#### HARRIS MICHAEL E

Form 4

March 07, 2011

# FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to Section 16.

Form 4 or

Form 5 obligations may continue. See Instruction

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES** 

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person \* HARRIS MICHAEL E

(Middle)

(Month/Day/Year) 03/04/2011

[HIW]

2. Issuer Name and Ticker or Trading Symbol

HIGHWOODS PROPERTIES INC

3. Date of Earliest Transaction

5. Relationship of Reporting Person(s) to

**OMB APPROVAL** 

Estimated average

burden hours per

3235-0287

January 31,

2005

0.5

**OMB** 

Number:

Expires:

response...

Issuer

(Check all applicable)

Director 10% Owner

X\_ Officer (give title Other (specify below) Executive Vice President & COO

C/O HIGHWOODS PROPERTIES. INC., 3100 SMOKETREE COURT, SUITE 600

(First)

(Last)

(Street) 4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line) \_X\_ Form filed by One Reporting Person

Form filed by More than One Reporting

Person

RALEIGH, NC 27604

(City)	(State)	(Zip) <b>Tabl</b>	e I - Non-D	Derivative (	Securi	ties Acqu	iired, Disposed of	, or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	or (D)	Price	Transaction(s) (Instr. 3 and 4)		
Common Stock	03/04/2011	03/04/2011	M	12,875	A	\$ 18.89	158,464	D	
Common Stock	03/04/2011	03/04/2001	M	6,541	A	\$ 29.05	165,005	D	
Common Stock	03/04/2011	03/04/2001	M	20,406	A	\$ 29.48	185,411	D	
Common Stock	03/04/2011	03/04/2011	M	33,606	A	\$ 32.37	219,017	D	
	03/04/2011	03/04/2011	S	73,428	D		145,589	D	

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Common	\$
Stock	34.01
	<u>(1)</u> <u>(2)</u>

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	tive Expiration Date ies (Month/Day/Year) ed (A) oosed of		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (right to buy)	\$ 18.89	03/04/2011	03/04/2011	M	12,875	(3)	02/29/2016	Common Stock	12,875
Stock Option (right to buy)	\$ 29.05	03/04/2011	03/04/2011	M	6,541	(3)	02/25/2017	Common Stock	6,541
Stock Option (right to buy)	\$ 32.37	03/04/2011	03/04/2011	M	33,606	(3)	02/28/2013	Common Stock	33,606
Stock Option (right to buy)	\$ 29.48	03/04/2011	03/04/2011	M	20,406	(3)	03/02/2015	Common Stock	20,406

# **Reporting Owners**

Reporting Owner Name / Address	Kelationships					
	Director	10% Owner	Officer	Other		

HARRIS MICHAEL E C/O HIGHWOODS PROPERTIES, INC. Executive Vice President & COO

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3100 SMOKETREE COURT, SUITE 600 RALEIGH, NC 27604

## **Signatures**

/s/ Willis B. Howard Attorney-in-fact for Michael E. Harris

03/07/2011

\*\*Signature of Reporting Person

Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents the weighted average sale price. Sale prices range from \$34.00-\$34.06
- (2) The reporting person upon request by the Commission staff, the issuer, or a security holder of the issuer, agrees to disclose full information regarding the number of shares sold at each separate price.
- (3) Options vests ratably over 4 years on March 1st of each year after the grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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