

CareTrust REIT, Inc.
Form 10-Q
May 08, 2018
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UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 10-Q

(Mark One)

QUARTERLY REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

For the quarterly period ended March 31, 2018

OR

TRANSITION REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

For the transition period from _____ to _____

Commission File Number: 001-36181

CareTrust REIT, Inc.
(Exact name of registrant as specified in its charter)

Maryland 46-3999490
(State or other jurisdiction of (I.R.S.
incorporation or organization) Employer
Identification
No.)

905 Calle Amanecer, Suite 300, San Clemente, CA 92673
(Address of principal executive offices) (Zip Code)
(949) 542-3130
(Registrant’s telephone number, including area code)

Indicate by check mark whether the registrant (1) has filed all reports required to be filed by Section 13 or 15(d) of the Securities Exchange Act of 1934 during the preceding 12 months (or for such shorter period that the registrant was required to file such reports), and (2) has been subject to such filing requirements for the past 90 days. Yes No
Indicate by check mark whether the registrant has submitted electronically and posted on its corporate Web site, if any, every Interactive Data File required to be submitted and posted pursuant to Rule 405 of Regulation S-T (§ 232.405 of this chapter) during the preceding 12 months (or for such shorter period that the registrant was required to submit and post such files). Yes No

Indicate by check mark whether the registrant is a large accelerated filer, an accelerated filer, a non-accelerated filer, a smaller reporting company or an emerging growth company. See the definitions of “large accelerated filer,” “accelerated filer,” “smaller reporting company” and “emerging growth company” in Rule 12b-2 of the Exchange Act. (Check one):

Large accelerated filer Accelerated filer Non-accelerated filer Smaller reporting company Emerging growth company

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Non-accelerated filer (Do not check if a smaller reporting company) Smaller reporting company

Emerging growth company

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.

Indicate by check mark whether the registrant is a shell company (as defined in Rule 12b-2 of the Exchange Act). Yes No

As of May 7, 2018, there were 76,137,828 shares of common stock outstanding.

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PART I—FINANCIAL INFORMATION

Item 1. Financial Statements.

CARETRUST REIT, INC.

CONDENSED CONSOLIDATED BALANCE SHEETS

(in thousands, except share and per share amounts)

(Unaudited)

| | March 31, 2018 | December 31, 2017 |
|---|-------------------|----------------------|
| Assets: | | |
| Real estate investments, net | \$1,177,140 | \$1,152,261 |
| Other real estate investments, net | 18,031 | 17,949 |
| Cash and cash equivalents | 14,195 | 6,909 |
| Accounts and other receivables, net | 5,999 | 5,254 |
| Prepaid expenses and other assets | 1,919 | 895 |
| Deferred financing costs, net | 1,447 | 1,718 |
| Total assets | \$1,218,731 | \$1,184,986 |
| Liabilities and Equity: | | |
| Senior unsecured notes payable, net | \$294,584 | \$294,395 |
| Senior unsecured term loan, net | 99,540 | 99,517 |
| Unsecured revolving credit facility | 200,000 | 165,000 |
| Accounts payable and accrued liabilities | 15,111 | 17,413 |
| Dividends payable | 15,608 | 14,044 |
| Total liabilities | 624,843 | 590,369 |
| Commitments and contingencies (Note 10) | | |
| Equity: | | |
| Preferred stock, \$0.01 par value; 100,000,000 shares authorized, no shares issued and outstanding as of March 31, 2018 and December 31, 2017 | — | — |
| Common stock, \$0.01 par value; 500,000,000 shares authorized, 75,522,046 and 75,478,202 shares issued and outstanding as of March 31, 2018 and December 31, 2017, respectively | 755 | 755 |
| Additional paid-in capital | 783,509 | 783,237 |
| Cumulative distributions in excess of earnings | (190,376) | (189,375) |
| Total equity | 593,888 | 594,617 |
| Total liabilities and equity | \$1,218,731 | \$1,184,986 |

See accompanying notes to condensed consolidated financial statements.

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CARETRUST REIT, INC.
 CONDENSED CONSOLIDATED INCOME STATEMENTS
 (in thousands, except per share amounts)
 (Unaudited)

| | For the Three Months Ended March 31, | |
|---|--|----------|
| | 2018 | 2017 |
| Revenues: | | |
| Rental income | \$33,816 | \$27,339 |
| Tenant reimbursements | 2,968 | 2,321 |
| Independent living facilities | 799 | 793 |
| Interest and other income | 518 | 155 |
| Total revenues | 38,101 | 30,608 |
| Expenses: | | |
| Depreciation and amortization | 11,577 | 9,076 |
| Interest expense | 7,092 | 5,879 |
| Property taxes | 2,968 | 2,321 |
| Independent living facilities | 716 | 661 |
| General and administrative | 3,192 | 2,390 |
| Total expenses | 25,545 | 20,327 |
| Other income: | | |
| Gain on sale of real estate | 2,051 | — |
| Net income | \$14,607 | \$10,281 |
| Earnings per common share: | | |
| Basic | \$0.19 | \$0.15 |
| Diluted | \$0.19 | \$0.15 |
| Weighted-average number of common shares: | | |
| Basic | 75,504 | 66,951 |
| Diluted | 75,504 | 66,951 |
| Dividends declared per common share | \$0.205 | \$0.185 |

See accompanying notes to condensed consolidated financial statements.

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CARETRUST REIT, INC.
 CONDENSED CONSOLIDATED STATEMENTS OF EQUITY
 (in thousands, except share and per share amounts)
 (Unaudited)

| | Common Stock | | Additional Paid-in Capital | Cumulative Distributions in Excess of Earnings | Total Equity |
|--|--------------|--------|----------------------------------|---|-----------------|
| | Shares | Amount | | | |
| Balance at December 31, 2016 | 64,816,350 | \$ 648 | \$611,475 | \$(159,693) | \$452,430 |
| Issuance of common stock, net | 10,573,089 | 106 | 170,213 | — | 170,319 |
| Vesting of restricted common stock, net of shares withheld for employee taxes | 88,763 | 1 | (867) | — | (866) |
| Amortization of stock-based compensation | — | — | 2,416 | — | 2,416 |
| Common dividends (\$0.74 per share) | — | — | — | (55,556) | (55,556) |
| Net income | — | — | — | 25,874 | 25,874 |
| Balance at December 31, 2017 | 75,478,202 | 755 | 783,237 | (189,375) | 594,617 |
| Issuance of common stock, net | — | — | (27) | — | (27) |
| Vesting of restricted common stock, net of shares withheld for employee taxes | 43,844 | — | (605) | — | (605) |
| Amortization of stock-based compensation | — | — | 904 | — | 904 |
| Common dividends (\$0.205 per share) | — | — | — | (15,608) | (15,608) |
| Net income | — | — | — | 14,607 | 14,607 |
| Balance at March 31, 2018 | 75,522,046 | \$ 755 | \$783,509 | \$(190,376) | \$593,888 |

See accompanying notes to condensed consolidated financial statements.

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CARETRUST REIT, INC.

CONDENSED CONSOLIDATED STATEMENTS OF CASH FLOWS

(in thousands)

(Unaudited)

| | For the Three Months Ended March 31, | |
|---|--|-----------|
| | 2018 | 2017 |
| Cash flows from operating activities: | | |
| Net income | \$14,607 | \$10,281 |
| Adjustments to reconcile net income to net cash provided by operating activities: | | |
| Depreciation and amortization (including a below-market ground lease) | 11,582 | 9,080 |
| Amortization of deferred financing costs | 484 | 561 |
| Amortization of stock-based compensation | 904 | 536 |
| Straight-line rental income | (591) | (72) |
| Noncash interest income | (106) | (155) |
| Gain on sale of real estate | (2,051) | — |
| Change in operating assets and liabilities: | | |
| Accounts and other receivables, net | (155) | (1,964) |
| Prepaid expenses and other assets | (36) | 13 |
| Accounts payable and accrued liabilities | (2,579) | 1,886 |
| Net cash provided by operating activities | 22,059 | 20,166 |
| Cash flows from investing activities: | | |
| Acquisitions of real estate | (47,103) | (54,568) |
| Improvements to real estate | (11) | (89) |
| Purchases of equipment, furniture and fixtures | (27) | (117) |
| Principal payments received on mortgage loan receivable | 23 | — |
| Escrow deposits for acquisition of real estate | (1,000) | (700) |
| Net proceeds from the sale of real estate | 13,004 | — |
| Net cash used in investing activities | (35,114) | (55,474) |
| Cash flows from financing activities: | | |
| Proceeds from the issuance of common stock, net | (10) | 108,166 |
| Borrowings under unsecured revolving credit facility | 60,000 | 45,000 |
| Payments on unsecured revolving credit facility | (25,000) | (113,000) |
| Net-settle adjustment on restricted stock | (605) | — |
| Dividends paid on common stock | (14,044) | (11,075) |
| Net cash provided by financing activities | 20,341 | 29,091 |
| Net increase (decrease) in cash and cash equivalents | 7,286 | (6,217) |
| Cash and cash equivalents, beginning of period | 6,909 | 7,500 |
| Cash and cash equivalents, end of period | \$14,195 | \$1,283 |
| Supplemental disclosures of cash flow information: | | |
| Interest paid | \$2,675 | \$1,513 |
| Supplemental schedule of noncash operating, investing and financing activities: | | |
| Increase in dividends payable | \$1,564 | \$2,347 |
| Application of escrow deposit to acquisition of real estate | \$— | \$700 |
| See accompanying notes to condensed consolidated financial statements. | | |

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CARETRUST REIT, INC.

NOTES TO CONDENSED CONSOLIDATED FINANCIAL STATEMENTS —

(Unaudited)

1. ORGANIZATION

Description of Business—CareTrust REIT, Inc.’s (“CareTrust REIT” or the “Company”) primary business consists of acquiring, financing, developing and owning real property to be leased to third-party tenants in the healthcare sector. As of March 31, 2018, the Company owned and leased to independent operators, including The Ensign Group, Inc. (“Ensign”), 188 skilled nursing, multi-service campuses, assisted living and independent living facilities consisting of 18,528 operational beds and units located in Arizona, California, Colorado, Florida, Georgia, Idaho, Illinois, Indiana, Iowa, Maryland, Michigan, Minnesota, Nebraska, Nevada, New Mexico, North Carolina, Ohio, Oregon, Texas, Utah, Virginia, Washington and Wisconsin. The Company also owns and operates three independent living facilities which have a total of 264 units located in Texas and Utah. As of March 31, 2018, the Company also had other real estate investments consisting of two preferred equity investments totaling \$5.6 million and a mortgage loan receivable of \$12.5 million.

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

Basis of Presentation—The accompanying condensed consolidated financial statements of the Company reflect, for all periods presented, the historical financial position, results of operations and cash flows of the Company and its consolidated subsidiaries consisting of (i) the net-leased skilled nursing, assisted living and independent living facilities, (ii) the operations of the three independent living facilities that the Company owns and operates; and (iii) the preferred equity investments and the mortgage loan receivable.

The accompanying condensed consolidated financial statements of the Company were prepared in accordance with accounting principles generally accepted in the United States (“GAAP”) for interim financial information and Article 10 of Regulation S-X. Accordingly, the condensed consolidated financial statements do not include all of the disclosures required by GAAP for a complete set of annual audited financial statements. The condensed consolidated financial statements should be read in conjunction with the audited consolidated financial statements and notes thereto included in the Company’s Annual Report on Form 10-K for the fiscal year ended December 31, 2017. In the opinion of management, all adjustments which are of a normal and recurring nature and considered necessary for a fair presentation of the results of the interim periods presented have been included. The results of operations for the interim periods are not necessarily indicative of results for the full year. All intercompany transactions and account balances within the Company have been eliminated.

Estimates and Assumptions—The preparation of financial statements in conformity with GAAP requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities at the date of the financial statements and the reported amounts of revenue and expenses during the reporting periods. Management believes that the assumptions and estimates used in preparation of the underlying consolidated financial statements are reasonable. Actual results, however, could differ from those estimates and assumptions.

Real Estate Depreciation and Amortization—Real estate costs related to the acquisition and improvement of properties are capitalized and amortized over the expected useful life of the asset on a straight-line basis. Repair and maintenance costs are charged to expense as incurred and significant replacements and betterments are capitalized. Repair and maintenance costs include all costs that do not extend the useful life of the real estate asset. The Company considers the period of future benefit of an asset to determine its appropriate useful life. Expenditures for tenant improvements are capitalized and amortized over the shorter of the tenant’s lease term or expected useful life. The Company anticipates the estimated useful lives of its assets by class to be generally as follows:

| | |
|-----------------------|-------------|
| Buildings | 25-40 years |
| Building improvements | 10-25 years |

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| | |
|--|---|
| Tenant improvements | Shorter of lease term or expected useful life |
| Integral equipment, furniture and fixtures | 5 years |
| Identified intangible assets | Shorter of lease term or expected useful life |

Real Estate Acquisition Valuation— In accordance with Accounting Standards Codification (“ASC”) 805, Business Combinations, the Company records the acquisition of income-producing real estate as a business combination. If the acquisition does not meet the definition of a business, the Company records the acquisition as an asset acquisition. Under both methods, all assets acquired and liabilities assumed are measured at their acquisition date fair values. For transactions that are

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CARETRUST REIT, INC.

NOTES TO CONDENSED CONSOLIDATED FINANCIAL STATEMENTS —

(Unaudited)

business combinations, acquisition costs are expensed as incurred and restructuring costs that do not meet the definition of a liability at the acquisition date are expensed in periods subsequent to the acquisition date. For transactions that are asset acquisitions, acquisition costs are capitalized as incurred.

The Company assesses the acquisition date fair values of all tangible assets, identifiable intangibles and assumed liabilities using methods similar to those used by independent appraisers, generally utilizing a discounted cash flow analysis that applies appropriate discount and/or capitalization rates and available market information. Estimates of future cash flows are based on a number of factors, including historical operating results, known and anticipated trends, and market and economic conditions. The fair value of tangible assets of an acquired property considers the value of the property as if it were vacant.

Estimates of the fair values of the tangible assets, identifiable intangibles and assumed liabilities require the Company's management to make significant assumptions to estimate market lease rates, property-operating expenses, carrying costs during lease-up periods, discount rates, market absorption periods, and the number of years the property will be held for investment. The use of inappropriate assumptions would result in an incorrect valuation of the Company's acquired tangible assets, identifiable intangibles and assumed liabilities, which would impact the amount of the Company's net income.

As part of the Company's asset acquisitions, the Company may commit to provide contingent payments to a seller or lessee (e.g., an earn-out payable upon the applicable property achieving certain financial metrics). Typically, when the contingent payments are funded, cash rent is increased by the amount funded multiplied by a rate stipulated in the agreement. Generally, if the contingent payment is an earn-out provided to the seller, the payment is capitalized to the property's basis. If the contingent payment is an earn-out provided to the lessee, the payment is recorded as a lease incentive and is amortized as a yield adjustment over the life of the lease.

Impairment of Long-Lived Assets—At each reporting period, management evaluates the Company's real estate investments for impairment indicators, including the evaluation of the useful lives of the Company's assets.

Management also assesses the carrying value of the Company's real estate investments whenever events or changes in circumstances indicate that the carrying amount of the assets may not be recoverable. The judgment regarding the existence of impairment indicators is based on factors such as, but not limited to, market conditions, operator performance and legal structure. If indicators of impairment are present, management evaluates the carrying value of the related real estate investments in relation to the future undiscounted cash flows of the underlying facilities.

Provisions for impairment losses related to long-lived assets are recognized when expected future undiscounted cash flows are determined to be less than the carrying values of the assets. An adjustment is made to the net carrying value of the real estate investments for the excess of carrying value over fair value. All impairments are taken as a period cost at that time, and depreciation is adjusted going forward to reflect the new value assigned to the asset.

If the Company decides to sell real estate properties, it evaluates the recoverability of the carrying amounts of the assets. If the evaluation indicates that the carrying value is not recoverable from estimated net sales proceeds, the property is written down to estimated fair value less costs to sell.

In the event of impairment, the fair value of the real estate investment is determined by market research, which includes valuing the property in its current use as well as other alternative uses, and involves significant judgment. Management's estimates of cash flows and fair values of the properties are based on current market conditions and consider matters such as rental rates and occupancies for comparable properties, recent sales data for comparable properties, and, where applicable, contracts or the results of negotiations with purchasers or prospective purchasers. The Company's ability to accurately estimate future cash flows and estimate and allocate fair values impacts the timing and recognition of impairments. While the Company believes its assumptions are reasonable, changes in these assumptions may have a material impact on financial results.

Other Real Estate Investments — Included in Other Real Estate Investments are two preferred equity investments and one mortgage loan receivable. Preferred equity investments are accounted for at unpaid principal balance, plus accrued return, net of reserves. The Company recognizes return income on a quarterly basis based on the outstanding investment including any accrued and unpaid return, to the extent there is outside contributed equity or cumulative earnings from operations. As the preferred member of the joint venture, the Company is not entitled to share in the joint venture's earnings or losses. Rather, the Company is entitled to receive a preferred return, which is deferred if the cash flow of the joint venture is insufficient to pay all of the accrued preferred return. The unpaid accrued preferred return is added to the balance of the preferred equity investment up to the estimated economic outcome assuming a hypothetical liquidation of the book value of the

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CARETRUST REIT, INC.

NOTES TO CONDENSED CONSOLIDATED FINANCIAL STATEMENTS —

(Unaudited)

joint venture. The Company anticipates any unpaid accrued preferred return, whether recorded or unrecorded by the Company, will be repaid upon redemption or as available cash flow is distributed from the joint venture.

The Company's mortgage loan receivable is recorded at amortized cost, which consists of the outstanding unpaid principal balance, net of unamortized costs and fees directly associated with the origination of the loan.

Interest income on the Company's mortgage loan receivable is recognized over the life of the investment using the interest method. Origination costs and fees directly related to loans receivable are amortized over the term of the loan as an adjustment to interest income.

The Company evaluates at each reporting period each of its other real estate investments for indicators of impairment. An investment is impaired when, based on current information and events, it is probable that the Company will be unable to collect all amounts due according to the existing contractual terms. A reserve is established for the excess of the carrying value of the investment over its fair value.

Cash and Cash Equivalents—Cash and cash equivalents consist of bank term deposits and money market funds with original maturities of three months or less at time of purchase and therefore approximate fair value. The fair value of these investments is determined based on “Level 1” inputs, which consist of unadjusted quoted prices in active markets that are accessible at the measurement date for identical, unrestricted assets. The Company places its cash and short-term investments with high credit quality financial institutions.

The Company's cash and cash equivalents balance periodically exceeds federally insurable limits. The Company monitors the cash balances in its operating accounts and adjusts the cash balances as appropriate; however, these cash balances could be impacted if the underlying financial institutions fail or are subject to other adverse conditions in the financial markets. To date, the Company has experienced no loss or lack of access to cash in its operating accounts.

Deferred Financing Costs—External costs incurred from placement of the Company's debt are capitalized and amortized on a straight-line basis over the terms of the related borrowings, which approximates the effective interest method.

Deferred financing costs on the Company's Notes and Term Loan (each as defined in Note 6, Debt below) are netted against the outstanding debt amounts on the Company's balance sheet. Deferred financing costs on the Company's Revolving Facility (as defined in Note 6, Debt below) are included in assets on the Company's balance sheet.

Amortization of deferred financing costs is classified as interest expense in the Company's condensed consolidated income statements. Accumulated amortization of deferred financing costs was \$3.6 million and \$3.2 million at March 31, 2018 and December 31, 2017, respectively.

When financings are terminated, unamortized deferred financing costs, as well as charges incurred for the termination, are expensed at the time the termination is made. Gains and losses from the extinguishment of debt are presented within income from continuing operations in the Company's consolidated condensed income statements.

Revenue Recognition—The Company recognizes rental revenue, including rental abatements, lease incentives and contractual fixed increases attributable to operating leases, if any, from tenants under lease arrangements with minimum fixed and determinable increases on a straight-line basis over the non-cancellable term of the related leases when collectability is reasonably assured. The Company evaluates the collectability of rents and other receivables on a regular basis based on factors including, among others, payment history, the operations, the asset type and current economic conditions. Tenant recoveries related to the reimbursement of real estate taxes, insurance, repairs and maintenance, and other operating expenses are recognized as revenue in the period the expenses are incurred and presented gross if the Company is the primary obligor and, with respect to purchasing goods and services from third-party suppliers, has discretion in selecting the supplier and bears the associated credit risk. For each of the three months ended March 31, 2018 and 2017, such tenant reimbursement revenues consisted of real estate taxes.

Contingent revenue, if any, is not recognized until all possible contingencies have been eliminated.

If the Company's evaluation of these factors indicates it may not recover the full value of the receivable, the Company provides a reserve against the portion of the receivable that it estimates may not be recovered. This analysis requires the Company to determine whether there are factors indicating a receivable may not be fully collectible and to

estimate the amount of the receivable that may not be collected. As of March 31, 2018 and December 31, 2017, accounts and other receivables, net included a \$0.8 million reserve for unpaid cash rents and a \$9.6 million reserve for other tenant receivables

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CARETRUST REIT, INC.

NOTES TO CONDENSED CONSOLIDATED FINANCIAL STATEMENTS —

(Unaudited)

related to the properties previously net leased to subsidiaries of Pristine Senior Living, LLC (“Pristine”). See Note 13, Subsequent Events for further discussion.

The Company evaluates the collectability of the straight-line rent receivable balances on an ongoing basis and provides reserves against receivables it determines may not be fully recoverable. The Company recorded revenues of \$0.6 million and \$0.1 million in excess of cash received during the three months ended March 31, 2018 and 2017, respectively. Accounts and other receivables, net included \$1.1 million and \$0.5 million in straight-line rent receivables at March 31, 2018 and December 31, 2017, respectively.

Income Taxes—The Company has elected to be taxed as a real estate investment trust (“REIT”) under the Internal Revenue Code of 1986, as amended (the “Code”). The Company believes it has been organized and has operated, and the Company intends to continue to operate, in a manner to qualify for taxation as a REIT under the Code. To qualify as a REIT, the Company must meet certain organizational and operational requirements, including a requirement to distribute to its stockholders at least 90% of the Company’s annual REIT taxable income (computed without regard to the dividends paid deduction or net capital gain and which does not necessarily equal net income as calculated in accordance with GAAP). As a REIT, the Company generally will not be subject to federal income tax to the extent it distributes as qualifying dividends all of its REIT taxable income to its stockholders. If the Company fails to qualify as a REIT in any taxable year, it will be subject to federal income tax on its taxable income at regular corporate income tax rates and generally will not be permitted to qualify for treatment as a REIT for federal income tax purposes for the four taxable years following the year during which qualification is lost unless the Internal Revenue Service grants the Company relief under certain statutory provisions.

Stock-Based Compensation—The Company accounts for share-based payment awards in accordance with ASC Topic 718, Compensation – Stock Compensation (“ASC 718”). ASC 718 requires that the cost resulting from all share-based payment transactions be recognized in the financial statements. ASC 718 requires all entities to apply a fair value-based measurement method in accounting for share-based payment transactions with directors, officers and employees except for equity instruments held by employee share ownership plans. See Note 8, Stock-Based Compensation, for further discussion.

Concentration of Credit Risk—The Company is subject to concentrations of credit risk consisting primarily of operating leases on the Company’s owned properties. See Note 11, Concentration of Risk, for a discussion of major operator concentration.

Segment Disclosures —The Financial Accounting Standards Board (“FASB”) accounting guidance regarding disclosures about segments of an enterprise and related information establishes standards for the manner in which public business enterprises report information about operating segments. The Company has one reportable segment consisting of investments in healthcare-related real estate assets.

Earnings (Loss) Per Share—The Company calculates earnings (loss) per share (“EPS”) in accordance with ASC Topic 260, Earnings Per Share. Basic EPS is computed by dividing net income applicable to common stock by the weighted-average number of common shares outstanding during the period. Diluted EPS reflects the additional dilution for all potentially-dilutive securities.

Beds, Units, Occupancy and Other Measures—Beds, units, occupancy and other non-financial measures used to describe real estate investments included in these Notes to the Condensed Consolidated Financial Statements are presented on an unaudited basis.

Recent Accounting Pronouncements

In February 2016, the FASB issued Accounting Standards Update (“ASU”) No. 2016-02, Leases (Topic 842) (“ASC 842”) that sets out the principles for the recognition, measurement, presentation, and disclosure of leases for both parties to a contract (i.e., lessees and lessors). ASC 842 requires lessees to apply a dual approach, classifying leases as either

finance or operating leases based on the principle of whether or not the lease is effectively a financed purchase of the leased asset by the lessee. This classification will determine whether the lease expense is recognized based on an effective interest method or on a straight-line basis over the term of the lease. A lessee is also required to record a right-of-use asset and a lease liability for all leases with a term of greater than 12 months regardless of their classification. Leases with a term of 12 months or less will be accounted for similar to existing guidance for operating leases today. ASC 842 is expected to result in the recognition of a right-to-use asset and related liability to account for the Company's future obligations for which it is the lessee. As of March 31,

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CARETRUST REIT, INC.

NOTES TO CONDENSED CONSOLIDATED FINANCIAL STATEMENTS —

(Unaudited)

2018, the remaining contractual payments under the Company's lease agreements aggregated \$0.3 million. Additionally, ASC 842 will require that lessees and lessors capitalize, as initial direct costs, only those costs that are incurred due to the execution of a lease. Under ASC 842, allocated payroll costs and other costs that are incurred regardless of whether the lease is obtained will no longer be capitalized as initial direct costs and instead will be expensed as incurred. During the three months ended March 31, 2018, the Company did not capitalize any allocated payroll costs. Lessors will continue to account for leases using an approach that is substantially equivalent to existing guidance for sales-type leases, direct financing leases, and operating leases. ASC 842 is effective for reporting periods beginning after December 15, 2018, with early adoption permitted. The standard requires the use of the modified retrospective transition method. The Company continues to assess the potential effect that the adoption of ASC 842 will have on the Company's consolidated financial statements; however, the Company expects that its tenant recoveries will be separated into lease and non-lease components. Tenant recoveries that qualify as lease components, which relate to the right to use the leased asset (e.g., property taxes, insurance), will be accounted for under ASC 842. Tenant recoveries that qualify as non-lease components, which relate to payments for goods or services that are transferred separately from the right to use the underlying asset, including tenant recoveries related to payments for maintenance activities and common area expenses, will be accounted for under the new revenue recognition ASC 606 upon adoption of the new lease ASC 842 on January 1, 2019 for any new lease or any modified lease. In January 2018, the FASB issued a proposed amendment to the lease ASC 842 that would allow lessors to elect, as a practical expedient, not to allocate the total consideration to lease and non-lease components based on their relative standalone selling price. If adopted, this practical expedient will allow lessors to elect a combined single lease component presentation if (i) the timing and pattern of the revenue recognition of the combined single lease component is the same, and (ii) the related lease component and the combined single lease component would be classified as an operating lease. The FASB directed its staff to draft a final ASU at its March 28, 2018 meeting but the final ASU has not yet been released.

In June 2016, the FASB issued ASU No. 2016-13, Financial Instruments - Credit Losses (Topic 326) ("ASU 2016-13") that changes the impairment model for most financial instruments by requiring companies to recognize an allowance for expected losses, rather than incurred losses as required currently by the other-than-temporary impairment model. ASU 2016-13 will apply to most financial assets measured at amortized cost and certain other instruments, including trade and other receivables, loans, held-to-maturity debt securities, net investments in leases, and off-balance-sheet credit exposures (e.g., loan commitments). ASU 2016-13 is effective for reporting periods beginning after December 15, 2019, with early adoption permitted, and will be applied as a cumulative adjustment to retained earnings as of the effective date. The Company is currently assessing the potential effect the adoption of ASU 2016-13 will have on the Company's condensed consolidated financial statements.

Recent Accounting Standards Adopted by the Company

On January 1, 2018, the Company adopted ASU No. 2014-09, Revenue from Contracts with Customers (Topic 606) ("ASC 606"). ASC 606 requires an entity to recognize the revenue to depict the transfer of promised goods or services to customers in an amount that reflects the consideration to which the entity expects to be entitled in exchange for those goods and services. ASC 606 supersedes the revenue requirements in Revenue Recognition (Topic 605) and most industry-specific guidance throughout the Industry Topics of the ASC. ASC 606 does not apply to lease contracts within the scope of Leases (Topic 840). Based on a review of the Company's revenue streams from independent living facilities, the Company's consolidated financial statements include revenues generated through services provided to residents of independent living facilities that are ancillary to the residents' contractual rights to occupy living and common-area space at the communities, such as meals, transportation and activities. While these

revenue streams are subject to the application of Topic 606, the revenues associated with these services are generally recognized on a monthly basis, the period in which the related services are performed. Therefore, the adoption of ASC 606 did not have a material effect on the Company's condensed consolidated financial statements since the revenue recognition under ASC 606 is similar to the recognition pattern prior to the adoption of ASC 606.

3. REAL ESTATE INVESTMENTS, NET

The following tables summarize the Company's investment in owned properties as of March 31, 2018 and December 31, 2017 (dollars in thousands):

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(Unaudited)

| | March 31, 2018 | December 31, 2017 |
|--|-------------------|----------------------|
| Land | \$ 153,584 | \$ 151,879 |
| Buildings and improvements | 1,145,574 | 1,114,605 |
| Integral equipment, furniture and fixtures | 83,323 | 80,729 |
| Identified intangible assets | 2,382 | 2,382 |
| Real estate investments | 1,384,863 | 1,349,595 |
| Accumulated depreciation | (207,723) | (197,334) |
| Real estate investments, net | \$ 1,177,140 | \$ 1,152,261 |

As of March 31, 2018, 92 of the Company's 188 facilities were leased to subsidiaries of Ensign under eight master leases (the "Ensign Master Leases") which commenced on June 1, 2014. The obligations under the Ensign Master Leases are guaranteed by Ensign. A default by any subsidiary of Ensign with regard to any facility leased pursuant to an Ensign Master Lease will result in a default under all of the Ensign Master Leases. As of March 31, 2018, annualized revenues from the Ensign Master Leases were \$57.7 million and are escalated annually by an amount equal to the product of (1) the lesser of the percentage change in the Consumer Price Index ("CPI") (but not less than zero) or 2.5%, and (2) the prior year's rent. In addition to rent, the subsidiaries of Ensign that are tenants under the Ensign Master Leases are solely responsible for the costs related to the leased properties (including property taxes, insurance, and maintenance and repair costs).

As of March 31, 2018, 96 of the Company's 188 facilities were leased to various other operators under triple-net leases. All of these leases contain annual escalators based on CPI, some of which are subject to a cap, or fixed rent escalators.

The Company's three remaining properties as of March 31, 2018 are the independent living facilities that the Company owns and operates.

The Company has only two identified intangible assets which relate to a below-market ground lease and three acquired operating leases. The ground lease has a remaining term of 80 years.

As of March 31, 2018, the Company's total future minimum rental revenues for all of its tenants were (dollars in thousands):

| Year | Amount |
|----------------|--------------|
| Remaining 2018 | \$ 102,487 |
| 2019 | 135,574 |
| 2020 | 134,503 |
| 2021 | 134,756 |
| 2022 | 135,013 |
| Thereafter | 1,108,559 |
| | \$ 1,750,892 |

Recent Real Estate Acquisitions

The following table summarizes the Company's acquisitions for the three months ended March 31, 2018 (dollar amounts in thousands):

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| Type of Property | Purchase Price ⁽¹⁾ | Annual Cash Rent | Number of Properties | Number of Beds/Units ⁽²⁾ |
|------------------------|-------------------------------|------------------|----------------------|-------------------------------------|
| Skilled nursing | \$47,369 | \$4,275 | 6 | 522 |
| Multi-service campuses | — | — | — | — |
| Assisted living | — | — | — | — |
| Total | \$47,369 | \$4,275 | \$ 6 | 522 |

(1) Purchase price includes capitalized acquisition costs.

(2) The number of beds/units include operating beds at acquisition date.

Sale of Real Estate Investments

During the three months ended March 31, 2018, the Company sold three assisted living facilities consisting of 102 units located in Idaho with an aggregate carrying value of \$10.9 million for an aggregate price of \$13.0 million. In connection with the sale, the Company recognized a gain of \$2.1 million.

4. OTHER REAL ESTATE INVESTMENTS

In July 2016, the Company completed a \$2.2 million preferred equity investment with an affiliate of Cascadia Development, LLC. The preferred equity investment yields a return equal to prime plus 9.5% but in no event less than 12.0% calculated on a quarterly basis on the outstanding carrying value of the investment. The investment will be used to develop a 99-bed skilled nursing facility in Nampa, Idaho. In connection with its investment, CareTrust REIT holds an option to purchase the development at a fixed-formula price upon stabilization, with an initial lease yield of at least 9.0%. The project was completed in the fourth quarter 2017 and began lease-up during the first quarter of 2018.

In September 2016, the Company completed a \$2.3 million preferred equity investment with an affiliate of Cascadia Development, LLC. The preferred equity investment yields a return equal to prime plus 9.5% but in no event less than 12.0% calculated on a quarterly basis on the outstanding carrying value of the investment. The investment will be used to develop a 99-bed skilled nursing facility in Boise, Idaho. In connection with its investment, CareTrust REIT holds an option to purchase the development at a fixed-formula price upon stabilization, with an initial lease yield of at least 9.0%. The project was completed in the first quarter 2018 and is expected to begin lease-up in the second quarter of 2018.

During the three months ended March 31, 2018 and 2017, the Company recognized \$0.1 million and \$0.2 million, respectively, in interest income from its preferred equity investments, of which none was received in cash. Any unpaid amounts were added to the outstanding carrying values of the preferred equity investments.

In October 2017, the Company provided the Providence Group a mortgage loan secured by a skilled nursing facility for approximately \$12.5 million inclusive of transaction costs, which bears a fixed interest rate of 9%. The mortgage loan requires Providence Group to make monthly principal and interest payments and is set to mature on October 26, 2020. During the three months ended March 31, 2018, the Company recognized \$0.3 million of interest income related to the mortgage loan.

5. FAIR VALUE MEASUREMENTS

Under GAAP, the Company is required to measure certain financial instruments at fair value on a recurring basis. In addition, the Company is required to measure other financial instruments and balances at fair value on a non-recurring basis (e.g., carrying value of impaired long-lived assets). Fair value is defined as the exchange price that would be received for an asset or paid to transfer a liability (an exit price) in the principal or most advantageous market for the asset or liability in an orderly transaction between market participants on the measurement date. The GAAP fair value framework uses a three-tiered approach. Fair value measurements are classified and disclosed in one of the following three categories:

• Level 1: unadjusted quoted prices in active markets that are accessible at the measurement date for identical assets or liabilities;

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Level 2: quoted prices for similar instruments in active markets, quoted prices for identical or similar instruments in markets that are not active, and model-derived valuations in which significant inputs and significant value drivers are observable in active markets; and

Level 3: prices or valuation techniques where little or no market data is available that requires inputs that are both significant to the fair value measurement and unobservable.

Financial Instruments: Considerable judgment is necessary to estimate the fair value of financial instruments. The estimates of fair value presented herein are not necessarily indicative of the amounts that could be realized upon disposition of the financial instruments. A summary of the face values, carrying amounts and fair values of the Company's financial instruments as of March 31, 2018 and December 31, 2017 using Level 2 inputs for the Notes (as defined in Note 6, Debt below), and Level 3 inputs for all other financial instruments, is as follows (dollars in thousands):

| | March 31, 2018 | | | December 31, 2017 | | |
|--------------------------------|----------------|-----------------|------------|-------------------|-----------------|------------|
| | Face Value | Carrying Amount | Fair Value | Face Value | Carrying Amount | Fair Value |
| Financial assets: | | | | | | |
| Preferred equity investments | \$4,531 | \$5,645 | \$5,610 | \$4,531 | \$5,550 | \$5,423 |
| Mortgage loan receivable | 12,483 | 12,494 | 12,483 | 12,517 | 12,399 | 12,517 |
| Financial liabilities: | | | | | | |
| Senior unsecured notes payable | \$300,000 | \$294,584 | \$302,250 | \$300,000 | \$294,395 | \$307,500 |

Cash and cash equivalents, accounts receivable, and accounts payable and accrued liabilities: These balances approximate their fair values due to the short-term nature of these instruments.

Preferred equity investments: The carrying amounts were accounted for at the unpaid principal balance, plus accrued return, net of reserves, assuming a hypothetical liquidation of the book values of the joint ventures. The fair values of the preferred equity investments were estimated using an internal valuation model that considered the expected future cash flows of the investment, the underlying collateral value and other credit enhancements.

Mortgage loan receivable: The mortgage loan receivable is recorded at amortized cost, which consists of the outstanding unpaid principal balance, net of unamortized costs and fees directly associated with the origination of the loan. The fair values of the mortgage loan receivable were estimated using an internal valuation model that considered the expected future cash flows of the investment, the underlying collateral value and other credit enhancements.

Senior unsecured notes payable: The fair value of the Notes was determined using third-party quotes derived from orderly trades.

Unsecured revolving credit facility and senior unsecured term loan: The fair values approximate their carrying values as the interest rates are variable and approximate prevailing market interest rates for similar debt arrangements.

6. DEBT

The following table summarizes the balance of the Company's indebtedness as of March 31, 2018 and December 31, 2017 (dollars in thousands):

| | March 31, 2018 | | | December 31, 2017 | | |
|--------------------------------|------------------|--------------------|----------------|-------------------|--------------------|----------------|
| | Principal Amount | Deferred Loan Fees | Carrying Value | Principal Amount | Deferred Loan Fees | Carrying Value |
| Senior unsecured notes payable | \$300,000 | \$(5,416) | \$294,584 | \$300,000 | \$(5,605) | \$294,395 |
| Senior unsecured term loan | 100,000 | (460) | 99,540 | 100,000 | (483) | 99,517 |

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| | | | | | | |
|-------------------------------------|-----------|-----------|-----------|-----------|-----------|-----------|
| Unsecured revolving credit facility | 200,000 | — | 200,000 | 165,000 | — | 165,000 |
| | \$600,000 | \$(5,876) | \$594,124 | \$565,000 | \$(6,088) | \$558,912 |

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Senior Unsecured Notes Payable

On May 10, 2017, the Company's wholly owned subsidiary, CTR Partnership, L.P. (the "Operating Partnership"), and its wholly owned subsidiary, CareTrust Capital Corp. (together with the Operating Partnership, the "Issuers"), completed an underwritten public offering of \$300.0 million aggregate principal amount of 5.25% Senior Notes due 2025 (the "Notes"). The Notes were issued at par, resulting in gross proceeds of \$300.0 million and net proceeds of approximately \$294.0 million after deducting underwriting fees and other offering expenses. The Company used the net proceeds from the offering of the Notes to redeem all \$260.0 million aggregate principal amount outstanding of its 5.875% Senior Notes due 2021, including payment of the redemption price at 102.938% and all accrued and unpaid interest thereon. The Company used the remaining portion of the net proceeds of the offering to pay borrowings outstanding under its senior unsecured revolving credit facility. The Notes mature on June 1, 2025 and bear interest at a rate of 5.25% per year. Interest on the Notes is payable on June 1 and December 1 of each year, beginning on December 1, 2017.

The Issuers may redeem the Notes any time before June 1, 2020 at a redemption price of 100% of the principal amount of the Notes redeemed plus accrued and unpaid interest on the Notes, if any, to, but not including, the redemption date, plus a "make-whole" premium described in the indenture governing the Notes and, at any time on or after June 1, 2020, at the redemption prices set forth in the indenture. At any time on or before June 1, 2020, up to 40% of the aggregate principal amount of the Notes may be redeemed with the net proceeds of certain equity offerings if at least 60% of the originally issued aggregate principal amount of the Notes remains outstanding. In such case, the redemption price will be equal to 105.25% of the aggregate principal amount of the Notes to be redeemed plus accrued and unpaid interest, if any, to, but not including, the redemption date. If certain changes of control of the Company occur, holders of the Notes will have the right to require the Issuers to repurchase their Notes at 101% of the principal amount plus accrued and unpaid interest, if any, to, but not including, the repurchase date.

The obligations under the Notes are fully and unconditionally guaranteed, jointly and severally, on an unsecured basis, by the Company and certain of the Company's wholly owned existing and, subject to certain exceptions, future material subsidiaries (other than the Issuers); provided, however, that such guarantees are subject to automatic release under certain customary circumstances, including if the subsidiary guarantor is sold or sells all or substantially all of its assets, the subsidiary guarantor is designated "unrestricted" for covenant purposes under the indenture, the subsidiary guarantor's guarantee of other indebtedness which resulted in the creation of the guarantee of the Notes is terminated or released, or the requirements for legal defeasance or covenant defeasance or to discharge the indenture have been satisfied. See Note 12, Summarized Condensed Consolidating Information.

The indenture contains customary covenants such as limiting the ability of the Company and its restricted subsidiaries to: incur or guarantee additional indebtedness; incur or guarantee secured indebtedness; pay dividends or distributions on, or redeem or repurchase, capital stock; make certain investments or other restricted payments; sell assets; enter into transactions with affiliates; merge or consolidate or sell all or substantially all of their assets; and create restrictions on the ability of the Issuers and their restricted subsidiaries to pay dividends or other amounts to the Issuers. The indenture also requires the Company and its restricted subsidiaries to maintain a specified ratio of unencumbered assets to unsecured indebtedness. These covenants are subject to a number of important and significant limitations, qualifications and exceptions. The indenture also contains customary events of default.

As of March 31, 2018, the Company was in compliance with all applicable financial covenants under the indenture.

Unsecured Revolving Credit Facility and Term Loan

On August 5, 2015, the Company, CareTrust GP, LLC, the Operating Partnership, as the borrower, and certain of its wholly-owned subsidiaries entered into a credit and guaranty agreement with KeyBank National Association, as administrative agent, an issuing bank and swingline lender, and the lenders party thereto (the "Credit Agreement"). The Credit Agreement initially provided for an unsecured asset-based revolving credit facility (the "Revolving Facility")

with commitments in an aggregate principal amount of \$300.0 million from a syndicate of banks and other financial institutions, and an accordion feature that allows the Operating Partnership to increase the borrowing availability by up to an additional \$200.0 million. A portion of the proceeds of the Revolving Facility were used to pay off and terminate the Company's existing secured asset-based revolving credit facility under a credit agreement dated May 30, 2014, with SunTrust Bank, as administrative agent, and the lenders party thereto.

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On February 1, 2016, the Company, CareTrust GP, LLC, the Operating Partnership, as the borrower, and certain of its wholly owned subsidiaries entered into the First Amendment (the “Amendment”) to the Credit Agreement. Pursuant to the Amendment, (i) commitments in respect of the Revolving Facility were increased by \$100.0 million to \$400.0 million total, (ii) a new \$100.0 million non-amortizing unsecured term loan (the “Term Loan” and, together with the Revolving Facility, the “Credit Facility”) was funded, and (iii) the uncommitted incremental facility was increased by \$50.0 million to \$250.0 million. The Revolving Facility continues to mature on August 5, 2019, subject to two, six-month extension options. The Term Loan, which matures on February 1, 2023, may be prepaid at any time subject to a 2% premium in the first year after issuance and a 1% premium in the second year after issuance. Approximately \$95.0 million of the proceeds of the Term Loan were used to pay off and terminate the Company’s existing secured mortgage indebtedness under the Fifth Amended and Restated Loan Agreement, dated May 30, 2014 with General Electric Capital Corporation, as agent and lender, and the other lenders party thereto. The Company expects to use borrowings under the Credit Facility for working capital purposes, to fund acquisitions and for general corporate purposes.

As of March 31, 2018, there was \$200.0 million outstanding under the Revolving Facility.

The interest rates applicable to loans under the Revolving Facility are, at the Company’s option, equal to either a base rate plus a margin ranging from 0.75% to 1.40% per annum or applicable LIBOR plus a margin ranging from 1.75% to 2.40% per annum based on the debt to asset value ratio of the Company and its subsidiaries (subject to decrease at the Company’s election if the Company obtains certain specified investment grade ratings on its senior long term unsecured debt). In addition, the Company pays a commitment fee on the unused portion of the commitments under the Revolving Facility of 0.15% or 0.25% per annum, based upon usage of the Revolving Facility (unless the Company obtains certain specified investment grade ratings on its senior long term unsecured debt and elects to decrease the applicable margin as described above, in which case the Company will pay a facility fee on the revolving commitments ranging from 0.125% to 0.30% per annum based upon the credit ratings of its senior long term unsecured debt).

Pursuant to the Amendment, the interest rates applicable to the Term Loan are, at the Company’s option, equal to either a base rate plus a margin ranging from 0.95% to 1.60% per annum or applicable LIBOR plus a margin ranging from 1.95% to 2.60% per annum based on the debt to asset value ratio of the Company and its subsidiaries (subject to decrease at the Company’s election if the Company obtains certain specified investment grade ratings on its senior long term unsecured debt).

The Credit Facility is guaranteed, jointly and severally, by the Company and its wholly-owned subsidiaries that are party to the Credit Agreement (other than the Operating Partnership). The Credit Agreement contains customary covenants that, among other things, restrict, subject to certain exceptions, the ability of the Company and its subsidiaries to grant liens on their assets, incur indebtedness, sell assets, make investments, engage in acquisitions, mergers or consolidations, amend certain material agreements and pay certain dividends and other restricted payments. The Credit Agreement requires the Company to comply with financial maintenance covenants to be tested quarterly, consisting of a maximum debt to asset value ratio, a minimum fixed charge coverage ratio, a minimum tangible net worth, a maximum cash distributions to operating income ratio, a maximum secured debt to asset value ratio and a maximum secured recourse debt to asset value ratio. The Credit Agreement also contains certain customary events of default, including that the Company is required to operate in conformity with the requirements for qualification and taxation as a REIT.

As of March 31, 2018, the Company was in compliance with all applicable financial covenants under the Credit Agreement.

Interest Expense

During the three months ended March 31, 2018, the Company incurred \$7.1 million of interest expense, which included \$0.5 million of amortization of deferred financing costs. During the three months ended March 31, 2017, the

Company incurred \$5.9 million of interest expense, which included \$0.6 million of amortization of deferred financing costs. As of March 31, 2018 and December 31, 2017, the Company's interest payable was \$5.3 million and \$1.4 million, respectively.

7. EQUITY

Common Stock

At-The-Market Offering—During the second quarter of 2017, the Company entered into a new equity distribution agreement to issue and sell, from time to time, up to \$300.0 million in aggregate offering price of its common stock through an

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“at-the-market” equity offering program (the “ATM Program”). At the time the ATM Program commenced in May 2017, the Company’s at-the-market equity offering program entered into during 2016, which had been substantially depleted, was permanently discontinued. As of March 31, 2018, the Company had approximately \$236.1 million available for future issuances under the ATM Program.

There was no ATM Program activity for the three months ended March 31, 2018.

Dividends on Common Stock—The following table summarizes the cash dividends per share of common stock declared by the Company’s Board of Directors for 2018:

| | |
|------------------------|-----------|
| | For the |
| | Three |
| | Months |
| | Ended |
| | March |
| | 31, 2018 |
| Dividends declared | \$ 0.205 |
| Dividends payment date | April 13, |
| | 2018 |

8. STOCK-BASED COMPENSATION

All stock-based awards are subject to the terms of the CareTrust REIT, Inc. and CTR Partnership, L.P. Incentive Award Plan (the “Plan”). The Plan provides for the granting of stock-based compensation, including stock options, restricted stock, performance awards, restricted stock units and other incentive awards to officers, employees and directors in connection with their employment with or services provided to the Company.

Restricted Stock Awards — In connection with the separation of Ensign’s healthcare business and its real estate business into two separate and independently publicly traded companies (the “Spin-Off”), employees of Ensign who had unvested shares of restricted stock were given one share of CareTrust REIT unvested restricted stock totaling 207,580 shares at the Spin-Off. These restricted shares are subject to a time vesting provision only and the Company does not recognize any stock compensation expense associated with these awards. During the three months ended March 31, 2018, 7,600 shares vested or were forfeited. As of March 31, 2018, there were 7,380 unvested restricted stock awards outstanding.

In February 2018, the Compensation Committee of the Company’s Board of Directors granted 141,060 shares of restricted stock to officers and employees. Each share had a fair market value on the date of grant of \$15.13 per share, based on the market price of the Company’s common stock on that date, and the shares vest in four equal annual installments beginning on the first anniversary of the grant date. Additionally, the Compensation Committee granted 120,460 of performance stock awards to officers and employees. Each share had a fair market value on the date of grant of \$15.13 per share, based on the market price of the Company’s common stock on that date, and the shares may vest if the threshold performance criterion is met.

The following table summarizes the stock-based compensation expense recognized for 2018 (dollars in thousands):

| | | |
|----------------------------------|-----------|-------|
| | For the | |
| | Three | |
| | Months | |
| | Ended | |
| | March 31, | |
| | 2018 | 2017 |
| Stock-based compensation expense | \$904 | \$536 |

As of March 31, 2018, there was \$6.9 million of unamortized stock-based compensation expense related to unvested awards and the weighted-average remaining vesting period of such awards was 2.5 years.

9. EARNINGS PER COMMON SHARE

The following table presents the calculation of basic and diluted EPS for the Company's common stock for the three months ended March 31, 2018 and 2017, and reconciles the weighted-average common shares outstanding used in the calculation of basic EPS to the weighted-average common shares outstanding used in the calculation of diluted EPS (amounts in thousands, except per share amounts):

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| | For the Three Months Ended March 31, | |
|---|--|----------|
| | 2018 | 2017 |
| Numerator: | | |
| Net income | \$14,607 | \$10,281 |
| Less: Net income allocated to participating securities | (126) | (102) |
| Numerator for basic and diluted earnings available to common stockholders | \$14,481 | \$10,179 |
| Denominator: | | |
| Weighted-average basic common shares outstanding | 75,504 | 66,951 |
| Weighted-average diluted common shares outstanding | 75,504 | 66,951 |
| Earnings per common share, basic | \$0.19 | \$0.15 |
| Earnings per common share, diluted | \$0.19 | \$0.15 |

The Company's unvested restricted shares associated with its incentive award plan and unvested restricted shares issued to employees of Ensign at the Spin-Off have been excluded from the above calculation of earnings per diluted share for the three months ended March 31, 2018 and 2017, as their inclusion would have been anti-dilutive.

10. COMMITMENTS AND CONTINGENCIES

U.S. Government Settlement—In October 2013, Ensign completed and executed a settlement agreement (the “Settlement Agreement”) with the U.S. Department of Justice (“DOJ”). This settlement agreement fully and finally resolved a DOJ investigation of Ensign related primarily to claims submitted to the Medicare program for rehabilitation services provided at skilled nursing facilities in California and certain ancillary claims. Pursuant to the Settlement Agreement, Ensign made a single lump-sum remittance to the government in the amount of \$48.0 million in October 2013. Ensign denied engaging in any illegal conduct and agreed to the settlement amount without any admission of wrongdoing in order to resolve the allegations and avoid the uncertainty and expense of protracted litigation.

In connection with the settlement and effective as of October 1, 2013, Ensign entered into a five-year corporate integrity agreement (the “CIA”) with the Office of Inspector General-Health and Human Services. The CIA acknowledges the existence of Ensign's current compliance program, and requires that Ensign continue, during the term of the CIA, to maintain a compliance program designed to promote compliance with the statutes, regulations, and written directives of Medicare, Medicaid, and all other Federal health care programs. Ensign is also required to maintain several elements of its existing program during the term of the CIA, including maintaining a compliance officer, a compliance committee of the board of directors, and a code of conduct. The CIA requires that Ensign conduct certain additional compliance-related activities during the term of the CIA, including various training and monitoring procedures, and maintaining a disciplinary process for compliance obligations.

Participation in federal healthcare programs by Ensign is not affected by the Settlement Agreement or the CIA. In the event of an uncured material breach of the CIA, Ensign could be excluded from participation in federal healthcare programs and/or subject to prosecution. The Company is subject to certain continuing operational obligations as part of Ensign's compliance program pursuant to the CIA, but otherwise has no liability related to the DOJ investigation.

Legal Matters—The Company and its subsidiaries are and may become from time to time a party to various claims and lawsuits arising in the ordinary course of business, which are not individually or in the aggregate anticipated to have a material adverse effect on the Company's results of operations, financial condition or cash flows. Claims and lawsuits may include matters involving general or professional liability asserted against the Company's tenants, which are the responsibility of the Company's tenants and for which the Company is entitled to be indemnified by its tenants under

the insurance and indemnification provisions in the applicable leases.

11. CONCENTRATION OF RISK

Major operator concentrations – As of March 31, 2018, Ensign leased 92 skilled nursing, assisted living and independent living facilities which had a total of 9,745 operational beds and are located in Arizona, California, Colorado, Idaho, Iowa, Nebraska, Nevada, Texas, Utah and Washington. The four states in which Ensign leases the highest concentration of

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properties are California, Texas, Utah and Arizona. As of March 31, 2018, Ensign represents \$57.7 million, or 42%, of the Company's revenues, exclusive of tenant reimbursements, on an annualized run-rate basis.

Ensign is subject to the registration and reporting requirements of the SEC and is required to file with the SEC annual reports containing audited financial information and quarterly reports containing unaudited financial information.

Ensign's financial statements, as filed with the SEC, can be found at Ensign's website <http://www.ensigngroup.net>.

12. SUMMARIZED CONDENSED CONSOLIDATING INFORMATION

The Notes issued by the Operating Partnership and CareTrust Capital Corp. on May 10, 2017 are jointly and severally, fully and unconditionally, guaranteed by CareTrust REIT, Inc., as the parent guarantor (the "Parent Guarantor"), and the wholly owned subsidiaries of the Parent Guarantor other than the Issuers (collectively, the "Subsidiary Guarantors" and, together with the Parent Guarantor, the "Guarantors"), subject to automatic release under certain customary circumstances, including if the Subsidiary Guarantor is sold or sells all or substantially all of its assets, the Subsidiary Guarantor is designated "unrestricted" for covenant purposes under the indenture governing the Notes, the Subsidiary Guarantor's guarantee of other indebtedness which resulted in the creation of the guarantee of the Notes is terminated or released, or the requirements for legal defeasance or covenant defeasance or to discharge the indenture have been satisfied.

The following provides information regarding the entity structure of the Parent Guarantor, the Issuers and the Subsidiary Guarantors:

CareTrust REIT, Inc. – The Parent Guarantor was formed on October 29, 2013 in anticipation of the Spin-Off and the related transactions and was a wholly owned subsidiary of Ensign prior to the effective date of the Spin-Off on June 1, 2014. The Parent Guarantor did not conduct any operations or have any business prior to the date of the consummation of the Spin-Off related transactions.

CTR Partnership, L.P. and CareTrust Capital Corp. – The Issuers, each of which is a wholly owned subsidiary of the Parent Guarantor, were formed on May 8, 2014 and May 9, 2014, respectively, in anticipation of the Spin-Off and the related transactions. The Issuers did not conduct any operations or have any business prior to the date of the consummation of the Spin-Off related transactions.

Subsidiary Guarantors – The Subsidiary Guarantors consist of all of the subsidiaries of the Parent Guarantor other than the Issuers.

Pursuant to Rule 3-10 of Regulation S-X, the following summarized consolidating information is provided for the Parent Guarantor, the Issuers, and the Subsidiary Guarantors. There are no subsidiaries of the Company other than the Issuers and the Subsidiary Guarantors. This summarized financial information has been prepared from the financial statements of the Company and the books and records maintained by the Company. The Company has conformed prior period presentation in the Combined Subsidiary Guarantor designation, due to the issuance of the Notes.

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CARETRUST REIT, INC.

NOTES TO CONDENSED CONSOLIDATED FINANCIAL STATEMENTS —

(Unaudited)

CONDENSED CONSOLIDATING BALANCE SHEETS

MARCH 31, 2018

(in thousands, except share and per share amounts)

| | Parent Guarantor | Issuers | Combined Subsidiary Guarantors | Elimination | Consolidated |
|--|---------------------|-------------|--------------------------------------|---------------|--------------|
| Assets: | | | | | |
| Real estate investments, net | \$— | \$835,324 | \$341,816 | \$— | \$1,177,140 |
| Other real estate investments | — | 12,387 | 5,644 | — | 18,031 |
| Cash and cash equivalents | — | 14,195 | — | — | 14,195 |
| Accounts and other receivables, net | — | 3,875 | 2,124 | — | 5,999 |
| Prepaid expenses and other assets | — | 1,916 | 3 | — | 1,919 |
| Deferred financing costs, net | — | 1,447 | — | — | 1,447 |
| Investment in subsidiaries | 609,496 | 454,075 | — | (1,063,571) | — |
| Intercompany | — | — | 106,810 | (106,810) | — |
| Total assets | \$609,496 | \$1,323,219 | \$456,397 | \$(1,170,381) | \$1,218,731 |
| Liabilities and Equity: | | | | | |
| Senior unsecured notes payable, net | \$— | \$294,584 | \$— | \$— | \$294,584 |
| Senior unsecured term loan, net | — | 99,540 | — | — | 99,540 |
| Unsecured revolving credit facility | — | 200,000 | — | — | 200,000 |
| Accounts payable and accrued liabilities | — | 12,789 | 2,322 | — | 15,111 |
| Dividends payable | 15,608 | — | — | — | 15,608 |
| Intercompany | — | 106,810 | — | (106,810) | — |
| Total liabilities | 15,608 | 713,723 | 2,322 | (106,810) | 624,843 |
| Equity: | | | | | |
| Common stock, \$0.01 par value; 500,000,000 shares authorized, 75,522,046 shares issued and outstanding as of March 31, 2018 | 755 | — | — | — | 755 |
| Additional paid-in capital | 783,509 | 531,420 | 321,761 | (853,181) | 783,509 |
| Cumulative distributions in excess of earnings | (190,376) | 78,076 | 132,314 | (210,390) | (190,376) |
| Total equity | 593,888 | 609,496 | 454,075 | (1,063,571) | 593,888 |
| Total liabilities and equity | \$609,496 | \$1,323,219 | \$456,397 | \$(1,170,381) | \$1,218,731 |

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CARETRUST REIT, INC.

NOTES TO CONDENSED CONSOLIDATED FINANCIAL STATEMENTS —

(Unaudited)

CONDENSED CONSOLIDATING BALANCE SHEETS

DECEMBER 31, 2017

(in thousands, except share and per share amounts)

| | Parent Guarantor | Issuers | Combined Subsidiary Guarantors | Elimination | Consolidated |
|---|---------------------|-------------|--------------------------------------|---------------|--------------|
| Assets: | | | | | |
| Real estate investments, net | \$— | \$805,826 | \$346,435 | \$— | \$1,152,261 |
| Other real estate investments | — | 12,399 | 5,550 | — | 17,949 |
| Cash and cash equivalents | — | 6,909 | — | — | 6,909 |
| Accounts and other receivables, net | — | 2,945 | 2,309 | — | 5,254 |
| Prepaid expenses and other assets | — | 893 | 2 | — | 895 |
| Deferred financing costs, net | — | 1,718 | — | — | 1,718 |
| Investment in subsidiaries | 619,075 | 444,120 | — | (1,063,195) | — |
| Intercompany | — | — | 92,061 | (92,061) | — |
| Total assets | \$619,075 | \$1,274,810 | \$446,357 | \$(1,155,256) | \$1,184,986 |
| Liabilities and Equity: | | | | | |
| Senior unsecured notes payable, net | \$— | \$294,395 | \$— | \$— | \$294,395 |
| Senior unsecured term loan, net | — | 99,517 | — | — | 99,517 |
| Unsecured revolving credit facility | — | 165,000 | — | — | 165,000 |
| Accounts payable and accrued liabilities | — | 15,176 | 2,237 | — | 17,413 |
| Dividends payable | 14,044 | — | — | — | 14,044 |
| Intercompany | — | 92,061 | — | (92,061) | — |
| Total liabilities | 14,044 | 666,149 | 2,237 | (92,061) | 590,369 |
| Equity: | | | | | |
| Common stock, \$0.01 par value; 500,000,000 shares authorized, 75,478,202 shares issued and outstanding as of December 31, 2017 | 755 | — | — | — | 755 |
| Additional paid-in capital | 783,237 | 546,097 | 321,761 | (867,858) | 783,237 |
| Cumulative distributions in excess of earnings | (178,961) | 62,564 | 122,359 | (195,337) | (189,375) |
| Total equity | 605,031 | 608,661 | 444,120 | (1,063,195) | 594,617 |
| Total liabilities and equity | \$619,075 | \$1,274,810 | \$446,357 | \$(1,155,256) | \$1,184,986 |

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CARETRUST REIT, INC.

NOTES TO CONDENSED CONSOLIDATED FINANCIAL STATEMENTS —

(Unaudited)

CONDENSED CONSOLIDATING INCOME STATEMENTS

FOR THE THREE MONTHS ENDED MARCH 31, 2018

(in thousands)

| | Parent Guarantor | Issuers | Combined Subsidiary Guarantors | Elimination | Consolidated |
|-------------------------------|---------------------|-----------|--------------------------------------|--------------|--------------|
| Revenues: | | | | | |
| Rental income | \$ — | \$ 19,398 | \$ 14,418 | \$ — | \$ 33,816 |
| Tenant reimbursements | — | 1,764 | 1,204 | — | 2,968 |
| Independent living facilities | — | — | 799 | — | 799 |
| Interest and other income | — | 423 | 95 | — | 518 |
| Total revenues | — | 21,585 | 16,516 | — | 38,101 |
| Expenses: | | | | | |
| Depreciation and amortization | — | 6,937 | 4,640 | — | 11,577 |
| Interest expense | — | 7,092 | — | — | 7,092 |
| Property taxes | — | 1,764 | 1,204 | — | 2,968 |
| Independent living facilities | — | — | 716 | — | 716 |
| General and administrative | 904 | 2,288 | — | — | 3,192 |
| Total expenses | 904 | 18,081 | 6,560 | — | 25,545 |
| Gain on sale of real estate | — | 2,051 | — | — | 2,051 |
| Income in Subsidiary | 15,511 | 9,956 | — | (25,467) | — |
| Net income | \$ 14,607 | \$ 15,511 | \$ 9,956 | \$ (25,467) | \$ 14,607 |

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CARETRUST REIT, INC.

NOTES TO CONDENSED CONSOLIDATED FINANCIAL STATEMENTS —

(Unaudited)

CONDENSED CONSOLIDATING INCOME STATEMENTS

FOR THE THREE MONTHS ENDED MARCH 31, 2017

(in thousands)

| | Parent Guarantor | Issuers | Combined Subsidiary Guarantors | Elimination | Consolidated |
|-------------------------------|---------------------|-----------|--------------------------------------|--------------|--------------|
| Revenues: | | | | | |
| Rental income | \$ — | \$ 13,223 | \$ 14,116 | \$ — | \$ 27,339 |
| Tenant reimbursements | — | 1,078 | 1,243 | — | 2,321 |
| Independent living facilities | — | — | 793 | — | 793 |
| Interest and other income | — | — | 155 | — | 155 |
| Total revenues | — | 14,301 | 16,307 | — | 30,608 |
| Expenses: | | | | | |
| Depreciation and amortization | — | 4,186 | 4,890 | — | 9,076 |
| Interest expense | — | 5,879 | — | — | 5,879 |
| Property taxes | — | 1,078 | 1,243 | — | 2,321 |
| Independent living facilities | — | — | 661 | — | 661 |
| General and administrative | 550 | 1,840 | — | — | 2,390 |
| Total expenses | 550 | 12,983 | 6,794 | — | 20,327 |
| Income in Subsidiary | 10,831 | 9,513 | — | (20,344) | — |
| Net income | \$ 10,281 | \$ 10,831 | \$ 9,513 | \$ (20,344) | \$ 10,281 |

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CARETRUST REIT, INC.

NOTES TO CONDENSED CONSOLIDATED FINANCIAL STATEMENTS —

(Unaudited)

CONDENSED CONSOLIDATING STATEMENTS OF CASH FLOWS

FOR THE THREE MONTHS ENDED MARCH 31, 2018

(in thousands)

| | Parent Guarantor | Issuers | Combined Subsidiary Guarantors | Elimination | Consolidated |
|---|---------------------|-----------|--------------------------------------|-------------|--------------|
| Cash flows from operating activities: | | | | | |
| Net cash provided by operating activities | \$ — | \$ 7,295 | \$ 14,764 | \$ — | \$ 22,059 |
| Cash flows from investing activities: | | | | | |
| Acquisitions of real estate | — | (47,103) | — | — | (47,103) |
| Improvements to real estate | — | — | (11) | — | (11) |
| Purchases of equipment, furniture and fixtures | — | (23) | (4) | — | (27) |
| Principal payments received on mortgage loan receivable | — | 23 | — | — | 23 |
| Escrow deposit for acquisition of real estate | — | (1,000) | — | — | (1,000) |
| Net proceeds from the sale of real estate | — | 13,004 | — | — | 13,004 |
| Distribution from subsidiary | 14,044 | — | — | (14,044) | — |
| Intercompany financing | 615 | 14,749 | — | (15,364) | — |
| Net cash provided by (used in) investing activities | 14,659 | (20,350) | (15) | (29,408) | (35,114) |
| Cash flows from financing activities: | | | | | |
| Proceeds from the issuance of common stock, net | (10) | — | — | — | (10) |
| Borrowings under unsecured revolving credit facility | — | 60,000 | — | — | 60,000 |
| Payments on unsecured revolving credit facility | — | (25,000) | — | — | (25,000) |
| Net-settle adjustment on restricted stock | (605) | — | — | — | (605) |
| Dividends paid on common stock | (14,044) | — | — | — | (14,044) |
| Distribution to Parent | — | (14,044) | — | 14,044 | — |
| Intercompany financing | — | (615) | (14,749) | 15,364 | — |
| Net cash (used in) provided by financing activities | (14,659) | 20,341 | (14,749) | 29,408 | 20,341 |
| Net decrease in cash and cash equivalents | — | 7,286 | — | — | 7,286 |
| Cash and cash equivalents beginning of period | — | 6,909 | — | — | 6,909 |
| Cash and cash equivalents end of period | \$ — | \$ 14,195 | \$ — | \$ — | \$ 14,195 |

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CARETRUST REIT, INC.

NOTES TO CONDENSED CONSOLIDATED FINANCIAL STATEMENTS —

(Unaudited)

CONDENSED CONSOLIDATING STATEMENTS OF CASH FLOWS

FOR THE THREE MONTHS ENDED MARCH 31, 2017

(in thousands)

| | Parent Guarantor | Issuers | Combined Subsidiary Guarantors | Elimination | Consolidated |
|--|---------------------|-----------|--------------------------------------|-------------|--------------|
| Cash flows from operating activities: | | | | | |
| Net cash (used in) provided by operating activities: | \$ (14) | \$ 6,001 | \$ 14,179 | \$ — | \$ 20,166 |
| Cash flows from investing activities: | | | | | |
| Acquisitions of real estate | — | (54,568) | — | — | (54,568) |
| Improvements to real estate | — | (64) | (25) | — | (89) |
| Purchases of equipment, furniture and fixtures | — | (93) | (24) | — | (117) |
| Escrow deposits for acquisition of real estate | — | (700) | — | — | (700) |
| Net proceeds from the sale of real estate | — | — | — | — | — |
| Distribution from subsidiary | 11,075 | — | — | (11,075) | — |
| Intercompany financing | (108,152) | 14,130 | — | 94,022 | — |
| Net cash (used in) provided by investing activities | (97,077) | (41,295) | (49) | 82,947 | (55,474) |
| Cash flows from financing activities: | | | | | |
| Proceeds from the issuance of common stock, net | 108,166 | — | — | — | 108,166 |
| Borrowings under unsecured revolving credit facility | — | 45,000 | — | — | 45,000 |
| Payments on unsecured revolving credit facility | — | (113,000) | — | — | (113,000) |
| Dividends paid on common stock | (11,075) | — | — | — | (11,075) |
| Distribution to Parent | — | (11,075) | — | 11,075 | — |
| Intercompany financing | — | 108,152 | (14,130) | (94,022) | — |
| Net cash provided by (used in) financing activities | 97,091 | 29,077 | (14,130) | (82,947) | 29,091 |
| Net decrease in cash and cash equivalents | — | (6,217) | — | — | (6,217) |
| Cash and cash equivalents beginning of period | — | 7,500 | — | — | 7,500 |
| Cash and cash equivalents end of period | \$ — | \$ 1,283 | \$ — | \$ — | \$ 1,283 |

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CARETRUST REIT, INC.

NOTES TO CONDENSED CONSOLIDATED FINANCIAL STATEMENTS —

(Unaudited)

13. SUBSEQUENT EVENTS

The Company evaluates subsequent events in accordance with ASC Topic 855, Subsequent Events. The Company evaluates subsequent events up until the date the condensed consolidated financial statements are issued.

Lease Amendments and Related Agreements

Pristine Lease Termination. On February 27, 2018 (the “LTA Effective Date”) the Company entered into a Lease Termination Agreement (the “LTA”) with Pristine under which Pristine agreed to surrender the facilities retained (the “Retained Facilities”) by Pristine under the Pristine master lease, as amended (as amended, the “Lease”) to an operator or operators designated by the Company in its sole and absolute discretion, in a transaction or transactions similar to the one effected in December 2017. Pursuant to the LTA, the operational transfers of the Retained Facilities were to occur within 180 days of the LTA Effective Date, and Pristine agreed to make commercially reasonable efforts to facilitate such transfers. Pristine further agreed that, until the date or dates upon which such operational transfers occurred (each an “LTA Transition Date”), Pristine would continue to operate the Retained Facilities, collect revenues, pay payroll and other current operating expenses, pay the scheduled base rent and, to the extent of funds available, pay additional rent due under the Lease. To the extent the operations were unable to fund the additional rent, the Company agreed to fund the impound account as needed to meet current real property tax and franchise permit fee liabilities accruing, if any, through the LTA Transition Date(s). The Company determined that it will continue to (i) recognize Pristine rental revenues on a cash basis, and (ii) reserve the outstanding obligations of Pristine to the Company as of December 31, 2017, consisting of \$6.3 million in property tax reimbursements and advances of 2016 and 2017 franchise permit fees made during the year ended December 31, 2017, \$3.3 million of 2017 property tax reimbursements and franchise permit fees expected to be advanced after December 31, 2017 and \$0.8 million of unpaid base rent from September 2017.

Under the LTA, and upon Pristine’s full performance of the terms thereof, the Company agreed to terminate the Lease and all future obligations of the tenant thereunder; however, under the terms of the Lease, the Company’s security interest in Pristine’s accounts receivable will survive any such termination. Such security interest is subject to the prior lien and security interest of Pristine’s working capital lender, Capital One, National Association (“CONA”), with whom the Company has an existing intercreditor agreement that defines the relative rights and responsibilities of CONA and the Company with respect to the loan and lease collateral represented by Pristine’s accounts receivable and its respective security interests therein.

Pursuant to the LTA, on May 1, 2018 the operations of the Retained Facilities were transferred to Trio Healthcare, Inc. (“Trio”) and Hillstone Healthcare, Inc. (“Hillstone”). Trio assumed operations in seven facilities based primarily in the Dayton, Ohio area under a new 15-year master lease, while Hillstone assumed the operation of the two facilities in Willard and Toledo, Ohio under a new 12-year master lease. The aggregate annual base rent due under the new master leases with Trio and Hillstone is approximately \$10.0 million, with standard CPI-based escalators.

OnPointe Lease Terminations. On March 12, 2018, the Company terminated two separate facility leases between the Company and affiliates of OnPointe Health (“OnPointe”), which covered two properties located in Albuquerque, New Mexico and Brownsville, Texas. The Brownsville lease termination also terminated an option agreement which would have granted the tenant the right, under certain circumstances, to purchase the Brownsville property. OnPointe continued to operate the facilities following the lease terminations, and worked cooperatively with the Company to effectuate an orderly transfer of the operations in the two properties to two existing CareTrust tenants.

On May 1, 2018, OnPointe completed the operational transfers of both facilities. An affiliate of Eduro Healthcare, LLC (“Eduro”) assumed operational responsibility for the Albuquerque property, and the Company entered into a lease amendment with Eduro amending their existing master lease with the Company to add the Albuquerque property thereto. An affiliate of Providence Group, Inc. (“Providence”) assumed operational responsibility for the Brownsville property, and the Company entered into a lease amendment with Providence amending their existing master lease with

the Company to add the Brownsville property thereto. The aggregate annual base rent increase under the Eduro and Providence master leases, as amended, is approximately equivalent to the aggregate annual base rent the Company was receiving under the two OnPointe leases.

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Item 2. Management's Discussion and Analysis of Financial Condition and Results of Operations.

Forward-Looking Statements

Certain statements in this report may constitute forward-looking statements within the meaning of the Private Securities Litigation Reform Act of 1995. Those forward-looking statements include all statements that are not historical statements of fact and those regarding our intent, belief or expectations, including, but not limited to, statements regarding: future financing plans, business strategies, growth prospects and operating and financial performance; expectations regarding the making of distributions and the payment of dividends; and compliance with and changes in governmental regulations.

Words such as "anticipate(s)," "expect(s)," "intend(s)," "plan(s)," "believe(s)," "may," "will," "would," "could," "should," "se" similar expressions, or the negative of these terms, are intended to identify such forward-looking statements. These statements are based on management's current expectations and beliefs and are subject to a number of risks and uncertainties that could lead to actual results differing materially from those projected, forecasted or expected.

Although we believe that the assumptions underlying the forward-looking statements are reasonable, we can give no assurance that our expectations will be attained. Factors which could have a material adverse effect on our operations and future prospects or which could cause actual results to differ materially from our expectations include, but are not limited to: (i) the ability to achieve some or all of the benefits that we expect to achieve from the completed Spin-Off (as defined below); (ii) the ability and willingness of our tenants to meet and/or perform their obligations under the triple-net leases we have entered into with them and the ability and willingness of the Ensign Group, Inc. ("Ensign") to meet and/or perform its other contractual arrangements that it entered into with us in connection with the Spin-Off, and any of its obligations to indemnify, defend and hold us harmless from and against various claims, litigation and liabilities; (iii) the ability of our tenants to comply with laws, rules and regulations in the operation of the properties we lease to them; (iv) the ability and willingness of our tenants, including Ensign, to renew their leases with us upon their expiration, and the ability to reposition our properties on the same or better terms in the event of nonrenewal or in the event we replace an existing tenant, and obligations, including indemnification obligations, we may incur in connection with the replacement of an existing tenant; (v) the availability of and the ability to identify suitable acquisition opportunities and the ability to acquire and lease the respective properties on favorable terms; (vi) the ability to generate sufficient cash flows to service our outstanding indebtedness; (vii) access to debt and equity capital markets; (viii) fluctuating interest rates; (ix) the ability to retain our key management personnel; (x) the ability to maintain our status as a real estate investment trust ("REIT"); (xi) changes in the U.S. tax law and other state, federal or local laws, whether or not specific to REITs; (xii) other risks inherent in the real estate business, including potential liability relating to environmental matters and illiquidity of real estate investments; and (xiii) any additional factors included in our Annual Report on Form 10-K for the year ended December 31, 2017, including in the section entitled "Risk Factors" in Item 1A of Part I of such report, as such risk factors may be amended, supplemented or superseded from time to time by other reports we file with the Securities and Exchange Commission (the "SEC").

Forward-looking statements speak only as of the date of this report. Except in the normal course of our public disclosure obligations, we expressly disclaim any obligation to release publicly any updates or revisions to any forward-looking statements to reflect any change in our expectations or any change in events, conditions or circumstances on which any statement is based.

Overview

CareTrust REIT is a self-administered, publicly-traded REIT engaged in the ownership, acquisition, development and leasing of seniors housing and healthcare-related properties. As of March 31, 2018, the 92 facilities leased to Ensign had a total of 9,745 beds and units which are located in Arizona, California, Colorado, Idaho, Iowa, Nebraska, Nevada, Texas, Utah and Washington and the 96 remaining leased properties had a total of 8,783 beds and units and are located in California, Colorado, Florida, Georgia, Idaho, Illinois, Indiana, Iowa, Maryland, Michigan, Minnesota, New Mexico, North Carolina, Oregon, Texas, Virginia, Washington and Wisconsin. We also own and operate three ILFs which had a total of 264 units located in Texas and Utah. As of March 31, 2018, we also had other real estate investments consisting of \$5.6 million for two preferred equity investments and a mortgage loan receivable of \$12.5 million.

Recent Transactions

Recent Investments

From January 1, 2018 through May 8, 2018, we acquired six properties (comprising six SNFs) for approximately \$47.4 million, which include actual and estimated capitalized acquisition costs. These acquisitions are expected to generate

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initial annual cash revenues of approximately \$4.3 million and an initial blended yield of approximately 9.0%. See Note 3, Real Estate Investments, Net in the Notes to Condensed Consolidated Financial Statements for additional information.

Lease Amendments and Related Agreements

Pristine Lease Termination. On February 27, 2018 (the “LTA Effective Date”) we entered into a Lease Termination Agreement (the “LTA”) with affiliates of Pristine Senior Living, LLC (“Pristine”) under which Pristine agreed to surrender the facilities retained (the “Retained Facilities”) by Pristine under the Pristine master lease, as amended (as amended, the “Lease”) to an operator or operators designated by us in our sole and absolute discretion, in a transaction or transactions similar to the one effected in December 2017. Pursuant to the LTA, the operational transfers of the Retained Facilities were to occur within 180 days of the LTA Effective Date, and Pristine agreed to make commercially reasonable efforts to facilitate such transfers. Pristine further agreed that, until the date or dates upon which such operational transfers occurred (each an “LTA Transition Date”), Pristine would continue to operate the Retained Facilities, collect revenues, pay payroll and other current operating expenses, pay the scheduled base rent and, to the extent of funds available, pay additional rent due under the Lease. To the extent the operations were unable to fund the additional rent, we agreed to fund the impound account as needed to meet current real property tax and franchise permit fee liabilities accruing, if any, through the LTA Transition Date(s). We have determined that we will continue to (i) recognize Pristine rental revenues on a cash basis, and (ii) reserve the outstanding obligations of Pristine to us as of December 31, 2017, consisting of \$6.3 million in property tax reimbursements and advances of 2016 and 2017 franchise permit fees made during the year ended December 31, 2017, \$3.3 million of 2017 property tax reimbursements and franchise permit fees expected to be advanced after December 31, 2017 and \$0.8 million of unpaid base rent from September 2017.

Under the LTA we agreed, upon Pristine’s full performance of the terms thereof, to terminate the Lease and all future obligations of the tenant thereunder; however, under the terms of the Lease our security interest in Pristine’s accounts receivable will survive any such termination. Such security interest is subject to the prior lien and security interest of Pristine’s working capital lender, Capital One, National Association (“CONA”), with whom we have an existing intercreditor agreement that defines the relative rights and responsibilities of CONA and us with respect to the loan and lease collateral represented by Pristine’s accounts receivable and our respective security interests therein. Pursuant to the LTA, on May 1, 2018 the operations of the Retained Facilities were transferred to Trio Healthcare, Inc. (“Trio”) and Hillstone Healthcare, Inc. (“Hillstone”). Trio assumed operations in seven facilities based primarily in the Dayton, Ohio area under a new 15-year master lease, while Hillstone assumed the operation of the two facilities in Willard and Toledo, Ohio under a new 12-year master lease. The aggregate annual base rent due under the new master leases with Trio and Hillstone is approximately \$10.0 million, with standard CPI-based escalators.

OnPointe Lease Terminations. On March 12, 2018, we terminated two separate facility leases between us and affiliates of OnPointe Health (“OnPointe”), which covered two properties located in Albuquerque, New Mexico and Brownsville, Texas, respectively. The Brownsville lease termination also terminated an option agreement which would have granted the tenant the right, under certain circumstances, to purchase the Brownsville property. OnPointe continued to operate the facilities following the lease terminations, and worked cooperatively with us to effectuate an orderly transfer of the operations in the two properties to two existing CareTrust tenants.

On May 1, 2018, OnPointe completed the operational transfers of both facilities. An affiliate of Eduro Healthcare, LLC (“Eduro”) assumed operational responsibility for the Albuquerque property, and we entered into a lease amendment with Eduro amending their existing master lease with us to add the Albuquerque property thereto. An affiliate of Providence Group, Inc. (“Providence”) assumed operational responsibility for the Brownsville property, and we entered into a lease amendment with Providence amending their existing master lease with us to add the Brownsville property thereto. The aggregate annual base rent increase under the Eduro and Providence master leases, as amended, is approximately equivalent to the aggregate annual base rent we were receiving under the two OnPointe leases.

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Results of Operations

Operating Results

Three Months Ended March 31, 2018 Compared to Three Months Ended March 31, 2017:

| | Three Months Ended March 31, 2018 2017 | | Increase (Decrease) | Percentage Difference | |
|-------------------------------|---|----------|------------------------|--------------------------|---|
| (dollars in thousands) | | | | | |
| Revenues: | | | | | |
| Rental income | \$33,816 | \$27,339 | \$ 6,477 | 24 | % |
| Tenant reimbursements | 2,968 | 2,321 | 647 | 28 | % |
| Independent living facilities | 799 | 793 | 6 | 1 | % |
| Interest and other income | 518 | 155 | 363 | 234 | % |
| Expenses: | | | | | |
| Depreciation and amortization | 11,577 | 9,076 | 2,501 | 28 | % |
| Interest expense | 7,092 | 5,879 | 1,213 | 21 | % |
| Property taxes | 2,968 | 2,321 | 647 | 28 | % |
| Independent living facilities | 716 | 661 | 55 | 8 | % |
| General and administrative | 3,192 | 2,390 | 802 | 34 | % |

Rental income. Rental income was \$33.8 million for the three months ended March 31, 2018 compared to \$27.3 million for the three months ended March 31, 2017. The \$6.5 million or 24% increase in rental income is primarily due to \$6.6 million from real estate investments made after April 1, 2017, \$0.5 million from increases in rental rates for our existing tenants and \$0.5 million of straight-line rent, partially offset by \$1.1 million in cash rents as of March 31, 2018.

Independent living facilities. Revenues from our three ILFs that we own and operate remained consistent at \$0.8 million for the three months ended March 31, 2018 compared to the three months ended March 31, 2017. Expenses also remained consistent at \$0.7 million for the three months ended March 31, 2018 compared to the three months ended March 31, 2017.

Interest and other income. Interest and other income increased \$0.3 million for the three months ended March 31, 2018 to \$0.5 million compared to \$0.2 million for the three months ended March 31, 2017. The increase was due to the interest income related to our mortgage loan receivable that we provided in October 2017.

Depreciation and amortization. Depreciation and amortization expense increased \$2.5 million or 28% for the three months ended March 31, 2018 to \$11.6 million compared to \$9.1 million for the three months ended March 31, 2017, primarily due to new real estate investments made after April 1, 2017.

Interest expense. Interest expense increased \$1.2 million or 21% for the three months ended March 31, 2018 to \$7.1 million compared to \$5.9 million for the three months ended March 31, 2017. The increase was primarily due to a higher outstanding balance on our unsecured revolving credit facility and higher LIBOR interest rates for the three months ended March 31, 2018 compared to the three months ended March 31, 2017.

General and administrative expense. General and administrative expense increased \$0.8 million or 34% for the three months ended March 31, 2018 to \$3.2 million compared to \$2.4 million for the three months ended March 31, 2017. The increase is primarily related to amortization of stock-based compensation of \$0.4 million, higher cash wages of \$0.3 million and \$0.1 million of professional fees.

Liquidity and Capital Resources

To qualify as a REIT for federal income tax purposes, we are required to distribute at least 90% of our REIT taxable income, determined without regard to the dividends paid deduction and excluding any net capital gains, to our

stockholders on an annual basis. Accordingly, we intend to make, but are not contractually bound to make, regular quarterly dividends to common stockholders from cash flow from operating activities. All such dividends are at the discretion of our board of directors.

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During the three months ended March 31, 2018, we did not sell shares of common stock under our “at the market” equity offering program (“ATM Program”). At March 31, 2018, we had approximately \$236.1 million available for future issuances under the ATM Program. As of March 31, 2018, there was \$200.0 million outstanding under the Revolving Facility. See Note 6, Debt, and Note 7, Equity, in the Notes to Condensed Consolidated Financial Statements for additional information. We believe that our available cash, expected operating cash flows, and the availability under our ATM Program and Credit Facility will provide sufficient funds for our operations, anticipated scheduled debt service payments and dividend plans for at least the next twelve months.

We intend to invest in and/or develop additional healthcare properties as suitable opportunities arise and adequate sources of financing are available. We expect that future investments and/or development in properties, including any improvements or renovations of current or newly-acquired properties, will depend on and will be financed by, in whole or in part, our existing cash, borrowings available to us under the Credit Facility, future borrowings or the proceeds from sales of shares of our common stock pursuant to our ATM Program or additional issuances of common stock or other securities. In addition, we may seek financing from U.S. government agencies, including through Fannie Mae and the U.S. Department of Housing and Urban Development, in appropriate circumstances in connection with acquisitions and refinancing of existing mortgage loans.

We have filed an automatic shelf registration statement with the SEC that expires in May 2020, which will allow us or certain of our subsidiaries, as applicable, to offer and sell shares of common stock, preferred stock, warrants, rights, units and debt securities through underwriters, dealers or agents or directly to purchasers, in one or more offerings on a continuous or delayed basis, in amounts, at prices and on terms we determine at the time of the offering.

Although we are subject to restrictions on our ability to incur indebtedness, we expect that we will be able to refinance existing indebtedness or incur additional indebtedness for acquisitions or other purposes, if needed. However, there can be no assurance that we will be able to refinance our indebtedness, incur additional indebtedness or access additional sources of capital, such as by issuing common stock or other debt or equity securities, on terms that are acceptable to us or at all.

Cash Flows

The following table presents selected data from our condensed consolidated statements of cash flows for the periods presented:

| | For the Three Months Ended March 31, 2018 2017 | |
|--|--|-----------|
| | (dollars in thousands) | |
| Net cash provided by operating activities | \$22,059 | \$20,166 |
| Net cash used in investing activities | (35,114) | (55,474) |
| Net cash provided by financing activities | 20,341 | 29,091 |
| Net increase (decrease) in cash and cash equivalents | 7,286 | (6,217) |
| Cash and cash equivalents, beginning of period | 6,909 | 7,500 |
| Cash and cash equivalents, end of period | \$14,195 | \$1,283 |

Three Months Ended March 31, 2018 Compared to Three Months Ended March 31, 2017

Net cash provided by operating activities for the three months ended March 31, 2018 was \$22.1 million compared to \$20.2 million for the three months ended March 31, 2017, an increase of \$1.9 million. The increase was primarily due to a \$4.3 million increase in net income and \$0.3 million in noncash income and expenses, partially offset by a \$2.7 million change in operating assets and liabilities.

Net cash used in investing activities for the three months ended March 31, 2018 was \$35.1 million compared to \$55.5 million for the three months ended March 31, 2017, a decrease of \$20.4 million. The decrease was primarily the result of \$13.0 million in net proceeds from the sale of real estate, \$7.5 million decrease in acquisitions, \$0.1 million decrease in improvement to real estate and \$0.1 million of purchases of furniture, fixtures and equipment, partially offset by an increase of \$0.3 million in escrow deposits for acquisitions.

Net cash provided by financing activities for the three months ended March 31, 2018 was \$20.3 million compared to \$29.1 million for the three months ended March 31, 2017, a decrease of \$8.8 million. This decrease was primarily due to a

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decrease in net proceeds of \$108.2 million from common stock offerings, increase in dividends paid of \$3.0 million and \$0.6 million of net-settlement adjustments on restricted stock, partially offset by a decrease in repayments of debt of \$88.0 million and greater borrowings of debt in the amount of \$15.0 million.

Indebtedness

Senior Unsecured Notes

On May 10, 2017, the Operating Partnership, and its wholly owned subsidiary, CareTrust Capital Corp. (together with the Operating Partnership, the “Issuers”), completed a public offering of \$300.0 million aggregate principal amount of 5.25% Senior Notes due 2025. The Notes were issued at par, resulting in gross proceeds of \$300.0 million and net proceeds of approximately \$294.0 million after deducting underwriting fees and other offering expenses. We used the net proceeds from the offering of the Notes to redeem all \$260.0 million aggregate principal amount outstanding of our 5.875% Senior Notes due 2021, including payment of the redemption price of 102.938% and all accrued and unpaid interest thereon. We used the remaining portion of the net proceeds of the Notes offering to pay borrowings outstanding under our senior unsecured revolving credit facility. The Notes mature on June 1, 2025 and bear interest at a rate of 5.25% per year. Interest on the Notes is payable on June 1 and December 1 of each year, beginning on December 1, 2017.

The Issuers may redeem the Notes any time before June 1, 2020 at a redemption price of 100% of the principal amount of the Notes redeemed plus accrued and unpaid interest on the Notes, if any, to, but not including, the redemption date, plus a “make-whole” premium described in the indenture governing the Notes and, at any time on or after June 1, 2020, at the redemption prices set forth in the indenture. At any time on or before June 1, 2020, up to 40% of the aggregate principal amount of the Notes may be redeemed with the net proceeds of certain equity offerings if at least 60% of the originally issued aggregate principal amount of the Notes remains outstanding. In such case, the redemption price will be equal to 105.25% of the aggregate principal amount of the Notes to be redeemed plus accrued and unpaid interest, if any, to, but not including the redemption date. If certain changes of control of CareTrust REIT occur, holders of the Notes will have the right to require the Issuers to repurchase their Notes at 101% of the principal amount plus accrued and unpaid interest, if any, to, but not including, the repurchase date.

The obligations under the Notes are fully and unconditionally guaranteed, jointly and severally, on an unsecured basis, by CareTrust REIT and certain of CareTrust REIT’s wholly owned existing and, subject to certain exceptions, future material subsidiaries (other than the Issuers); provided, however, that such guarantees are subject to automatic release under certain customary circumstances, including if the subsidiary guarantor is sold or sells all or substantially all of its assets, the subsidiary guarantor is designated “unrestricted” for covenant purposes under the indenture, the subsidiary guarantor’s guarantee of other indebtedness which resulted in the creation of the guarantee of the Notes is terminated or released, or the requirements for legal defeasance or covenant defeasance or to discharge the indenture have been satisfied. See Note 12, Summarized Condensed Consolidating Information.

The indenture contains customary covenants such as limiting the ability of CareTrust REIT and its restricted subsidiaries to: incur or guarantee additional indebtedness; incur or guarantee secured indebtedness; pay dividends or distributions on, or redeem or repurchase, capital stock; make certain investments or other restricted payments; sell assets; enter into transactions with affiliates; merge or consolidate or sell all or substantially all of their assets; and create restrictions on the ability of the Issuers and their restricted subsidiaries to pay dividends or other amounts to the Issuers. The indenture also requires CareTrust REIT and its restricted subsidiaries to maintain a specified ratio of unencumbered assets to unsecured indebtedness. These covenants are subject to a number of important and significant limitations, qualifications and exceptions. The indenture also contains customary events of default.

As of March 31, 2018, we were in compliance with all applicable financial covenants under the indenture.

Unsecured Revolving Credit Facility and Term Loan

On August 5, 2015, the Company, CareTrust GP, LLC, the Operating Partnership, as the borrower, and certain of its wholly-owned subsidiaries entered into a credit and guaranty agreement with KeyBank National Association, as administrative agent, an issuing bank and swingline lender, and the lenders party thereto (the “Credit Agreement”). The Credit Agreement initially provided for an unsecured asset-based revolving credit facility (the “Revolving Facility”) with commitments in an aggregate principal amount of \$300.0 million from a syndicate of banks and other financial

institutions, and an accordion feature that allows the Operating Partnership to increase the borrowing availability by up to an additional \$200.0 million. A portion of the proceeds of the Revolving Facility were used to pay off and terminate the Company's existing secured asset-

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based revolving credit facility under a credit agreement dated May 30, 2014, with SunTrust Bank, as administrative agent, and the lenders party thereto.

On February 1, 2016, the Company, CareTrust GP, LLC, the Operating Partnership, as the borrower, and certain of its wholly owned subsidiaries entered into the First Amendment (the “Amendment”) to the Credit Agreement. Pursuant to the Amendment, (i) commitments in respect of the Revolving Facility were increased by \$100.0 million to \$400.0 million total, (ii) a new \$100.0 million non-amortizing unsecured term loan (the “Term Loan” and, together with the Revolving Facility, the “Credit Facility”) was funded and (iii) the uncommitted incremental facility was increased by \$50.0 million to \$250.0 million. The Revolving Facility continues to mature on August 5, 2019, subject to two, six-month extension options. The Term Loan, which matures on February 1, 2023, may be prepaid at any time subject to a 2% premium in the first year after issuance and a 1% premium in the second year after issuance.

Approximately \$95.0 million of the proceeds of the Term Loan were used to pay off and terminate the Company’s existing secured mortgage indebtedness under the Fifth Amended and Restated Loan Agreement, dated May 30, 2014. As of March 31, 2018, there was \$200.0 million outstanding under the Revolving Facility.

The Credit Agreement initially provided that, subject to customary conditions, including obtaining lender commitments and pro forma compliance with financial maintenance covenants under the Credit Agreement, the Operating Partnership may seek to increase the aggregate principal amount of the revolving commitments and/or establish one or more new tranches of incremental revolving or term loans under the Credit Facility in an aggregate amount not to exceed \$200.0 million. Pursuant to the Amendment, the uncommitted incremental facility was increased by \$50.0 million to \$250.0 million effective February 1, 2016. The Company does not currently have any commitments for such increased loans.

The interest rates applicable to loans under the Revolving Facility are, at the Company’s option, equal to either a base rate plus a margin ranging from 0.75% to 1.40% per annum or applicable LIBOR plus a margin ranging from 1.75% to 2.40% per annum based on the debt to asset value ratio of the Company and its subsidiaries (subject to decrease at the Company’s election if the Company obtains certain specified investment grade ratings on its senior long term unsecured debt).

In addition, the Company pays a commitment fee on the unused portion of the commitments under the Revolving Facility of 0.15% or 0.25% per annum, based upon usage of the Revolving Facility (unless the Company obtains certain specified investment grade ratings on its senior long term unsecured debt and elects to decrease the applicable margin as described above, in which case the Company will pay a facility fee on the revolving commitments ranging from 0.125% to 0.30% per annum based upon the credit ratings of its senior long term unsecured debt).

Pursuant to the Amendment, the interest rates applicable to the Term Loan are, at the Company’s option, equal to a base rate plus a margin ranging from 0.95% to 1.60% per annum or applicable LIBOR plus a margin ranging from 1.95% to 2.60% per annum based on the debt to asset value ratio of the Company and its subsidiaries (subject to decrease at the Company’s election if the Company obtains certain specified investment grade ratings on its senior long term unsecured debt).

The Credit Facility is guaranteed, jointly and severally, by the Company and its wholly owned subsidiaries that are party to the Credit Agreement (other than the Operating Partnership). The Credit Agreement contains customary covenants that, among other things, restrict, subject to certain exceptions, the ability of the Company and its subsidiaries to grant liens on their assets, incur indebtedness, sell assets, make investments, engage in acquisitions, mergers or consolidations, amend certain material agreements and pay certain dividends and other restricted payments. The Credit Agreement requires the Company to comply with financial maintenance covenants to be tested quarterly, consisting of a maximum debt to asset value ratio, a minimum fixed charge coverage ratio, a minimum tangible net worth, a maximum cash distributions to operating income ratio, a maximum secured debt to asset value ratio and a maximum secured recourse debt to asset value ratio. The Credit Agreement also contains certain customary events of default, including that the Company is required to operate in conformity with the requirements for qualification and taxation as a REIT.

As of March 31, 2018, the Company was in compliance with all applicable financial covenants under the Credit Agreement.

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Obligations and Commitments

The following table summarizes our contractual obligations and commitments as of March 31, 2018 (in thousands):

| | Payments Due by Period | | | | |
|---|------------------------|------------------|-----------------------------|------------------------------|-------------------|
| | Total | Less than 1 Year | 1 Year to Less than 3 Years | 3 Years to Less than 5 Years | More than 5 years |
| Senior unsecured notes payable (1) | \$418,125 | \$15,750 | \$31,500 | \$31,500 | \$339,375 |
| Senior unsecured term loan (2) | 118,833 | 3,890 | 7,791 | 107,152 | — |
| Unsecured revolving credit facility (3) | 210,567 | 7,855 | 202,712 | — | — |
| Operating lease | 263 | 138 | 125 | — | — |
| Total | \$747,788 | \$27,633 | \$242,128 | \$138,652 | \$339,375 |

(1) Amounts include interest payments of \$118.1 million.

(2) Amounts include interest payments of \$18.8 million.

(3) The unsecured revolving credit facility includes payments related to the unused credit facility fee.

Capital Expenditures

We anticipate incurring average annual capital expenditures of \$400 to \$500 per unit in connection with the operations of our three ILFs. Capital expenditures for each property leased under our triple-net leases are generally the responsibility of the tenant, except that, for the facilities leased to subsidiaries of Ensign under eight master leases (“Ensign Master Leases”), the tenant will have an option to require us to finance certain capital expenditures up to an aggregate of 20% of our initial investment in such property, subject to a corresponding rent increase at the time of funding. For our other triple-net master leases, the tenants also have the option to request capital expenditure funding that would also be subject to a corresponding rent increase at the time of funding.

Critical Accounting Policies and Estimates

Our Condensed Consolidated Financial Statements included in Item 1 of this Quarterly Report on Form 10-Q have been prepared in accordance with GAAP for interim financial information set forth in the Accounting Standards Codification, as published by the Financial Accounting Standards Board. GAAP requires us to make estimates and assumptions regarding future events that affect the reported amounts of assets and liabilities, the disclosure of contingent assets and liabilities at the date of the financial statements and the reported amounts of revenues and expenses during the reporting periods. We base these estimates on our experience and assumptions we believe to be reasonable under the circumstances. However, if our judgment or interpretation of the facts and circumstances relating to various transactions or other matters had been different, we may have applied a different accounting treatment, resulting in a different presentation of our financial statements. We periodically reevaluate our estimates and assumptions, and in the event they prove to be different from actual results, we make adjustments in subsequent periods to reflect more current estimates and assumptions about matters that are inherently uncertain. Please refer to our Annual Report on Form 10-K for the year ended December 31, 2017, filed with the SEC on February 27, 2018, for further information regarding the critical accounting policies that affect our more significant estimates and judgments used in the preparation of our Condensed Consolidated Financial Statements included in Part I, Item 1 of this Quarterly Report on Form 10-Q. There have been no material changes in such critical accounting policies during the three months ended March 31, 2018.

Item 3. Quantitative and Qualitative Disclosures About Market Risk.

Our primary market risk exposure is interest rate risk with respect to our variable rate indebtedness.

Our Credit Agreement provides for revolving commitments in an aggregate principal amount of \$400.0 million from a syndicate of banks and other financial institutions. The interest rates per annum applicable to loans under the Revolving Facility are, at the Company’s option, equal to either a base rate plus a margin ranging from 0.75% to

1.40% per annum or applicable LIBOR plus a margin ranging from 1.75% to 2.40% per annum, based on the debt to asset value ratio of the Operating Partnership and its subsidiaries (subject to decrease at the Company's election if the Company obtains certain specified investment grade ratings on its senior long term unsecured debt). Pursuant to the Amendment, the interest rates applicable to the Term Loan are, at the Company's option, equal to a base rate plus a margin ranging from 0.95% to 1.60% per

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annum or applicable LIBOR plus a margin ranging from 1.95% to 2.60% per annum based on the debt to asset value ratio of the Company and its subsidiaries (subject to decrease at the Company's election if the Company obtains certain specified investment grade ratings on its senior long term unsecured debt). As of March 31, 2018, we had a \$100.0 million Term Loan outstanding and there was \$200.0 million outstanding under the Credit Facility.

An increase in interest rates could make the financing of any acquisition by us more costly as well as increase the costs of our variable rate debt obligations. Rising interest rates could also limit our ability to refinance our debt when it matures or cause us to pay higher interest rates upon refinancing and increase interest expense on refinanced indebtedness. Assuming a 100 basis point increase in the interest rates related to our variable rate debt, and assuming no change in our outstanding debt balance as described above, interest expense would have increased approximately \$0.8 million for the three months ended March 31, 2018.

We may, in the future, manage, or hedge, interest rate risks related to our borrowings by means of interest rate swap agreements. However, the REIT provisions of the Code substantially limit our ability to hedge our assets and liabilities. See "Risk Factors — Risks Related to Our Status as a REIT — Complying with REIT requirements may limit our ability to hedge effectively and may cause us to incur tax liabilities," which is included in our Annual Report on Form 10-K for the year ended December 31, 2017. As of March 31, 2018, we had no swap agreements to hedge our interest rate risks. We also expect to manage our exposure to interest rate risk by maintaining a mix of fixed and variable rates for our indebtedness.

Item 4. Controls and Procedures.

Disclosure Controls and Procedures

We maintain disclosure controls and procedures (as such term is defined in Rules 13a-15(e) and 15d-15(e) under the Securities Exchange Act of 1934, as amended ("Exchange Act")) that are designed to ensure that information required to be disclosed in our reports under the Exchange Act is processed, recorded, summarized and reported within the time periods specified in the SEC's rules and regulations and that such information is accumulated and communicated to management, including our Chief Executive Officer and Chief Financial Officer, as appropriate, to allow for timely decisions regarding required disclosure. In designing and evaluating the disclosure controls and procedures, management recognizes that any controls and procedures, no matter how well designed and operated, can provide only reasonable assurance of achieving the desired control objectives, and management is required to apply its judgment in evaluating the cost-benefit relationship of possible controls and procedures.

As of March 31, 2018, we carried out an evaluation, under the supervision and with the participation of management, including our Chief Executive Officer and Chief Financial Officer, regarding the effectiveness of our disclosure controls and procedures. Based on the foregoing, our Chief Executive Officer and Chief Financial Officer concluded that our disclosure controls and procedures were effective, at the reasonable assurance level, as of March 31, 2018.

Changes in Internal Control over Financial Reporting

There has been no change in our internal control over financial reporting (as such term is defined in Rules 13a-15(f) and 15d-15(f) under the Exchange Act) that occurred during the quarter ended March 31, 2018, that has materially affected, or is reasonably likely to materially affect, our internal control over financial reporting.

PART II—OTHER INFORMATION

Item 1. Legal Proceedings.

The Company and its subsidiaries are and may become from time to time a party to various claims and lawsuits arising in the ordinary course of business, but none of the Company or any of its subsidiaries is, and none of their respective properties are, the subject of any material legal proceedings. Claims and lawsuits may include matters involving general or professional liability asserted against our tenants, which are the responsibility of our tenants and for which the Company is entitled to be indemnified by its tenants under the insurance and indemnification provisions in the applicable leases.

Item 1A. Risk Factors.

We have disclosed under the heading “Risk Factors” in our Annual Report on Form 10-K for the year ended December 31, 2017 risk factors which materially affect our business, financial condition, or results of operations. There have been no material changes from the risk factors previously disclosed.

Item 2. Unregistered Sales of Equity Securities and Use of Proceeds.

During the three months ended March 31, 2018, we did not make any unregistered sales of equity securities. During the three months ended March 31, 2018, we acquired shares of common stock held by employees who tendered shares to satisfy tax withholding obligations upon the vesting of previously issued restricted stock awards. Specifically, the number of shares of common stock acquired from employees and the average prices paid per share for each month in the first quarter ended March 31, 2018 are as follows:

| Period | Total Number of Shares Purchased | Average Price Paid per Share |
|--------------------------------|---|--|
| January 1 - January 31, 2018 | — | \$ — |
| February 1 - February 28, 2018 | 39,331 | \$ 15.37 |
| March 1 - March 31, 2018 | — | \$ — |
| Total | 39,331 | \$ 15.37 |

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Item 6. Exhibits.

| Exhibit Number | Description of the Document |
|----------------|---|
| <u>2.1</u> | <u>Separation and Distribution Agreement, dated as of May 23, 2014, by and between The Ensign Group, Inc. and CareTrust REIT, Inc. (Exhibit 2.1 to the Company's Current Report on Form 8-K, filed on June 5, 2014, is incorporated herein by reference).</u> |
| <u>3.1</u> | <u>Articles of Amendment and Restatement of CareTrust REIT, Inc. (Exhibit 3.1 to the Company's Registration Statement on Form 10, filed on May 13, 2014, is incorporated herein by reference).</u> |
| <u>3.2</u> | <u>Amended and Restated Bylaws of CareTrust REIT, Inc. (Exhibit 3.1 to the Company's Current Report on Form 8-K, filed on April 5, 2018, is incorporated herein by reference).</u> |
| <u>*31.1</u> | <u>Certification of Chief Executive Officer, as adopted pursuant to Section 302 of the Sarbanes-Oxley Act of 2002.</u> |
| <u>*31.2</u> | <u>Certification of Chief Financial Officer, as adopted pursuant to Section 302 of the Sarbanes-Oxley Act of 2002.</u> |
| <u>**32</u> | <u>Certification of Chief Executive Officer and Chief Financial Officer pursuant to 18 U.S.C. Section 1350, as adopted pursuant to Section 906 of the Sarbanes-Oxley Act of 2002.</u> |

*101.INS XBRL Instance Document

*101.SCH XBRL Taxonomy Extension Schema Document

*101.CAL XBRL Taxonomy Extension Calculation Linkbase Document

*101.DEF XBRL Taxonomy Extension Definition Linkbase Document

*101.LAB XBRL Taxonomy Extension Label Linkbase Document

*101.PRE XBRL Taxonomy Extension Presentation Linkbase Document

* Filed
herewith

**
Furnished
herewith

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

CareTrust REIT, Inc.

May 8, 2018 By: /s/ Gregory K. Stapley
Gregory K. Stapley
President and Chief Executive Officer
(duly authorized officer)

May 8, 2018 By: /s/ William M. Wagner
William M. Wagner
Chief Financial Officer and Treasurer
(principal financial officer and
principal accounting officer)