

CIRCOR INTERNATIONAL INC
 Form 4
 November 15, 2006

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 BLOSS DAVID A SR
 (Last) (First) (Middle)
 (Street)
 (City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol
 CIRCOR INTERNATIONAL INC [CIR]

3. Date of Earliest Transaction (Month/Day/Year)
 11/13/2006

4. If Amendment, Date Original Filed (Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer
 (Check all applicable)
 Director 10% Owner
 Officer (give title below) Other (specify below)
 Chairman and CEO

6. Individual or Joint/Group Filing (Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	V	Amount				(A) or (D)
Common Stock <u>(1)</u>	11/13/2006		M ⁽¹⁾			35,196	A \$ 9.43	88,494	D	
Common Stock <u>(1)</u>	11/13/2006		S ⁽¹⁾			35,196	D \$ 34.5098	53,298	D	
Common Stock <u>(2)</u>	11/13/2006		M ⁽²⁾			22,804	A \$ 10.375	76,102	D	
Common Stock <u>(2)</u>	11/13/2006		S ⁽²⁾			22,804	D \$ 34.5098	53,298	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	Amount or Number of Shares
Stock Option Right to Buy	\$ 9.43	11/13/2006		M ⁽¹⁾	35,196	⁽¹⁾ 08/10/2008 ⁽¹⁾	Common Stock	35,196
Stock Option Right to Buy	\$ 10.375	11/13/2006		M ⁽²⁾	22,804	⁽²⁾ 10/18/2009 ⁽²⁾	Common Stock	22,804

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
BLOSS DAVID A SR	X		Chairman and CEO	

Signatures

Alan J. Glass,
Attorney-in-Fact

11/15/2006

**Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

The stock options exercised herein reflect the cashless exercise of certain options scheduled to expire on August 10, 2008. In connection with the October 1999 spin-off of Circor from Watts Industries, 35,196 options were granted to the reporting person on 10/18/99 as replacement options for options previously granted to the reporting person by Watts on 8/11/1998.

(2)

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The stock options exercised herein reflect the cashless exercise of a portion of a grant of options by the issuer to the reporting person and scheduled to expire on October 18, 2009.

(3) Upon exercise, the underlying options convert into shares of the issuer's common stock on a one-for-one basis.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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