SABO ROBERT J

Form 4

January 28, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number:

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Expires:

January 31, 2005

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OMB APPROVAL

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

response...

Check this box if no longer subject to Section 16. Form 4 or

SECURITIES Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

METROPOLITAN HEALTH

NETWORKS INC [MDF]

1(b).

(Last)

(Print or Type Responses)

See Instruction

1. Name and Address of Reporting Person *

SABO ROBERT J

(First)

(Middle)

250 S. AUSTRALIAN **AVENUE, SUITE 400**

(Street)

3. Date of Earliest Transaction

Symbol

(Month/Day/Year) 01/26/2010

4. If Amendment, Date Original Filed(Month/Day/Year)

3.

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

Director 10% Owner X_ Officer (give title Other (specify

below) Chief Financial Officer

6. Individual or Joint/Group Filing(Check

Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting

WEST PALM BEACH, FL US 33401

(City)

(State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of 2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date, if Security (Instr. 3) (Month/Day/Year)

Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)

4. Securities Acquired

5. Amount of Securities Beneficially Owned Following Reported

Transaction(s)

(D) or Indirect (I) (Instr. 4)

6. Ownership 7. Nature of Form: Direct Indirect Beneficial Ownership (Instr. 4)

or (Instr. 3 and 4) Code V Amount Price (D) 124,709

(A)

Common Stock

01/26/2010

A (1)

\$0 227,909

D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exer	cisable and	7. Title	and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transaction	orNumber	Expiration D	ate	Amour	nt of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Underl	ying	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securit	ies	(Instr. 5)	Bene
	Derivative				Securities			(Instr. :	3 and 4)		Owne
	Security				Acquired						Follo
	·				(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
									A		
									Amount		
						Date	Expiration		or		
						Exercisable	Date		Number		
				~					of		
				Code V	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

SABO ROBERT J 250 S. AUSTRALIAN AVENUE SUITE 400 WEST PALM BEACH, FL US 33401

Chief Financial Officer

Signatures

/s/ Robert J. 01/28/2010 Sabo

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares granted as a one-time bonus approved by the Board. Shares vest ratably over four years, commencing on the first anniversary of the grant date.

Reporting Owners 2

2(E). CUSIP NUMBER 179895107								
EXECUTIVE OFFICES 840 Crescent Centre Drive Suite 600 Franklin, TN 37067								
BARCLAYS GLOBAL INVESTORS JAPAN LIMITED								
BUSINESS OFFICE OR, IF NONE, RESIDENCE Ebisu Prime Square Tower 8th Floor 1-1-39 Hiroo Shibuya-Ku Tokyo 150-8402 Japan								
SECURITIES Common Stock ITEM 2(E). CUSIP NUMBER 179895107 ITEM 3. IF THIS								
NUMBER 179895107								
EXECUTIVE OFFICES 840 Crescent Centre Drive Suite 600 Franklin, TN 37067								
BARCLAYS GLOBAL INVESTORS CANADA LIMITED								

investment company under section 3(c)(14) of the Investment Company Act Non-U.S. institution, in accordance with section 240.13d-1(b)(1)(ii)(J) (k) // 240.13d-1(b)(1)(ii)(V) ITEM 1(A) NAME OF ISSUED CLARGOD INC.	
240.13d-1(b)(1)(ii)(K) ITEM 1(A). NAME OF ISSUER CLARCOR INC	A DDDEGG OF IGGLIEDIG DDINIGIDAL
EXECUTIVE OFFICES 840 Crescent Centre Drive Suite 600 Franklin, TN 3	37067
BARCLAYS GLOBAL INVESTORS AUSTRALIA LIMITED	
DUSINESS OFFICE OR IF NONE DESIDENCE I avail 42. Crossword Place	. ADDRESS OF PRINCIPAL
BUSINESS OFFICE OR, IF NONE, RESIDENCE Level 43, Grosvenor Plac Sydney, Australia NSW 1220	
CITIZENSHIP Australia	
CLASS OF SECURITIES Common Stock	
2(E). CUSIP NUMBER 179895107	
THIS STATEMENT IS FILED PURSUANT TO RULES 13D-1(B), OR 13I	
PERSON FILING IS A (a) // Broker or Dealer registered under Section 15 or	
defined in section 3(a) (6) of the Act (15 U.S.C. 78c). (c) // Insurance Compa	
Act (15 U.S.C. 78c). (d) // Investment Company registered under section 8 of	•
(15 U.S.C. 80a-8). (e) // Investment Adviser in accordance with section 240.	
Plan or endowment fund in accordance with section 240.13d-1(b)(1)(ii)(F).	
person in accordance with section $240.13d-1(b)(1)(ii)(G)$. (h) // A savings ass	C
Federal Deposit Insurance Act (12 U.S.C. 1813). (i) // A church plan that is e	
investment company under section 3(c)(14) of the Investment Company Act	
Non-U.S. institution, in accordance with section 240.13d-1(b)(1)(ii)(J) (k) //	
240.13d-1(b)(1)(ii)(K) ITEM 1(A). NAME OF ISSUER CLARCOR INC	
ITEM 1(B)	
EXECUTIVE OFFICES 840 Crescent Centre Drive Suite 600 Franklin, TN 3	
BARCLAYS GLOBAL INVESTORS (DEUTSCHLAND) AG	
ITEM 2(B)	
BUSINESS OFFICE OR, IF NONE, RESIDENCE Apianstrasse 6 D-85774	Unterfohring, Germany
ITEM 2(C)	
ITEM 2(D)	
Common Stock	
179895107	
FILED PURSUANT TO RULES 13D-1(B), OR 13D-2(B), CHECK WHETI	
Broker or Dealer registered under Section 15 of the Act (15 U.S.C. 780). (b) the Act (15 U.S.C. 78c). (c) // Insurance Company as defined in section 3(a)	
Investment Company registered under section 8 of the Investment Company	
Investment Adviser in accordance with section 240.13d(b)(1)(ii)(E). (f) // En	
in accordance with section 240.13d-1(b)(1)(ii)(F). (g) // Parent Holding Com	· *
with section 240.13d-1(b)(1)(ii)(G). (h) // A savings association as defined in	
Insurance Act (12 U.S.C. 1813). (i) // A church plan that is excluded from the	
under section 3(c)(14) of the Investment Company Act of 1940 (15U.S.C. 80	
accordance with section 240.13d-1(b)(1)(ii)(J) (k) // Group, in accordance wi	
4. OWNERSHIP Provide the following information regarding the aggregate	
securities of the issuer identified in Item 1. (a) Amount Beneficially Owned:	
(b) Percent	
(c) Number	
(i) sole power to vote or to direct the vote 2492129	
power to vote or to direct the vote	* * * * * * * * * * * * * * * * * * * *
to direct the disposition of 3272755	(iv) shared power to dispose

or to direct the disposition of - ------ ITEM 5. OWNERSHIP OF FIVE PERCENT OR LESS OF A CLASS If this statement is being filed to report the fact that as of the date hereof the reporting person has ceased to be the beneficial owner of more than five percent of the class of securities, check the following, // ITEM 6. OWNERSHIP OF MORE THAN FIVE PERCENT ON BEHALF OF ANOTHER PERSON The shares reported are held by the company in trust accounts for the economic benefit of the beneficiaries of those accounts. See also Items 2(a) above. ITEM 7. IDENTIFICATION AND CLASSIFICATION OF THE SUBSIDIARY WHICH ACQUIRED THE SECURITY BEING REPORTED ON BY THE PARENT HOLDING COMPANY Not applicable ITEM 8. IDENTIFICATION AND CLASSIFICATION OF MEMBERS OF THE GROUP ITEM 9. NOTICE OF DISSOLUTION OF GROUP Not applicable ITEM 10. CERTIFICATION By signing below I certify that, to the best of my knowledge and belief, the securities referred to above were acquired and are held in the ordinary course of business and were not acquired and are not held for the purpose of or with the effect of changing or influencing the control of the issuer of the securities and were not acquired and are not held in connection with or as a participant in any transaction having that purpose or effect. By signing below, I further certify that, to the best of my knowledge and belief, the foreign regulatory scheme applicable to each of: Barclays Global Investors Australia Limited, Barclays Global Investors (Deutschland) AG, Barclays Global Investors Japan Limited and Barclays Global Investors Limited, is substantially comparable to the regulatory scheme applicable to the functionally equivalent U.S. institutions, I also undertake to furnish to the Commission staff, upon request, information that would otherwise be disclosed in a Schedule 13D by such entities. SIGNATURE After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct. February 6, 2009 ------ Date ----- Date ------Signature John McGahan Principal ------ Name/Title