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VERIZON COMMUNICATI Form 4 August 17, 2015	IONS INC					
FORM 4 UNITED		CURITIES AND EXCHANGE		OMB A	PPROVAL	
• • • • • • UNITED	OMB Number:	3235-0287				
Check this box if no longer subject to Section 16. Form 4 or Form 5 Filed pur obligations Section 17(Expires:January 31, 2005Estimated average burden hours per response0.5					
may continue. See 17(See Instruction 1(b).		e Investment Company Act of 1				
(Print or Type Responses)						
1. Name and Address of Reporting REED MARC C	Symb VEF	ssuer Name and Ticker or Trading ool RIZON COMMUNICATIONS [VZ]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) (First) (VERIZON COMMUNICAT INC., 1095 AVENUE OF TH AMERICAS	(Mon TIONS 08/1	te of Earliest Transaction hth/Day/Year) 3/2015	Director 10% Owner X_ Officer (give title Other (specify below) below) EVP & Chief Admin. Officer			
(Street)		Amendment, Date Original (Month/Day/Year)	 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person 			
NEW YORK, NY 10036			Form filed by M Person			
(City) (State)	(Zip)	Fable I - Non-Derivative Securities A	.cquired, Disposed of,	or Beneficia	lly Owned	
1.Title of Security (Instr. 3) 2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date, if any (Month/Day/Year)		Code Disposed of (D) ar) (Instr. 8) (Instr. 3, 4 and 5) (A) or	SecuritiesForBeneficially(II)Owned(II)	Ownership orm: Direct)) or Indirect) nstr. 4)	Indirect	
Reminder: Report on a congrate line	a for each class of	Code V Amount (D) Price securities beneficially owned directly of				

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	any Cod		TransactionDerivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. P Der Sect (Ins	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Phantom Stock (unitized)	<u>(1)</u>	08/13/2015		A		83.957		<u>(1)</u>	<u>(1)</u>	Common Stock	24	\$
Reporting Owners												
Reporting Owner Name / Address Directory					Relations	nips						
		Director 10% Owner Officer				Other						
REED MARC C VERIZON COMMUNICATIONS INC. 1095 AVENUE OF THE AMERICAS NEW YORK, NY 10036				EVP & Chief Admin. Officer								
Signat	ures											
William L Reed	. Horton, Jr	., Attorney-in-fact	t for Marc C.		0	8/17/2015	5					
	<u>**</u> Signatur	e of Reporting Person				Date						
 Explanation of Responses: * If the form is filed by more than one reporting person, <i>see</i> Instruction 4(b)(v). 												

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** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- (1) Each share of phantom stock is the economic equivalent of a portion of one share of common stock and is settled in cash. The shares of phantom stock become payable upon events established by the reporting person in accordance with the deferred compensation plan.
- (2) Includes phantom stock acquired through dividend reinvestment.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.