AVID TECHNOLOGY INC		
Form 8-K		
November 20, 2006		
UNITED STATES		
SECURITIES AND EXCHAN	IGE COMMISSION	
Washington, D.C. 20549		
FORM 8-K		
CURRENT REPORT		
PURSUANT TO SECTIONS 13 OR	15(d) OF THE SECURITIES EXCHANGE AC	CT OF 1934
Date of report (Date of earliest event re	ported): November 15, 2006	
AVID TECHNOLOGY, INC.		
(Exact Name of Registrant as Specified	l in Its Charter)	
Delaware	0-21174	04-2977748
(State or Other Jurisdiction of Incorporation or Organization)	(Commission File Number)	(I.R.S. Employer Identification No.)
Avid Technology Park, One Park West, Tewksbury, MA (Address of Principal Executive Offices)		01876 (Zip Code)
•		(Zip Code)
Registrant's telephone number, includir	ng area code: (978) 640-6789	
(Former Name or Former Address, if C	hanged Since Last Report)	

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (*see* General Instruction A.2. below):

- O Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- O Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- O Pre-commencement communications pursuant to Rule 14d-2 (b) under the Exchange Act (17 CFR 240.14d-2(b))
- O Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 5.02. Departure of Directors or Principal Officers; Election of Directors; Appointment of Principal Officers; Compensatory Arrangements of Certain Officers.

2005 Stock Incentive Plan Form Agreements

On November 15, 2006, the Compensation Committee of the Board of Directors of Avid Technology, Inc. (the Company) adopted the following form agreements for equity awards under the Company s 2005 Stock Incentive Plan:

Restricted Stock Unit Award Terms and Conditions;

Restricted Stock Award Terms and Conditions; and

Nonstatutory Stock Option Grant Terms and Conditions.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits
See Exhibit Index attached hereto.

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SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: November 20, 2006 AVID TECHNOLOGY, INC.

(Registrant)

By: /s/ Page Parisi

Paige Parisi

Vice President and General Counsel

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EXHIBIT INDEX

Exhibit No.	Description
*#10.1	Form of Restricted Stock Unit Award Terms and Conditions.
*#10.2	Form of Restricted Stock Award Terms and Conditions.
*#10.3	Form of Nonstatutory Stock Option Grant Terms and Conditions.

* Documents filed herewith

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[#] Management contract or compensatory plan