

Tulloch Mark A
Form 4
December 01, 2011

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
Tulloch Mark A

2. Issuer Name and Ticker or Trading Symbol
HealthSpring, Inc. [HS]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
9009 CAROTHERS
PARKWAY, SUITE 501

3. Date of Earliest Transaction (Month/Day/Year)
11/29/2011

____ Director _____ 10% Owner
 Officer (give title below) _____ Other (specify below)
EVP and COO

(Street)
FRANKLIN, TN 37067

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	Price	
Common Stock	11/29/2011		M		25,982	\$ 18.61	A 79,169 D
Common Stock	11/29/2011		S		25,982	\$ 54.52 (1)	D 53,187
Common Stock	11/30/2011		M		9,018	\$ 18.61	A 62,205 D
Common Stock	11/30/2011		S		9,018	\$ 54.54 (2)	D 53,187
	11/30/2011		M		12,939	\$ 19.5	A 66,126 D

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Common Stock							
Common Stock	11/30/2011	S	12,939	D	\$ 54.54 (2)	53,187	D
Common Stock	11/30/2011	M	7,162	A	\$ 15.16	60,349	D
Common Stock	11/30/2011	S	7,162	D	\$ 54.54 (2)	53,187	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (right to buy)	\$ 18.61	11/29/2011		M	25,982	(3) 07/31/2016	07/31/2016	Common Stock	25,982
Employee Stock Option (right to buy)	\$ 18.61	11/30/2011		M	9,018	(3) 07/31/2016	07/31/2016	Common Stock	9,018
Employee Stock Option (right to buy)	\$ 19.5	11/30/2011		M	12,939	(4) 02/19/2018	02/19/2018	Common Stock	12,939
	\$ 15.16	11/30/2011		M	7,162	(5) 02/13/2019	02/13/2019		7,162

