

RCM TECHNOLOGIES INC  
Form 8-K  
March 10, 2010

UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
WASHINGTON, DC 20549

FORM 8-K

CURRENT REPORT  
PURSUANT TO SECTION 13 OR 15(d) OF THE  
SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported): March 10, 2010

RCM Technologies, Inc.  
(Exact Name of Registrant as Specified in Charter)

Nevada (State or Other Jurisdiction of Incorporation)	1-10245 (Commission File Number)	95-1480559 (I.R.S. Employer Identification No.)
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2500 McClellan Avenue, Suite 350 Pennsauken, NJ (Address of Principal Executive Offices)	08109-4613 (Zip Code)
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Registrant's telephone number, including area code: (856) 356-4500

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425).
- Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12).
- Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240-14d-2(b)).
- Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240-13e-4(c)).



Item 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers

On March 8, 2010, Richard D. Machon and S. Gary Snodgrass were elected to the Board of Directors (the "Board") of RCM Technologies, Inc. (the "Company"). Immediately prior to their elections, the Board voted to increase the size of the Board by two directors, and Messrs. Machon and Snodgrass were elected to the Board to fill the newly created vacancies, which are Class A and Class C of the Board, respectively. Their terms are scheduled to expire at the Company's annual meetings of stockholders to be held in 2012 and 2011, respectively. Messrs. Machon and Snodgrass will receive the same compensation and reimbursement of expenses as are payable to other non-employee directors.

The press release describing these appointments is attached as Exhibit 99 to this report.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits.

Exhibit Number	Exhibit Title
99	Press Release, dated March 10, 2010

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

RCM TECHNOLOGIES, INC.

By: /s/ Kevin D. Miller  
Kevin Miller  
Chief Financial Officer, Treasurer and  
Secretary

Dated: March 10, 2010

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EXHIBIT INDEX

Exhibit Number	Exhibit Title
99	Press Release, dated March 10, 2010.