SPOERRY ROBERT F
Form 4
November 22, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL
OMB Number: 3235-0287
Expires: January 31, 2005
Estimated average burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *
SPOERRY ROBERT F

(Last) (First) (Middle)

IM LANGACHER, CH-8606 GREIFENSEE

(Street)

SWITZERLAND

(City) (State) (Zip)

2. Issuer Name **and** Ticker or Trading Symbol
METTLER TOLEDO INTERNATIONAL INC/ [MTD]

3. Date of Earliest Transaction (Month/Day/Year)
11/18/2005

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

__X__ Director _____ 10% Owner
__X__ Officer (give title below) _____ Other (specify below)
Chairman, President and CEO

6. Individual or Joint/Group Filing(Check Applicable Line)
_X_ Form filed by One Reporting Person
___ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock, par value $0.01 per share	11/18/2005		M[(1)]		10,000	A	$ 7.95	356,826	D	
Common Stock, par value $0.01 per share	11/18/2005		S[(1)]		10,000	D	$ 56.4392	346,826	D	
	11/18/2005		M[(1)]		15,000	A	$ 7.95	361,826	D	

Common Stock, par value $0.01 per share								
Common Stock, par value $0.01 per share	11/18/2005	S[(1)]	15,000	D	$ 56.4772	346,826	D	
Common Stock, par value $0.01 per share	11/21/2005	M[(1)]	10,000	A	$ 7.95	356,826	D	
Common Stock, par value $0.01 per share	11/21/2005	S[(1)]	10,000	D	$ 57.4038	346,826	D	
Common Stock, par value $0.01 per share	11/21/2005	M[(1)]	15,000	A	$ 7.95	361,826	D	
Common Stock, par value $0.01 per share	11/21/2005	S[(1)]	15,000	D	$ 58.0615	346,826	D	
Common Stock, par value $0.01 per share	11/21/2005	M[(1)]	25,000	A	$ 7.95	371,826	D	
Common Stock, par value $0.01 per share	11/21/2005	S[(1)]	25,000	D	$ 58.0846	346,826	D	
Common Stock, par value $0.01 per share						17,778 [(2)]	I	Held by spouse

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(*e.g.*, puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (right to buy)	$ 7.95	11/18/2005		M			10,000	10/15/1996(3)	10/15/2006	Common Stock, par value $0.01 per share	10,000
Stock Option (right to buy)	$ 7.95	11/18/2005		M			15,000	10/15/1996(3)	10/15/2006	Common Stock, par value $0.01 per share	15,000
Stock Option (right to buy)	$ 7.95	11/21/2005		M			10,000	10/15/1996(3)	10/15/2006	Common Stock, par value $0.01 per share	10,000
Stock Option (right to buy)	$ 7.95	11/21/2005		M			15,000	10/15/1996(3)	10/15/2006	Common Stock, par value $0.01 per share	15,000
Stock Option (right to buy)	$ 7.95	11/21/2005		M			25,000	10/15/1996(3)	10/15/2006	Common Stock, par value $0.01 per share	25,000

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
SPOERRY ROBERT F IM LANGACHER CH-8606 GREIFENSEE SWITZERLAND	X		Chairman, President and CEO	

Signatures

James Bellerjeau, Attorney in Fact	11/22/2005
**Signature of Reporting Person	Date

Explanation of Responses:

***** If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

****** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) The transactions reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on November 3, 2005.

(2) The reporting person disclaims beneficial ownership of these securities, and this report should not be deemed an admission that the reporting person is the beneficial owner of such securities for purposes of Section 16 or for any other purpose.

(3) The options vested annually in five equal installments beginning on October 15, 1996.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.
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