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HIGHWOODS PROPERTIES INC

Form 4 May 06, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287

Estimated average

burden hours per

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Number: January 31, 2005

0.5

OMB APPROVAL

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

response...

See Instruction 1(b).

(Print or Type Responses)

Common

Common

Stock

Stock

05/02/2014

05/02/2014

1. Name and Address of Reporting Person * Miller Jeffrey Douglas			2. Issuer Name and Ticker or Trading Symbol HIGHWOODS PROPERTIES INC [HIW]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) (First) (Middle) 6125 WILKINSBURG RD.			3. Date of Earliest Transaction (Month/Day/Year) 05/02/2014				Director 10% Owner Officer (give title Other (specify below)			
RALEIGH,	(Street) , NC 27612		4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Γable I - Non-	Derivative	Secur	ities Acq	uired, Disposed o	f, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date any (Month/Day/Ye	on Date, if Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5)			d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	05/02/2014	05/02/2014	Code V	4,696	(D)	Price \$ 29.05	72,221	D		
Common Stock	05/02/2014	05/02/2014	M	8,756	A	\$ 32	80,977	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

05/02/2014

05/02/2014

M

S

10,799 A

24,251 D

91,776

67,525

33.93

40.38

(1)(2)

D

D

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (right to buy)	\$ 29.05	05/02/2014	05/02/2014	M	4,696	(3)	02/25/2017	Common Stock	4,696
Stock Option (right to buy)	\$ 32	05/02/2014	05/02/2014	M	8,756	(3)	02/27/2019	Common Stock	8,756
Stock Option (right to buy)	\$ 33.93	05/02/2014	05/02/2014	M	10,799	(3)	02/27/2018	Common Stock	10,799

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Miller Jeffrey Douglas 6125 WILKINSBURG RD. RALEIGH, NC 27612

V.P./General Counsel & Sec.

Signatures

/s/Willis B. Howard Attorney-in-fact for Jeffrey D.
Miller

05/06/2014

**Signature of Reporting Person Date

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents the weighted average sale price. Sale prices range from \$40.25 \$40.76
- (2) The reporting person upon request by the Commission staff, the issuer, or a security holder of the issuer, agrees to disclose full information regarding the number of shares sold at each separate price.
- (3) Options vest ratably over 4 years on March 1st of each year after the grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.