NBT BANCORP INC

Form 4

September 14, 2016

| - | F | 0 | R | N | 4 | 4 |
|---|---|---|---|---|---|---|
|---|---|---|---|---|---|---|

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005

OMB APPROVAL

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

burden hours per response... 0.5

Estimated average

See Instruction

30(h) of the Investment Company Act of 1940

1(b).

Stock

(Print or Type Responses)

| 1. Name and Address Wadsworth Robe | s of Reporting Person * | 2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [NBTB] | 5. Relationship of Reporting Person(s) to Issuer | | |
|---------------------------------------|-------------------------|--|---|--|--|
| (Last) (1 | First) (Middle) | 3. Date of Earliest Transaction | (Check all applicable) | | |
| 52 SOUTH BROAD STREET | | (Month/Day/Year) 09/13/2016 | _X_ Director 10% Owner Officer (give title Other (specify below) | | |
| (5 | Street) | 4. If Amendment, Date Original | 6. Individual or Joint/Group Filing(Check | | |
| NORWICH, NY 13815 | | Filed(Month/Day/Year) | Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reportin Person | | |

| 1,011,,101 | 2, 1 1 10 0 10 | | | | | | Person | | |
|---|---|---|--|---------------------------------------|------------------------------|-------------|--|--|---|
| (City) | (State) | (Zip) Tab | ole I - Non- | Derivativ | e Secu | ırities Ac | quired, Disposed | of, or Benefic | cially Owned |
| 1.Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transactic Code (Instr. 8) | 4. Securi on(A) or D (Instr. 3, | ispose 4 and (A) or | ed of (D) | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) |
| NBT Bancorp Inc. Common Stock | 09/13/2016 | | M | 500 | A | \$ 24.08 | 13,627.537 | D | |
| NBT Bancorp Inc. Common | | | | | | | 164,041 | I | by Corporation |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Edgar Filing: NBT BANCORP INC - Form 4

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transactic Code (Instr. 8) | | 6. Date Exercisab Expiration Date (Month/Day/Year | | 7. Title and Amou Underlying Securi (Instr. 3 and 4) | |
|---|---|--------------------------------------|---|--|---------|---|--------------------|--|--------------------------------|
| | | | | Code V | (A) (D) | Date Exercisable | Expiration Date | Title | Amo or Num of Shar |
| Non-Qualified Stock Option (right to buy) | \$ 24.08 | 09/13/2016 | | M | 500 | 11/10/2007(1) | 11/10/2016 | NBT Bancorp Inc. Common Stock | 50 |
| Non-Qualified Stock Option (right to buy) | \$ 22.4842 | | | | | 05/01/2008(1) | 05/01/2017 | NBT Bancorp Inc. Common Stock | 1,3 |
| Non-Qualified Stock Option (right to buy) | \$ 22.5508 | | | | | 05/01/2009(1) | 05/01/2018 | NBT Bancorp Inc. Common Stock | 1,6 |

Reporting Owners

| Reporting Owner Name / Address | Relationships | | | | | | |
|---|---------------|-----------|---------|-------|--|--|--|
| • | Director | 10% Owner | Officer | Other | | | |
| Wadsworth Robert A 52 SOUTH BROAD STREET | X | | | | | | |
| NORWICH, NY 13815 | 21 | | | | | | |

Reporting Owners 2

Signatures

By: F. Sheldon Prentice, Power of Attorney For: Robert
Wadsworth

09/14/2016

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Pursuant to NBT Non-Employee Director, Divisional Director and Subsidiary Director Stock Option Plan grant vests 40% for first year, 20% annually for following years.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Signatures 3