Edgar Filing: ENGLISH MICHELA A - Form 4

ENGLISH N Form 4	MICHELA A										
December 2	ЛЛ								OMB AF	PROVAL	
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSI Washington, D.C. 20549							OMMISSION	OMB Number:	3235-0287		
Check th if no lon subject t Section Form 4 o Form 5 obligatio	ger o 16. or Filed pu	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,								Expires:January 31, 2005Estimated average burden hours per response0.5	
may con	<i>See</i> Instruction 30(h) of the Investment Company Act of 1933 of Section 30(h)										
(Print or Type	Responses)										
1. Name and Address of Reporting Person <u>*</u> ENGLISH MICHELA A			2. Issuer Name and Ticker or Trading Symbol GLADSTONE COMMERCIAL CORP [GOOD]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) (First) (Middle) 1521 WESTBRANCH DRIVE, SUITE 200			3. Date of Earliest Transaction (Month/Day/Year) 12/26/2006					XDirector10% Owner Officer (give titleOther (specify below)below)			
MCLEAN,	(Street) VA 22102		4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Tab	le I - Non-l	Derivative	Secu	rities Acqu	ired, Disposed of,	or Beneficial	ly Owned	
1.Title of Security2. Transaction Date (Month/Day/Year)2A. Deemed Execution Date, if any (Month/Day/Year)		Date, if	3. 4. Securities Acquired (A Transactiom Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A)				5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
~				Code V	Amount	or (D)	Price	(Instr. 3 and 4)	(11041. 1)		
Common Stock	12/26/2006			М	5,000	А	\$ 15	6,166.827	D		
Common Stock	12/26/2006			S	5,000	D	\$ 19.7896	1,166.827	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. H Der Sec (In:
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Option	\$ 15	12/26/2006		М	5,000	<u>(1)</u>	12/31/2006	Common Stock	5,000	

Reporting Owners

Reporting Owner Name / Address		Relationsh	ips	
I State and a state	Director	10% Owner	Officer	Other
ENGLISH MICHELA A 1521 WESTBRANCH DRIVE SUITE 200 MCLEAN, VA 22102	Х			
Signatures				
Paula Novara, Attorney-in-fact	12/28	3/2006		
**Signature of Reporting Person	Da	ite		

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) The option vested in two equal installments of 5,000 shares each on August 12, 2004 and August 12, 2005.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.