AVID TECHNOLOGY INC

Form 4

November 03, 2005

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

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5. Relationship of Reporting Person(s) to

Check this box if no longer

subject to Section 16. Form 4 or Form 5 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Form 5 Filed pursu Section 17(a)

See Instruction

1. Name and Address of Reporting Person *

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

1(b).

(Print or Type Responses)

•		Symbol	Symbol AVID TECHNOLOGY INC [AVID]				Issuer			
						NC [AVIDJ	(Chec	ck all applicable	:)
(Month/Da			Date of Earliest Transaction Month/Day/Year) 1/01/2005				Director 10% Owner Selfont (give title Other (specify below) below) VP & Chief Legal Officer			
				Amendment, Date Original (Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		
(City)	(State)	(Zip)	Tabl	e I - Non-D	D erivative	Secur	rities Acq	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction I (Month/Day/Ye	ar) Execution	emed on Date, if /Day/Year)	3. Transactic Code (Instr. 8)	(Instr. 3,	ispose 4 and (A) or	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	
Common Stock	11/01/2005			M	1,200	A	\$ 22.01	9,421	D	
Common Stock	11/01/2005			S	500	D	\$ 49.57	8,921	D	
Common Stock	11/01/2005			S	100	D	\$ 49.59	8,821	D	
Common Stock	11/01/2005			S	600	D	\$ 49.58	8,221	D	
Common Stock	11/01/2005			S	100	D	\$ 49.31	8,121	D	

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Common Stock	11/01/2005	S	300	D	\$ 49.32	7,821	D
Common Stock	11/01/2005	S	100	D	\$ 49.39	7,721	D
Common Stcok	11/01/2005	S	200	D	\$ 49.41	7,521	D
Common Stock	11/01/2005	S	100	D	\$ 49.42	7,421	D
Common Stock	11/01/2005	S	200	D	\$ 49.5	7,221	D
Common Stock	11/01/2005	S	200	D	\$ 49.52	7,021	D
Common Stock	11/01/2005	S	500	D	\$ 49.55	6,521	D
Common Stock	11/02/2005	M	2,604	A	\$ 12.8	9,125	D
Common Stock	11/02/2005	M	1,155	A	\$ 22.01	10,280	D
Common Stock	11/02/2005	S	3,059	D	\$ 52.61	7,221	D
Common Stock	11/02/2005	S	100	D	\$ 52.62	7,121	D
Common Stock	11/02/2005	S	500	D	\$ 52.63	6,621	D
Common Stock	11/02/2005	S	100	D	\$ 52.69	6,521	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

 $\label{thm:convertible} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (e.g., puts, calls, warrants, options, convertible securities) \end{tabular}$

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number	6. Date Exercisable and	7. Title and Amo
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	onof Derivative	Expiration Date	Underlying Secu
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Acquired		
	Derivative				(A) or		
	Security				Disposed of		
					(D)		
					(Instr. 3, 4,		
					and 5)		

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			Code V (A)	(D)	Date Exercisable	Expiration Date	Title	or Nu of Sh
Non-qualified Stock Optin (right to buy)	\$ 22.01	11/01/2005	M	1,200	07/10/2003	01/10/2013(1)	Common Stock	1
Incentive Stock Option (right to buy)	\$ 12.8	11/02/2005	M	2,604	10/17/2001	04/17/2011	Common Stock	2
Non-qualified Stock Options (right to buy)	\$ 22.01	11/02/2005	M	1,155	07/10/2003	01/10/2013(1)	Common Stock	1

Reporting Owners

Reporting Owner Name / Address	Kelationships				
	Director	10% Owner	Officer	Other	

JACKS ETHAN E 86 CONCORD STREET WESTON, MA 02493

VP & Chief Legal Officer

Signatures

Ethan Jacks	11/03/2005
**Signature of	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) 12.5% of the option becomes exercisable on the date listed in the "Date Exercisable" column; the remaining 87.5% becomes exercisable in 42 equal monthly installments thereafter.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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