#### CAPITAL ONE FINANCIAL CORP

Form 4

February 03, 2005

## FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

**OMB** Number:

3235-0287

Check this box if no longer

January 31, Expires: 2005

**OMB APPROVAL** 

subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES** 

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Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

See Instruction

1(b).

Stock (1)

Common

Stock (1)

02/01/2005

(Print or Type Responses)

EAIDDANIZ DIGITADD D			2. Issue Symbol	2. Issuer Name <b>and</b> Ticker or Trading Symbol				5. Relationship of Reporting Person(s) to Issuer		
			CAPIT [COF]	AL ONE	FINANCI	IAL (	CORP	(Checl	k all applicable	e)
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year)				_	_X Director _X Officer (give	title Othe	Owner er (specify
1680 CAPITAL ONE DRIVE			02/01/2005					below) below) Chairman, CEO and President		
				, C				6. Individual or Joint/Group Filing(Check Applicable Line)		
MCLEAN,						_X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(State)	(Zip)	Tab	le I - Non-I	Derivative S	ecurit	ies Acqui	red, Disposed of	, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	Security (Month/Day/Year) Execution Date, if			Code (Instr. 3, 4 and 5)			<b>)</b> )	Securities Ownership Indire Beneficially Form: Beneficially Owned Direct (D) Ownership		7. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(I) (Instr. 4)	
Common Stock (1)	02/01/2005			M	215,000	A	\$ 9.73	955,946	D	
Common Stock (1)	02/01/2005			S	7,800	D	\$ 78.45	948,146	D	
Common Stock (1)	02/01/2005			S	300	D	\$ 78.47	947,846	D	
Common Stock (1)	02/01/2005			S	1,500	D	\$ 78.48	946,346	D	

S

200

78.48

946,146

D

D

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Common Stock (1)	02/01/2005	S	500	D	\$ 78.5	945,646	D
Common Stock (1)	02/01/2005	S	400	D	\$ 78.52	945,246	D
Common Stock (1)	02/01/2005	S	1,200	D	\$ 78.53	944,046	D
Common Stock (1)	02/01/2005	S	700	D	\$ 78.54	943,346	D
Common Stock (1)	02/01/2005	S	1,600	D	\$ 78.57	941,746	D
Common Stock (1)	02/01/2005	S	200	D	\$ 78.59	941,546	D
Common Stock (1)	02/01/2005	S	400	D	\$ 78.6	941,146	D
Common Stock (1)	02/01/2005	S	200	D	\$ 78.61	940,946	D
Common Stock (1)	02/01/2005	S	200	D	\$ 78.63	940,746	D
Common Stock (1)	02/01/2005	S	200	D	\$ 78.64	940,546	D
Common Stock (1)	02/01/2005	S	2,800	D	\$ 78.66	937,746	D
Common Stock (1)	02/01/2005	S	1,700	D	\$ 78.67	936,046	D
Common Stock (1)	02/01/2005	S	1,700	D	\$ 78.68	934,346	D
Common Stock (1)	02/01/2005	S	500	D	\$ 78.69	933,846	D
Common Stock (1)	02/01/2005	S	1,800	D	\$ 78.7	932,046	D
Common Stock (1)	02/01/2005	S	200	D	\$ 78.72	931,846	D
Common Stock (1)	02/01/2005	S	3,600	D	\$ 78.73	928,246	D
Common Stock (1)	02/01/2005	S	200	D	\$ 78.74	928,046	D
Common Stock (1)	02/01/2005	S	2,500	D	\$ 78.75	925,546	D
Common Stock (1)	02/01/2005	S	1,200	D	\$ 78.76	924,346	D
	02/01/2005	S	2,900	D		921,446	D

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Common Stock (1)					\$ 78.77			
Common Stock (1)	02/01/2005	S	2,900	D	\$ 78.78	918,546	D	
Common Stock (1)	02/01/2005	S	2,100	D	\$ 78.79	916,446	D	
Common Stock (1)	02/01/2005	S	2,000	D	\$ 78.8	914,446	D	
Common Stock						107,502	I	By Fairbank Morris Inc.

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of tiorDerivative Securities ) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)				7. Title and Amour Underlying Securi (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amo Num Shar
Employee Stock Option (Right to Buy)	\$ 9.73	02/01/2005		M		215,000	09/15/1996(2)	09/15/2005	Common Stock	215

# **Reporting Owners**

Reporting Owner Name / Address	Kelationships							
• 0	Director	10% Owner	Officer	Other				
FAIRBANK RICHARD D			Chairman,					
1680 CAPITAL ONE DRIVE	X		CEO and					
MCLEAN, VA 22102			President					

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# **Signatures**

By: Polly A. Nyquist (POA on File) 02/03/2005

\*\*Signature of Reporting Person Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This transaction was executed pursuant to a trading plan entered into by the Reporting Person on November 12, 2004 in accordance with Rule 10b5-1 under the Securities Exchange Act of 1934, as amended.
- (2) This option became exercisable in 33 1/3% increments beginning on September 15, 1996 and annually from that date thereafter.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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