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HEARTLAND EXPRESS INC

Form 8-K December 16, 2011			
UNITED STATES SECURITIES AND EXCHANG Washington, D.C. 20549	E COMMISSION		
FORM 8-K			
CURRENT REPORT Pursuant to Section 13 or 15(d) or	of the Securities Exchange Act of	1934	
Date of Report (Date of earliest of December 14, 2011	event reported):		
HEARTLAND EXPRESS, INC. (Exact name of registrant as spec			
Nevada (State of other Jurisdiction of Incorporation)	000-15087 (Commission File Number)	93-0926999 (IRS Employer Identification No.)	
901 NORTH KANSAS AVE, NORTH LIBERTY, IA (Address of Principal Executive Offices)		52317 (Zip Code)	
(319) 626-3600 Registrant's Telephone Number ((including area code):		
Check the appropriate box below the registrant under any of the fo	•	d to simultaneously satisfy the filing obligation of	
[] Written communications pur	rsuant to Rule 425 under the Secur	rities Act (17 CFR 230.425)	
[] Soliciting material pursuant	to Rule 14a-12 under the Exchang	ge Act (17 CFR 240.14a-12)	
[] Pre-commencement commun	nications pursuant to Rule 14d-2(b	b) under the Exchange Act (17 CFR 240.14d-2(b))	
[] Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))			

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Item 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers

On December 14, 2011, the Compensation Committee of the Board of Directors (the "Committee") of Heartland Express, Inc., a Nevada corporation (the "Company"), granted approximately 350,000 shares of restricted stock to certain employees of the Company (the "Grant") under the Company's 2011 Restricted Stock Award Plan (the "Plan"). The Grant vests as follows:

(a) beginning one year after the initial vesting date and will become fully vested on June 1, 2016; and (b) The vesting is subject to certain continued employment, termination, and forfeiture provisions.

The following table sets forth the awards to the Company's named executive officers as part of the Grant:

Named Executive Officer	Restricted Stock (shares)
Michael J. Gerdin, Chief Executive Officer, President, and	0
Director	O
John P. Cosaert, Executive Vice President of Finance,	25,000
Treasurer and Chief Financial Officer	
Richard L. Meehan, Executive Vice President of Marketing	25,000
and Operations	
Thomas E. Hill, Vice President, Controller, and Secretary	15,000

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on behalf by the undersigned thereunto duly authorized.

HEARTLAND EXPRESS, INC.

Date: December 16, 2011 By: /s/ John P. Cosaert

John P. Cosaert

Executive Vice President - Finance, Chief Financial Officer and Treasurer