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HIGHWOODS PROPERTIES INC Form 5 February FOF

Stock

Form J	2005										
February 11,										PPROVAL	
FORM									OMB	-	
~	UNITED STATES SECURITIES AND EXCHANGE COMMISSION								Number:	3235-0362	
Check this no longer		Was	Washington, D.C. 20549					Expires:	January 31, 2005		
Form 4 or 5 obligatio	to Section 16. Form 4 or Form 5 obligations may continue. ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES							Estimated average burden hours per response 1.			
1(b).	Filed pur oldings Section 17(a	a) of the	Public Ut		g Compa	ny A	ct of 1		n		
1. Name and A BEALE MI	Address of Reporting D CHAEL F	2. Issuer Name and Ticker or Trading Symbol HIGHWOODS PROPERTIES INC [HIW]				1	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last)	(First) (N	(Middle) 3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2004					-	Director 10% Owner X Officer (give title Other (specify below) below)			
	WOODS PROPEI 0 SMOKETREE JITE 600	RTIES,	12/51/20	JU-1				Sr.	Vice President		
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)				(6. Individual or Joint/Group Reporting (check applicable line)			
RALEIGH,	NC 27604						-	_X_ Form Filed by Form Filed by 2 Person	One Reporting P More than One R		
(City)	(State)	(Zip)	Table	e I - Non-Deri	vative Sec	uritie	s Acqui	ired, Disposed o	f, or Beneficial	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution any		3. Transaction Code (Instr. 8)	4. Securit Acquired Disposed (Instr. 3, Amount	ties (A) c of (D	or))	5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	-	
Common	Â	Â		Â	Â	Â	Â	13,148 (1)	D	Â	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

SEC 2270

(9-02)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Secur	unt of rlying	8. Price of Derivative Security (Instr. 5)	9. of D So E I So Fi (I
					(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
BEALE MICHAEL F C/O HIGHWOODS PROPERTIES, INC. 3100 SMOKETREE COURT, SUITE 600 RALEIGH, NC 27604	Â	Â	Sr. Vice President	Â			
Signatures							
Cynthia M. Latvala for, Michael F. Beale	02/11/2005						
**Signature of Reporting Person	Dat	e					

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes 471 shares acquired in 2004 through the issuer's employee stock purchase plan, and an additional 713 shares acquired through the issuer's DRIP.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.