

ASPEN INSURANCE HOLDINGS LTD  
Form 8-K  
May 07, 2004  
SECURITIES AND EXCHANGE COMMISSION  
Washington, DC 20549

FORM 8-K

Current Report  
Pursuant to Section 13 or 15(d) of the  
Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): May 7, 2004

ASPEN INSURANCE HOLDINGS LIMITED  
(Exact name of registrant as specified in its charter)

Bermuda  
(State or other jurisdiction  
of incorporation)

001-31909  
(Commission  
File Number)

Not Applicable  
(I.R.S. Employer  
Identification No.)

Victoria Hall  
11 Victoria Street  
Hamilton HM 11  
Bermuda  
(Address of principal executive offices)  
(Zip Code)

Registrant's telephone number, including area code: (441) 295-8201

Not Applicable  
(Former name or former address, if changed since last report)

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Item 9. Regulation FD Disclosure

As a foreign private issuer, Aspen Insurance Holdings Limited is required to furnish to the SEC information that is distributed or required to be distributed to its security holders. Aspen Insurance Holdings Limited is furnishing the proxy statement distributed to its shareholders, which has been attached as Exhibit 99.1.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

**ASPEN INSURANCE  
HOLDINGS LIMITED**  
(Registrant)

Dated: May 7, 2004

By/s/ Julian Cusack  
Name: Julian Cusack  
Title: Chief Financial Officer

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INDEX TO EXHIBITS

Exhibit No.	Description
99.1	Proxy Statement of Aspen Insurance Holdings Limited for the 2004 Annual General Meeting.

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