |
| 03/12/2009 | Ryanair's Traffic Grows 15% in November |
| 03/12/2009 | Holding(s) in Company |
| 01/12/2009 | Total Voting Rights |
| 26/11/2009 | Joint Report from Aer Lingus, Ryanair and Cityjet |
| 26/11/2009 | Expansion at Bologna - 1 new aircraft, 1 new route |
| 26/11/2009 | Holding in Company |
| | Expansion at Trapani, 2 New Aircraft, 13 New Routes |
| 25/11/2009 | Ryanair Announces 37th Base at Oslo Rygge |
| 24/11/2009 | Holding(s) in Company |
| 20/11/2009 | Ryanair Customer Service Statistics October 09 |
| 19/11/2009 | New Aircraft and New Routes in UK |
| 17/11/2009 | EasyJet Can't Compete with Ryanair's Low Fares |
| 13/11/2009 | Ryanair Welcomes BA and Iberia's White Flag |
| 11/11/2009 | Holding in Company |
| 06/11/2009 | Ryanair Four Times Bigger than British Airways |
| 05/11/2009 | Holding(s) in Company |
| 03/11/2009 | Ryanair's Traffic Grows 15% in October |
| 02/11/2009 | Total Voting Rights |
| 02/11/2009 | Ryanair Half Year Results |
| 28/10/2009 | Holding in Company |

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|------------|--|
| 22/10/2009 | Holding in Company |
| 21/10/2009 | Ryanair and Shannon Discuss 75% Cuts at Base |
| 16/10/2009 | Blocklisting Return |
| 15/10/2009 | Tourist Tax - CSO Confirms Drop in Figures |
| 08/10/2009 | Response to Aer Lingus Announcement |
| 06/10/2009 | Statement re: Aer Lingus Free Flights to Directors |
| 05/10/2009 | Ryanair Position Regarding Aer Lingus |
| 05/10/2009 | Ryanair's September Traffic Grows 17% |
| 02/10/2009 | Ryanair Fuel Hedging Update |
| 01/10/2009 | Total Voting Rights |
| 24/09/2009 | Post-AGM Statement |
| 15/09/2009 | Ryanair announces 2 new bases at Bari and Brindisi |
| 03/09/2009 | Ryanair's Traffic Up 19% in August |
| 03/09/2009 | Prime Minister Socrates Launches New Porto Base |
| 02/09/2009 | STANDARD FORM TR-1 |
| 01/09/2009 | Ryanair Launches SkyEurope Rescue Fare |
| 01/09/2009 | Total Voting Rights |

COMPANIES REGISTRATION OFFICE FILINGS

| Date | Announcement |
|------------|-------------------------------------|
| 16/08/2010 | B5 Return of Allotments |
| 26/07/2010 | B5 Return of Allotments |
| 29/06/2010 | B10 Change in Director or Secretary |
| 29/06/2010 | B10 Change in Director or Secretary |
| 18/06/2010 | B5 Return of Allotments |
| 24/05/2010 | B5 Return of Allotments |
| 22/04/2010 | B5 Return of Allotments |
| 01/04/2010 | B5 Return of Allotments |
| 04/03/2010 | B5 Return of Allotments |
| 22/01/2010 | B5 Return of Allotments |
| 15/01/2010 | B5 Return of Allotments |
| 15/01/2010 | B5 Return of Allotments |
| 03/12/2009 | B5 Return of Allotments |
| 03/12/2009 | B5 Return of Allotments |
| 08/10/2009 | B1 Annual Return - General |
| 11/09/2009 | B5 Return of Allotments |

3. Availability of the full text of the announcements/filings

All announcements prescribed by and released pursuant to the Listing Rules of the Irish Stock Exchange and the Listing Rules of the UK Listing Authority will be available on the ISE website. NASDAQ filings will be available on the EDGAR website. Copies of any filings made with the CRO will be available from the CRO.

4. Accuracy of the information

The information referred to in this update was up to date at the time the information was published but some information may now be out of date.

End

For further information
Juliusz Komorek - Ryanair
00 3535 1 812 1212

Joe Carmody - Edelman
00 353 1 678 9333

05 November 2010

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned, hereunto duly authorized.

RYANAIR HOLDINGS PLC

Date: 05 November 2010

By: ___/s/ Juliusz Komorek___

Juliusz Komorek
Company Secretary