DIETRICH MARTIN A

Form 5

Common Stock

February 07, 2013

OMB APPROVAL FORM 5 **OMB** UNITED STATES SECURITIES AND EXCHANGE COMMISSION 3235-0362 Number: Washington, D.C. 20549 Check this box if January 31, Expires: no longer subject 2005 to Section 16. Estimated average ANNUAL STATEMENT OF CHANGES IN BENEFICIAL Form 4 or Form burden hours per 5 obligations OWNERSHIP OF SECURITIES response... 1.0 may continue. See Instruction Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, 1(b). Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section Reported 30(h) of the Investment Company Act of 1940 Form 4 Transactions Reported 1. Name and Address of Reporting Person * 2. Issuer Name and Ticker or Trading 5. Relationship of Reporting Person(s) to Issuer DIETRICH MARTIN A Symbol NBT BANCORP INC [NBTB] (Check all applicable) 3. Statement for Issuer's Fiscal Year Ended (Last) (First) (Middle) (Month/Day/Year) _X_ Director 10% Owner _X__ Officer (give title Other (specify 12/31/2012 below) below) **52 SOUTH BROAD STREET** President & CEO NBT Bancorp (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Reporting Filed(Month/Day/Year) (check applicable line) NORWICH. NYÂ 13815 _X_ Form Filed by One Reporting Person Form Filed by More than One Reporting Person (City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1.Title of 2. Transaction Date 2A. Deemed 4. Securities Acquired 5. Amount of 6. 7. Nature of Security (Month/Day/Year) Transaction (A) or Disposed of (D) Securities Ownership Indirect Execution Date, if (Instr. 3) Code (Instr. 3, 4 and 5) Beneficially Form: Beneficial (Month/Day/Year) (Instr. 8) Owned at end Direct (D) Ownership of Issuer's or Indirect (Instr. 4) (A) Fiscal Year (I) or (Instr. 3 and 4) (Instr. 4) Amount (D) Price **NBT** Bancorp Â Â Inc. 12/31/2012 J 381.389 149,841.887 Common Stock **NBT** Bancorp Â J 18,493.705 I 401k Inc. 12/31/2012 540.141 A (2)

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NBT Bancorp Inc. Common Stock	12/31/2012	Â	J	219.46	A	\$ 0 (3)	10,731.723	I	NBT Bancorp ESOP
NBT Bancorp Inc. Common Stock	Â	Â	Â	Â	Â	Â	755	I	Custodian for Minor
Reminder: Report on a separate line for each class of			Persons who respond to the collection of information						SEC 2270

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 2270 (9-02)

 $\label{thm:convergence} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (e.g., puts, calls, warrants, options, convertible securities) \end{tabular}$

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	Number		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amo Underlying Secu (Instr. 3 and 4)	
					(A)	(D)	Date Exercisable	Expiration Date	Title	Ar or Nu of
Non-Qualifie Stock Option (right to buy)	\$ 20.19	Â	Â	Â	Â	Â	01/15/2011(4)	01/15/2020	NBT Bancorp Inc. Common Stock	2:
Non-Qualifie Stock Option (right to buy)	\$ 20.3617	Â	Â	Â	Â	Â	01/15/2009(5)	01/15/2018	NBT Bancorp Inc. Common Stock	2:
Non-Qualifie Stock Option (right to buy)	\$ 20.94	Â	Â	Â	Â	Â	11/18/2013 <u>(6)</u>	11/18/2021	NBT Bancorp Inc. Common Stock	30
Non-Qualifie Stock Option		Â	Â	Â	Â	Â	01/01/2005(5)	01/01/2014	NBT Bancorp	2

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(right to buy)									Inc. Common Stock	
Non-Qualified Stock Option (right to buy)	\$ 22.205	Â	Â	Â	Â	Â	02/11/2006(6)	02/11/2014	NBT Bancorp Inc. Common Stock	3
Non-Qualified Stock Option (right to buy)	\$ 22.352	Â	Â	Â	Â	Â	01/01/2007(5)	01/01/2016	NBT Bancorp Inc. Common Stock	30
Non-Qualified Stock Option (right to buy)	\$ 23.2708	Â	Â	Â	Â	Â	01/20/2006(5)	01/20/2015	NBT Bancorp Inc. Common Stock	2:
Non-Qualified Stock Option (right to buy)	\$ 24.4458	Â	Â	Â	Â	Â	08/01/2007 <u>(6)</u>	08/01/2015	NBT Bancorp Inc. Common Stock	6
Non-Qualified Stock Option (right to buy)	\$ 24.5692	Â	Â	Â	Â	Â	12/27/2009 <u>(6)</u>	12/27/2017	NBT Bancorp Inc. Common Stock	11
Non-Qualified Stock Option (right to buy)	\$ 25.38	Â	Â	Â	Â	Â	01/15/2010(4)	01/15/2019	NBT Bancorp Inc. Common Stock	2:
Non-Qualified Stock Option (right to buy)	\$ 25.762	Â	Â	Â	Â	Â	01/01/2008(5)	01/01/2017	NBT Bancorp Inc. Common Stock	2

Reporting Owners

Reporting Owner Name / Address	Relationships							
- 9	Director	10% Owner	Officer	Other				
DIETRICH MARTIN A	ÂX	Â	President & CEO NBT Bancorp	Â				
52 SOUTH BROAD STREET								

Reporting Owners 3

NORWICH. NYÂ 13815

Signatures

By: F. Sheldon Prentice, Power of Attorney For: Martin A
Dietrich

02/07/2013

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares acquired under NBT Bancorp Dividend Reinvestment Plan during period of 1/1/2012 to 12/31/2012 at prices ranging from \$ 20.3129 to \$22.1973.
- (2) Shares were purchased from 1/1/2012 through 12/31/2012 through NBT Bancorp Inc. 401k Plan.
- (3) Shares were purchased from 1/1/2012 through 12/31/2012 through NBT Bancorp Inc. ESOP Plan.
- (4) Pursuant to NBT Bancorp Inc. Omnibus Stock Option Agreement the grant vests 40% for first year, 20% annually for following years.
- (5) Pursuant to NBT Bancorp Inc. 1993 Stock Option Plan grant vests 40% for first year, 20% annually for following years.
- (6) Pursuant to NBT Bancorp Inc. 1993 Stock Option Plan reload grant vests 100% two years after date of its grant.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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